HOW TO GO FROM WHERE YOU ARE TO WHERE YOU KNOW YOU ARE SUPPOSED TO BE

ABUNDANT LIVING MAPPING

Study Guidl

DISCOVER THE 8 ELEMENTS
DRIVING YOU FROM PRESENT
POSITIONING TO PURPOSE



- **#8-Skill Confidence**
- **#7- Unconscious Competence**
- **#6- Experimental Development**
- **#5- Conscious Competence**
- **#4- Tests & Tools**
- #3- Self-Assessment
- **#2- Unconscious Imcompetance**
- **#1- Natural Skills**

LESSON 1: Personal Power Discovery

As you learned in the 'mountain of me' teaching, when coupled and developed with the gifts of the spirit - these natural strengths are what become your superpowers. It is your unfair advantage meant to expand your influence for the kingdom expansion.

Additionally, it is important for you to not only have a firm grasp on your strengths but on your constraints as well.

The constraints are often your greatest strengths overextended or operating outside of the anointing or divine boundaries.

I like using a combination of tools for a more thorough picture of who you are, how you were created, how you are connected and motivated, and understanding how it all works together.

There is an endless supply of 'tests' you can take, some free and some not. I am going to personally recommend that you begin investing in yourself and taking the paid versions so that you can begin building a more accurate assessment of your skills, talents, abilities, identifying constraints, where your energy should be focused, etc

Spiritual Gifts Test: https://spiritualgiftstest.com/embed-2/church-id/CB798A/?launch=true

The Serving Gifts
The Foundation Gifts
The Revelatory Gifts
The Manifestation Gifts

What I want you to grab a hold of is your spiritual gift cluster is NOT about what you do within the walls of the church, but it is a piece of your puzzle in figuring out your original design and how that gift cluster supports it.

The Enneagram focuses on the motivational and psychological drivers, or instincts, both in strength and constraint. The three drivers are the third set of distinctions that are extremely important for understanding your personality.

For those that enjoy going deeper into things, you can stay as basic or get as detailed as you like with this tool. On top of the 3 clusters, the 9 types, you can dive into the levels of development, wings, etc.

Summaries like what the enneagram offer is important to receive and become aware of so that you can keep yourself in your strengths and away from your constraints - or develop them.

Most people take the love languages test in order to determine how they receive love in the most meaningful way. The next level of maturity is to understand how those you love actually need to feel loved by you - so you learn how to 'speak' their love language and then how to learn to genuinely receive love in all of the languages. It is a game-changer, and definitely a superpower in relational skills and developing EQ.

Then we can take a look at communication styles as personal power. Your Communication Style is your enduring, persistent, communication patterns across a variety of situations - it's how people relate to each other. When we assume that other people are just like us, we tend to communicate in the style that we like to be talked to and we overlay our interpretation of events and social situations onto other people's communication.

LESSON 2: Personal Power Discovery

The Myers Briggs is one of the oldest personality typing tests and often used in modern psychology. The essence of the theory is that much seemingly random variation in the behavior is actually quite orderly and consistent, being due to basic differences in the ways individuals prefer to use their PERCEPTION & JUDGEMENT

Perception involves all the ways of becoming aware of things, people, happenings, or ideas.

Judgment involves all the ways of coming to conclusions about what has been perceived.

Strength Finders is another test that can really help you if you are not quite sure what your natural strengths are. It will also help you learn how to do more with what you already have.

Lesson 3: Personal Power Discovery

The Kolbe test

The Cognitive part is responsible for your skills, thinking, IQ, etc.

The Affective type deals with your emotions and feelings.

The Conative part deals with what drives you.

Your conative attributes define the way you take action and your approach to productivity. Understanding your unique attributes as strengths and leveraging them to do more, more naturally, in every aspect

Fact Finder: The instinctive need to probe and the way we gather and share information.

Follow Through: The instinctive need to pattern and the way we organize and design.

Quick Start: The instinctive need to improvise and the way we deal with risk and uncertainty.

Implementor: The instinctive need to demonstrate and the way we handle space and tangibles.

Kolbe's four Action Modes are the modern breakthrough in understanding and explaining conation.

Everyone has 100% of the same amount of time and energy as anyone else, but it is HOW you spend it that really matters - and it is unique for everyone.

LESSON 4 - Personal Power Discovery

The DISC test is rooted in the original positive psychology developer, William Marsten. He came to the conclusion that everyone can be categorized within 4 personality styles.

Marsten said that most people fall into either the DOMINANT, INFLUENCING, STEADY or COMPLIANT/CONSCIENTIOUS. Then he noticed there were extroverted and introverted people, task-oriented and people-oriented.

The Four Faces of God as demonstrated in the four living creatures shows four areas of development for us. These areas are actually reflections of four aspects of God's character.

He has shown us Himself as the Lion, the Kingly function of God where He takes charge and wins territory. And the Man was epitomized by Christ, fully God but fully Man. The Ox function is illustrated by the Lamb of God who serves us all and cares for us as a Shepherd. The Eagle part of God is displayed throughout the Bible through His many supernatural manifestations.

Core Human Drivers

the four core human drivers: - Significance, Variety/Uncertainty, Certainty, & Connection. The two "sanctifying" drivers are: - Growth & Contribution

The four drivers are an important part of convergence. They give you insight into managing your state and understanding what drives you. This is critical to convergence.

"You need to understand your unique design and manage 100% of how you show up!"

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