

Coaching Guidelines & Expectations

We believe that it's essential for you to understand our coaching style, guidelines, and expectations for our working relationship. This will enable us to work together more efficiently and for you to achieve tremendous success.

The Coaching Process -

Coaching can help you to meet specific goals when you take the time to develop a solid relationship with the coaching professional. It is the coach's objective to motivate you and hold you accountable for achieving your goals. From an outside standpoint, a coach may be able to see areas of concern that you are not able to discern. In that sense, the process raises your awareness of a different way to approach accomplishing the goal

I understand and agree

Our Coaching Philosophy -

We are passionate about helping couples become more connected and purposeful, as originally designed, so they can have a greater impact on the world.

We believe the keys to creating massive impact are imparted as we understand our original design as a passionate, fully integrated and synergized one-flesh creation and begin to operate as such.

We start by gaining clarity on your unique design, passion, purpose and co-mission. Then we dial in on where you want to initially focus your impact, so you can become more intentional in how you are spending your time, and notice what you are doing (or not doing!) that aligns with that focus.

Once we have that clarity, we can set specific goals, identify and work with mindsets, and address any habits that may be getting in the way of your declared purpose.

I understand and agree

What is Expected of the Client -

The client is expected to attend each session on time and ready to work. They may need to be open to changes in their goals as the coaching process evolves.

Coaches are not judgmental, but impartial. To that end, coaches will ask the tough questions and expect the tough answers in order for growth to take place both personally and professionally.

However, clients do maintain the right to decide what topics to cover and to terminate a subject if they don't want to discuss it further.

I understand and agree

What is Expected of the Coach

The coach is expected to listen to the client and their desires, working within the set guidelines as much as possible.

The goal of each coaching session is to work through setbacks the client may have, clarify goals through exercises and find ways to move forward on goals with the client, i.e. creating action items.

The client is expected to hold themselves accountable for what they do and don't do to make these sessions productive.

I understand and agree

What Meeting Schedule is your preference?

Before our scheduled meeting, you will need to complete the ongoing pre-call form and return it to me no later than 24 hours before the appoint.

I understand and agree

You agree to take the time to do the work necessary to grow. Coaching is not a 'done for you' relationship. You must commit to doing the work, or you will not have satisfactory results.

I understand and agree

We will prepare and review the monthly review form to confirm you are benefiting from our relationship. If at any time one of us feels you are not benefiting, we will agree to end our coaching relationship at the end of the month or program

I understand and agree