

Launch Your Big Dream

Week 4

Courageously Take Action

COURSE BY JENNIFER MILLER

Courageously Take Action

- 01 Dream Big - Start Small
- 02 Break Through Resistance
- 03 Co-Create With God
- 04 Embrace An Adventure Mindset
- 05 Activation Exercises

“Have I not commanded you? Be strong and of good courage; do not be afraid, nor be dismayed, for the Lord your God is with you wherever you go.” Joshua 1:9





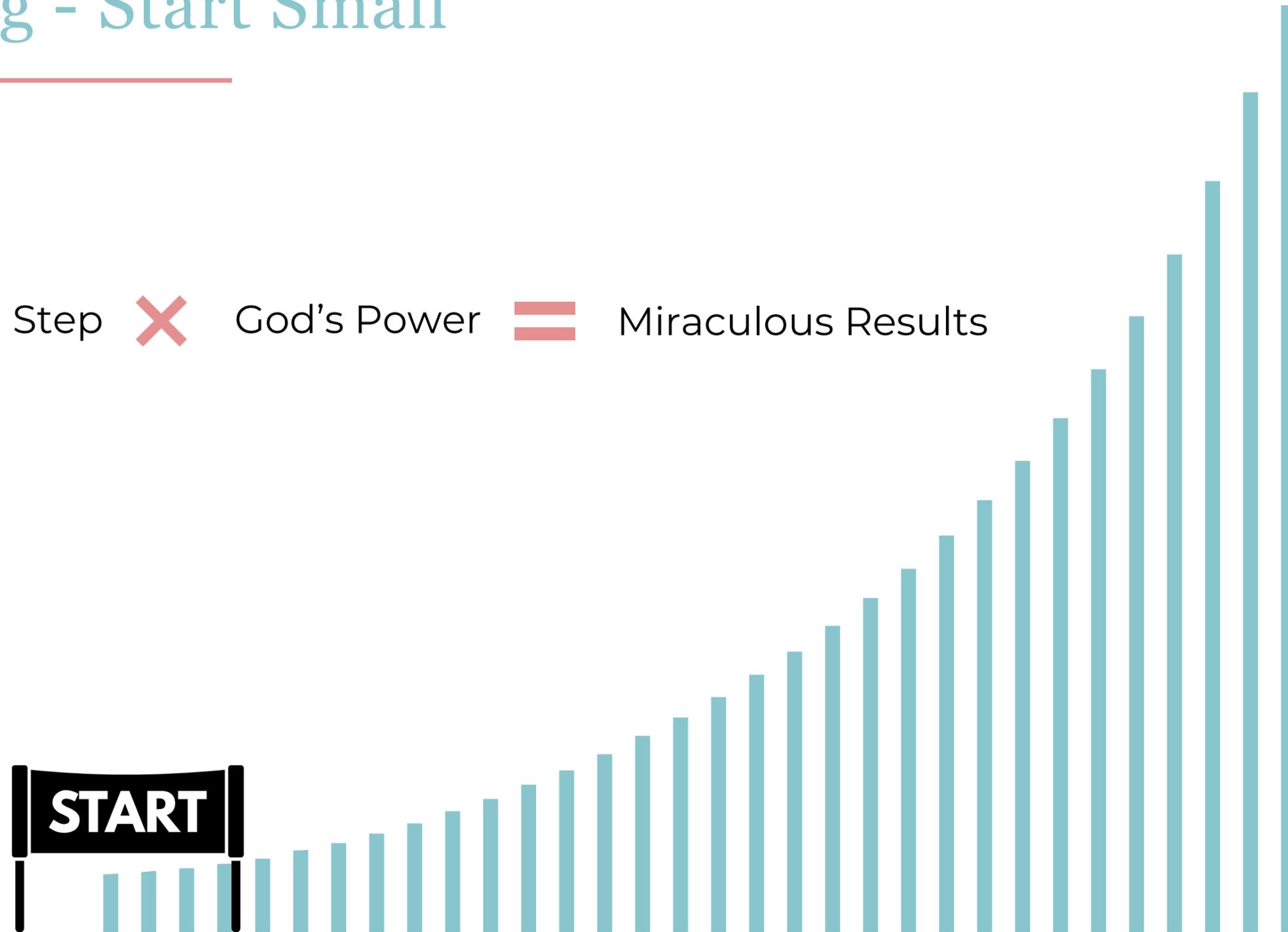
01. Dream Big - Start Small

“Never doubt God's mighty power to work in you. He will achieve infinitely more than your greatest request, your most unbelievable dream, and exceed your wildest imagination! He will outdo them all, for his miraculous power constantly energizes you”. - Ephesians 3:20 TPT

- Start Small
- What's In Your Hand?
- Multiplication
- God's Math
- Just Start
- Be Courageous

Dream Big - Start Small

Your Small Step ✕ God's Power = Miraculous Results



02. Break Through Resistance

“Resistance is directly proportional to love. If you’re feeling massive Resistance, the good news is, it means there’s tremendous love there too. If you didn’t love the project that is terrifying you, you wouldn’t feel anything”.

- Steven Pressfield

- Fear Of _____
- Procrastination
- Confusion/ Chaos
- Hesitation

**Resistance Is The
Wall Of Fear That
Stands Between You
And Your Dream.**



Keys To Breakthrough

Jericho was a symbol of resistance against God's promises and their inheritance.

- Look Up & Worship
- Pray, Listen & Obey
- Take Courageous Action
- Believe For Breakthrough
- Receive Your Blessings

“God places the best things in life on the other side of fear.” - Will Smith





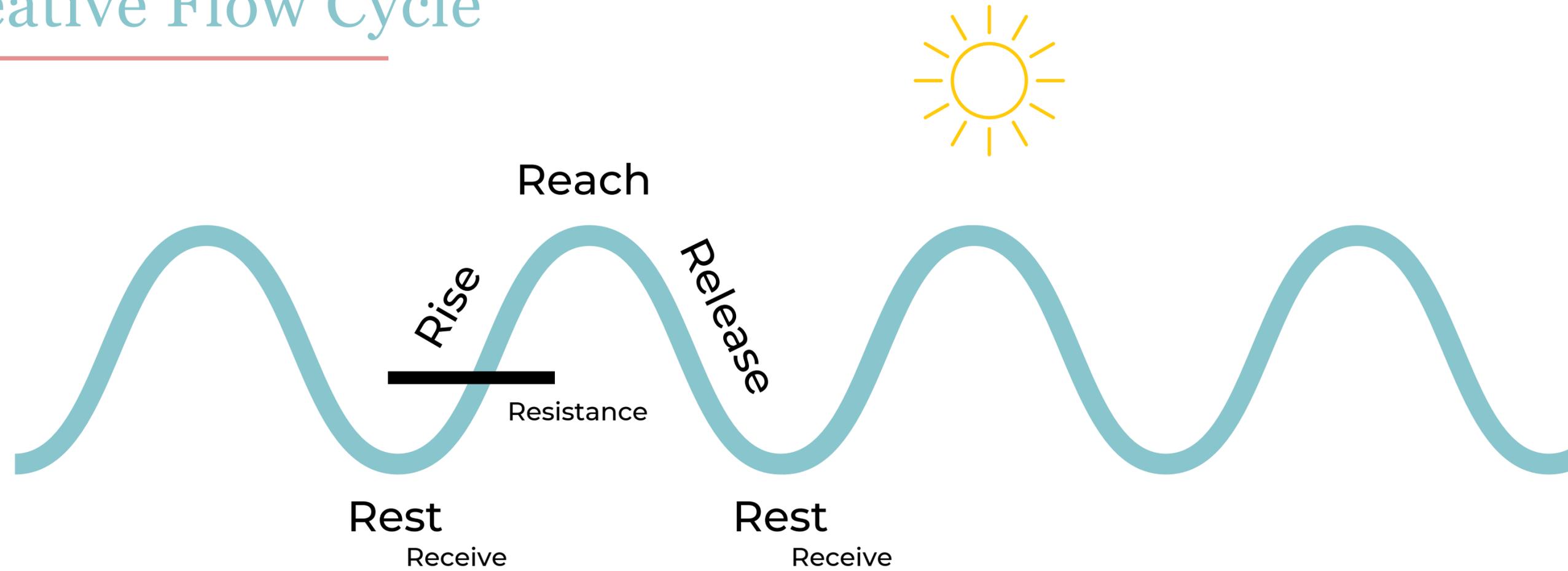
03. Co-Create With God

We must create through the Holy Spirit and bring the Kingdom to our lives, families, church, and world.

- Dr. Nick Castellano

- Connect To The Creator
- Choose Positivity
- Flow Not Force
- Have Fun
- Co-Create Your Day
- Creative Flow Cycle

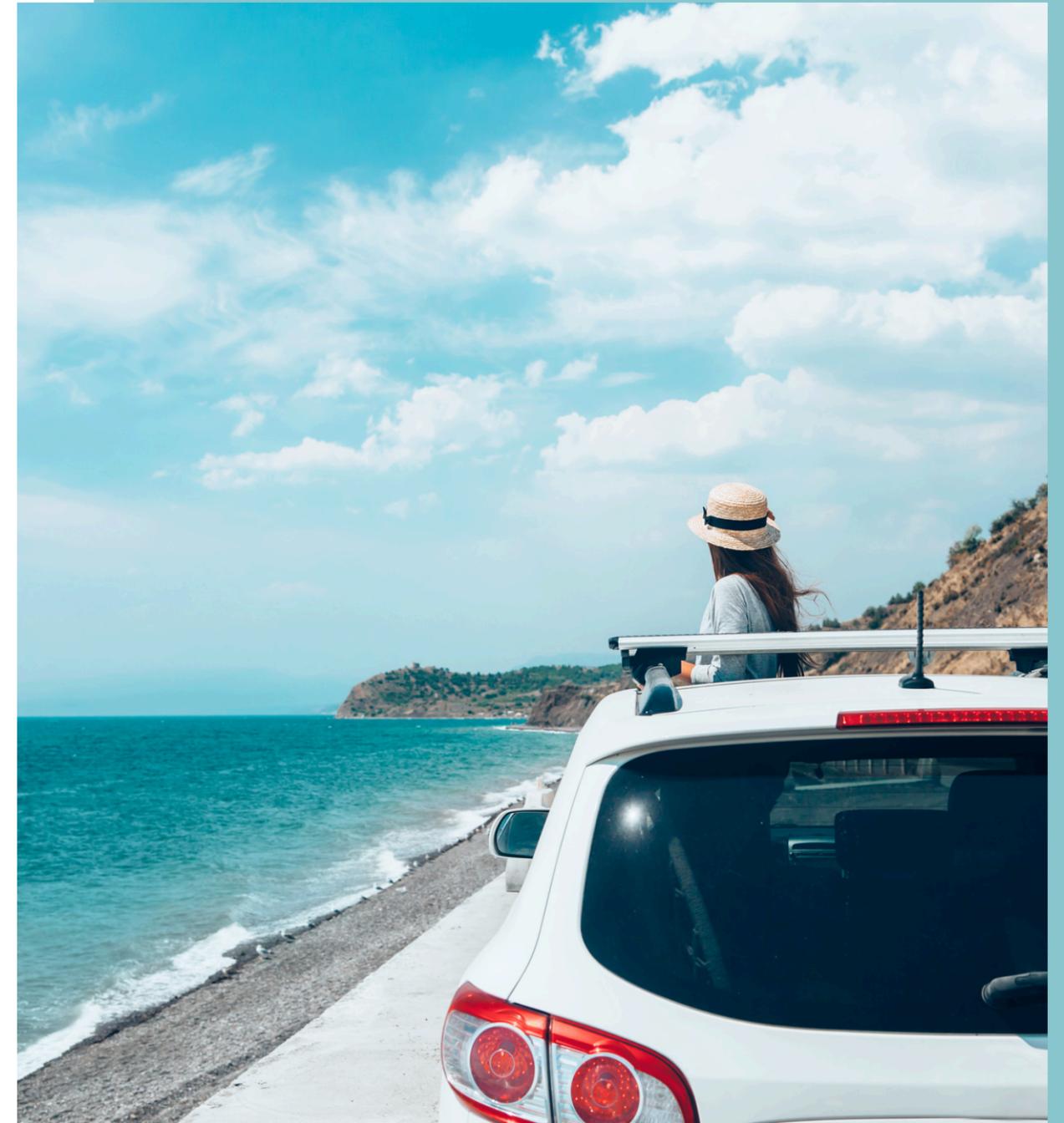
Creative Flow Cycle



1. Rest - Rest is where you will receive new ideas, clarity, direction, energy, and wisdom.
2. Rise - Break through resistance by taking courageous action and trusting God.
3. Reach - Keep making progress until you reach the dream goal God has given you.
4. Release - Then release the outcome, timing, provision, and results to God.

04. Embrace An Adventure Mindset

- Be courageous, open to possibilities, and explore.
- See both the ups and downs as part of the journey.
- Find the hidden gems in the difficulties.
- Follow your guide and trust the process to God.
- Embrace the unexpected and go with the flow.
- Life doesn't have to be perfect to be wonderful.
- Take time to refuel, rest, and have fun.
- Remember the journey is better with friends!



Dream Big Adventure

*A Girl's Trip Guide To Believe The Impossible,
Break Through Resistance & Birth Big Dreams*



Courageously Take Action - Book List

- The Jericho Fast - Rhonda Faye Diehl
- The Joshua Generation - Brian Simmons
- Breakthrough - Shawn Bolz
- The War On Art - Steven Pressfield
- Effortless - Greg McKeown
- Awaken The Sleeper - Dr. Nick Castellano



Courageously Take Action - Exercises

Week 4

**Launch Your
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Just Start Small

- What small thing is already in your hand that you can give God to multiply to serve others? (Skill, strength, talent, ideas, words, product, or service etc.)
- Ask God to show you the small action step He wants you to take with this small things?
- Boldly pray and ask God to empower your small thing with His Holy Spirit and to multiply it's impact in taking territory in your promised land. Write out your prayer.
- What courageous steps does God want to you take today with this small thing?

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Break Through Resistance

- What is the Dream/Promised Land you are believing God for?
- What wall of Resistance (internal and external) is standing in between you and your dream?
- Now take time and seek God like Joshua before Jericho. Look Up, Listen, Obey, Believe, and Receive. What is God showing you about the victory He wants to give you?
- What blessing, provision, inheritance, and breakthrough has God prepared for you on the other side of this wall of resistance?
- Thank God ahead of time for your Breakthrough and Blessings.

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Week 3

**Launch Your
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Co-Create With God

- **Rest** : How can you be intentional to rest as as you co-create with God? (Physical, Emotion, and Spiritual Rest.) What does He want you to receive in this time of rest?
- **Rise** : How does God want you to be more courageous and rise above the resistance in going after your dream?
- **Reach** : What mountain peak (goal) related to your dream does God want you to reach for?
- **Release** : What do you need to release to God as you co-create your dream with Him?

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