

Worksheet

The Edge Team Training

Module 3 – Session 4

Delight drives discipline

Delighting in what you do makes discipline easy

EXERCISE 1.

What is your biggest contribution to the organization?

What gives you the most delight in what you do in the organization?

What gives you the least joy?

What tasks do you perform that are small but necessary contributions?

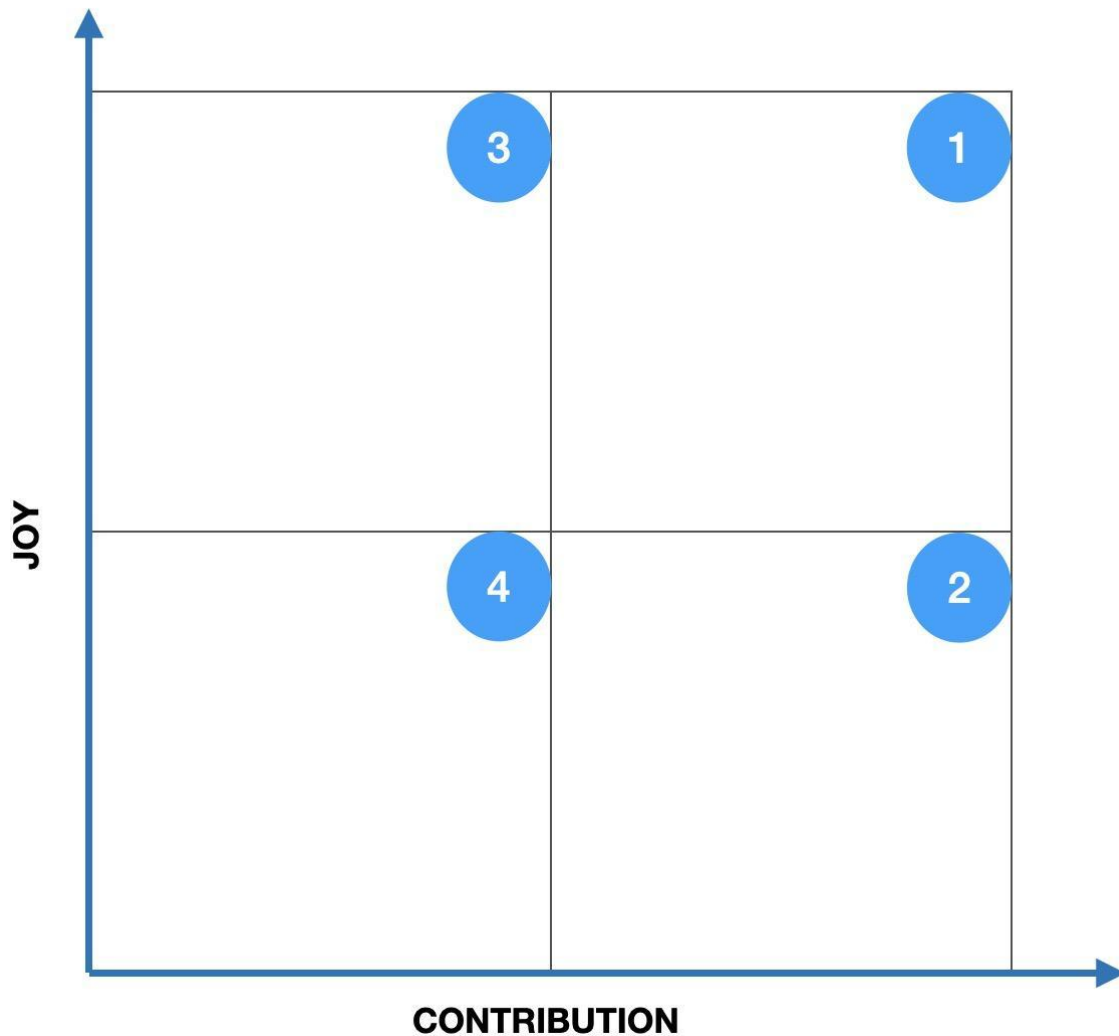
The Joy Table

Helping you find more joy in what you do

EXERCISE 2.

Complete the following table by putting at 3 tasks in the correct box:

1. High Joy – High Contribution
2. Low Joy – High Contribution
3. High Joy – Low Contribution
4. Low Joy – Low Contribution



EXERCISE 3.

Optimizing joy and contribution. Follow these steps in order:

BLOCK 4.

- Delete as many of these tasks as you can.
- Is there a way to increase the contribution to the organization and move these tasks into BLOCK 2?
- Is there a way to increase joy and move these tasks into BLOCK 3?

BLOCK 3.

- Delete as many of these tasks as you can.
- Is there a way to increase the contribution to the organization and move these tasks into BLOCK 1?

BLOCK 2.

- Delete as many of these tasks as you can.
- Is there a way to increase joy and move these tasks into BLOCK 1?

BLOCK 1.

- Prioritize these tasks – do them first before any others

"Here's to the crazy ones, the misfits, the rebels, the troublemakers, the round pegs in the square holes... the ones who see things differently — they're not fond of rules... You can quote them, disagree with them, glorify or vilify them, but the only thing you can't do is ignore them because they change things... They push the human race forward, and while some may see them as the crazy ones, we see genius, because the ones who are crazy enough to think that they can change the world, are the ones who do. — Steve Jobs, 1997