

# THE DREAM ACTIVATOR

#### WHAT DO YOU WANT?

THE MOST IMPORTANT ASPECT OF THE DREAMING PHASE IS ANSWERING ONE OF THE MOST IMPORTANT QUESTIONS OF YOUR LIFE:

#### WHAT DO YOU WANT?

ANSWER THIS QUESTION WITH HONESTY, COURAGE, VULNERABILITY AND WITHOUT LIMITS.

IF YOU HAD ALL THE RESOURCES THAT YOU NEEDED WHAT WOULD YOU WANT TO CREATE?

WHERE WOULD YOU WANT TO GO?

WHAT WOULD YOU WANT TO DO?

WHO WOULD YOU WANT TO BE WITH?

WHAT WOULD YOU WANT TO SAY?

WHAT WOULD YOU WANT TO CHANGE?

WHAT LEGACY WOULD YOU WANT TO LEAVE?

This section of The Vision Project is not supposed to be based on reality, circumstances or your current resources – this section of The Vision Project is focused on desire, what you believe you were truly born for and the limitless possibilities available through the dancing with the Trinity.

So tap into the core desires of your heart and begin to dream with God!

### WHAT DO YOU WANT?

The 100 Dream Challenge is designed to activate your capacity to dream with God for a better brighter future! Logistics, strategy and all the rational planning comes later on in the The Vision Cycle – don't kill you capacity to dream by being realistic! The whole purpose of dreaming with God is to go beyond realistic and to see new realities! New possibilities! A brand new – better, brighter future!

Here are some catalytic thoughts designed to help kick start your dreaming and to help you start answering the big question with precision detail – what do you want?

These are not exhaustive lists. Please feel free to add your own thoughts, questions and ideas.

#### WHAT DO YOU WANT IN THE AREA OF YOUR FAITH?

Do you want more intimacy, identity, spiritual gifts, revelation or spiritual understanding? Do you want a more divine state of being? Do you want more of the fruits of the Spirit? Do you want to see more people blessed by your faith? Do you want to launch a ministry, improve a ministry or expand a ministry? Do you want to pray more, read more or do any more spiritual activities? Do you want to go to a conference? Do you want to study your faith more? Is there something else specific in regards to faith that has captured your attention? Do you need personal freedom? Do you want to be free from inadequacy, shame, self hatred, condemnation, self harm, anxiety, sin, fear, trauma or abuse?

#### WHAT DO YOU WANT IN THE AREA OF YOUR FAMILY?

What type of son, daughter, brother, sister, husband, wife, father, mother, aunty, uncle, grandmother, grandfather or cousin do you want to be? Is there a specific relationship or relationships that you want to see grow? Do you want to get married? Do you want a better marriage relationship? Do you want more intimacy in your marriage? Do you want more fun in your marriage? Do you want more adventure in your marriage? If you're not married and you want to be — what do you want your future marriage to be like? Do you want children? Do you want restoration? Do you want to improve your communication skills? Do you want to improve the culture in your family or in one of your relationships? Do you want the same experience of family for your children that you experienced? Do you want to use the same parenting style that your parents used? Do you want to adopt?

#### WHAT DO YOU WANT IN THE AREA OF YOUR FINANCES?

Do you want more money or less money? Do you want to spend more, give more, invest more or save more? What do you want to spend money on? Who do you want to give money to? Where do you want to invest? What do you want to save for? What financial legacy do you want? What type of inheritance do you want to leave? Do you want more financial freedom? Do you want to earn money by working for wages, running a business, investing or creating? How many hours do you want to work? How many business's do you want to run? What returns do you want from your investments? What do you want to create? What type of work do you want to do? What type of business do you want to be involved in? What type of investing do you want to do? How often do you want to create?

#### WHAT DO YOU WANT IN THE AREA OF YOUR FITNESS?

What do you want your personal health to be like? How healthy do you want to be? What do you want your nutrition to look like? How long do you want to live? How fit do you want to be when you are old? How fit do you want to be right now? How heavy, light, fit, unfit, fast, slow, strong, weak, toned, out of shape, muscly, flabby, sexy or not sexy do you want to be? How nutritious do you want your diet to be or not to be? What do you want to eat? How often do you want to exercise? What type of exercise do you want to do? Do you want to do cardio training, strength training, weights training, endurance training, speed training, weight loss exercise? Do you want to do something else? What are your favourite sports? Do you want to run a marathon? Do you want to play more sport? Do you want to be better at your pursuit? Do you want to stay the same? Do you want to change?

#### WHAT DO YOU WANT IN THE AREA OF YOUR FUTURE?

What legacy do you want to leave? What do you want to do, what do you want to create, who do you want to be? What do you want to drive? What type of house do you want to live in? How much free time do you want to do the things that you love? What do you want to wear? Where do you want to go? Who do you want to go with? What type of career do you want? What type of lifestyle do you want? What training do you want to do? What is on your bucket list? Where do you want to live?

#### WHAT DO YOU WANT IN THE AREA OF FUN?

What do you love to do? Who do you love to be with? What refreshes you, relaxes you, stimulates you, entertains you? What adventures do you want to have? What places do you want to go? What is exhilarating for you? What does your perfect day look like? What does your perfect weekend look like? What does your perfect holiday look like? What type of movies do you like? What type of music do you like? What hobbies do you love? What books do you want to read? What books do you want to write? What do you want to wear? What do you like to create? What mountains do you want to climb? What slopes do you want to ski or board? Where do you want to dive, surf, explore, build, fish, race, compete or play? What toys do you want?

#### WHAT DO YOU WANT IN THE AREA OF FELLOWSHIP?

Fellowship here relates to the people that you want to work with or that you are working with intentionally to bring Heaven to Earth and to leave a legacy of blessing for generations to come.

Do you want to work with more people to accomplish significant things with your life? Do you want to work with less people? Do you want to accomplish more things, different things, new things, old things, impossible things or simple things? What new relationships do you want to rekindle? What old relationships do you want to develop? What existing relationships do you want to enrich? What area of influence do you want to be involved in: Religion, Family, Business, Government, Media, Education or Entertainment and the Arts? Who do you want to reach? What message do you want to bring? What need do you want to meet? How do you want to meet it? What do you want to build, establish, invent, prevent, enhance, reduce, multiply, eradicate, influence, change, sustain, restore, replace, pioneer?

#### Use your answers and inspiration from these questions to complete the 100 Dream Challenge.

As you engage in The 100 Dream Challenge, there are no restrictions on how big or small your dreams can be. A dream could be a simple as – "I want to have an ice cream on the top of my favourite hill." Or it could be to climb Mount Everest!

There are no limits – it's time for you to let yourself dream with God and answer authentically, courageously, honestly and powerfully – "What do you want?"

## The 100 Dreams Challenge

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## IDENTIFY YOUR TOP THREE DREAMS FOR EACH AREA OF YOUR LIFE

What are the top three dreams for each area of your life?

DREAM ONE	
FAITH	
FAMILY	
FITNESS	
FINANCE	
FELLOWSHIP	
FUN	
FUTURE	

DREAM TWO		
FAITH		
FAMILY		
FITNESS		
FINANCE		
FELLOWSHIP		
FUN		
FUTURE		

DREAM THREE		
FAITH		
FAMILY		
FITNESS		
FINANCE		
FELLOWSHIP		
FUN		
FUTURE		

# YOUR TOP PRIORITY DREAMS: YOUR CAUSE: YOUR VISION THAT'S WORTH DYING FOR!

Describe what the fulfilment of all your wildest dreams will look like in each area of your life.

Describe what your best life looks like.

This is your chance to describe your ultimate best case scenario for each area of your life.

Dream without limits and describe what you really, really want from life?

FAITH	
FAMILY	
FITNESS	
FINANCE	
FELLOWSHIP	
FUN	
FUTURE	

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