

SYSTEMS FOR SUCCESS



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The Balance Sheet

In each area of your life identify the three most important disciplines that you need to master in order to become a living example of your own definition of success. Specify how long you will invest into each discipline, whether or not that discipline will be a daily or weekly discipline and what time of the day you will schedule for that discipline.

HIGH VALUE AREA OF YOUR LIFE		
DISCIPLINE 1: your time commitment and when you will schedule time for it .	DISCIPLINE 2: your time commitment and when you will schedule time for it.	DISCIPLINE 3: your time commitment and when you will schedule time for it.
Daily or weekly?	Daily or weekly?	Daily or weekly?
FAITH		
FAMILY		

FITNESS		
FINANCE		
FUN		
FELLOWSHIP		
FUTURE		

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The Balance Sheet - Sample

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Daily or weekly?	Daily or weekly?	Daily or weekly?
FAITH		
Read Jesus Calling. Five minutes at night before I go to sleep.	1-3 hours with the Trinity. Daily. Generally, in the morning. Excluding Mondays and Saturdays.	Corporate Prayer and Worship. 5 hours a week. Tuesday morning, Sunday morning and Sunday evening.
Daily	5 days a week	Weekly
FAMILY		
One of Alanna's love languages is acts of service, so I will do household chores for at least 5 minutes a day, either in the morning before work or when I come home from work.	I will go on at least one date with either Alanna or one of the kids once a week. Generally, on a Monday or a Saturday.	Intentional engagement with Alanna and the kids. At least 5 minutes a day, every day. Looks like: Undistracted conversations with Alanna, reading the Bible and praying together before bed. With the kids it looks like playing, reading stories, reading the Bible and praying with them, when I get home from work and before bed.
Daily	Weekly	Daily

FITNESS		
HIIT exercise, at least 5 minutes a day, with Sunday as a rest day. Usually first thing in the morning.	Intermittent fasting. Sundays and one other week day. Not eating until 12:00 noon.	Reduced sugar diet. Minimising my sugar intake and snacking on a daily basis.
Daily	Weekly	Daily
FINANCE		
Giving generously. At least \$195 a week.	Developing multiple automated and scalable income streams.	Investing into our houses and savings on a weekly basis.
Weekly	Daily	Weekly
FUN		
Playing soccer on a Monday night.	Watching something that I enjoy and relaxing. Usually in the evening after the day is done.	Dreaming with Alanna about our BIG dreams and then strategizing, planning and working together on accomplishing our highest priority objectives on a daily basis. Then enjoying the amazing feeling together of watching our wildest dreams coming alive!
Weekly	Daily	Daily
FELLOWSHIP		
At least one phone call or video call a week with my family and friends who are geographically distant, at a time that is mutually convenient.	At least three phone calls or video calls a week with my geographically distant Kingdom Colleagues that I am working with to Bring Heaven to Earth; to connect, dream and plan our divine assignments, at a time that is mutually convenient.	Connect face to face at least once a week in a one on one context with people I am intentionally mentoring or sharing life with.
Weekly	Weekly	Weekly
FUTURE		
Dreaming with God for Heaven's Finest in my life. Part of my moment by moment dance with the Trinity.	Assessing, actions I need to take on a daily basis to orient myself towards the fruition of my wildest dreams and accomplishing those tasks with passion and precision.	Assessing and reviewing the level of success of each area of my life. Identifying, which areas are the most vulnerable, which areas are presenting the greatest opportunities right now, which areas are out balance in order to have a clear perspective on how to maintain a healthy balance of lifestyle-based success and shalom.
Daily	Daily	Weekly