

# Worksheet

## *The Edge Team Training*

### *Module 7 - Session 4*

## Taking Your Contribution to the Next Level

### **EXERCISE 1.** *Identifying Your Level.*

**Level 1: Essentialist.** Spend most of your time doing the essential thing – One line job description

**Level 2: Effortless High Performance.** Create high output working habits that you do effortlessly. Using buckets, deep work, and an effortless working style

**Level 3: Innovate** – thin slicing everything. Using thin slices bring new products and innovations as your contribution

**Level 4: Scale the business:** Find the missing Zero. Develop a 10X mindset by building on the previous levels. Approach everything with the attitude that it can be done.

**Level 5: Become a leader** that can create these levels in a team

### **EXERCISE 2.** *Discuss with your team which level you are working on.*

Answer these questions:

1. Why did you choose that level?
2. What one thing would help you to master that level?
3. Would you like someone in the team to meet with you for 30 mins every week?
4. If so, who \_\_\_\_\_