

WORKSHEET 2

THE SUPERNATURAL SURRENDER INVENTORY

What are you willing to release?

- Surrender does not mean you stop wanting marriage.
- It does not mean lowering your standards.
- It does not mean tolerating bad behavior.
- It does not mean becoming passive.
- And it certainly doesn't mean sitting home waiting for God to ring your doorbell with your spouse.

WHAT SURRENDER MEANS

Releasing your demand to control the outcome while taking full responsibility for your part.

NAME

DATE

INVENTORY

What do you need to surrender?

Rate each area from 0 to 10.

0 = COMPLETELY RELEASED

10 = WHITE KNUCKLE GRIP

Enter the number that reflects where you are today, not where you think you should be.

AREA	SCORE 0 TO 10
01 My timeline	
02 My age	
03 Fear I'm running out of time	
04 A specific person	
05 How I think I'll meet my spouse	
06 What my spouse should look like	
07 My picture of how my love story "should" happen	
08 Fear of rejection	
09 Fear of heartbreak	

INVENTORY

Keep going.

Stay honest and instinctive. These scores are information, not a verdict.

0 = COMPLETELY RELEASED**10 = WHITE KNUCKLE GRIP**

Enter the number that reflects where you are today, not where you think you should be.

AREA	SCORE 0 TO 10
10 Fear of choosing wrong	
11 Fear of being alone	
12 Fear of divorce or failure	
13 Fear of vulnerability	
14 Anger or disappointment about my past	
15 Disappointment with God	
16 Comparing my timeline to other people's	
17 Needing certainty	
18 Needing guarantees	

PRIORITIZE

Choose the three highest numbers.

Name the area, copy its score, and explore what may be underneath your grip.

01

AREA

SCORE

Why is this so difficult for me to release?

02

AREA

SCORE

What am I afraid surrendering this would mean?

03

AREA

SCORE

How is holding onto this affecting the way I date or keeping me from dating?

Let your answer be honest. Trust grows through truth, not performance.

If God doesn't write my love story exactly the way I've imagined it, can I still trust Him? Why or why not?

VIP COACHING WITH JACKIE • THE SUPERNATURAL SURRENDER INVENTORY

How has delay changed the story?

02

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GO DEEPER

What does singleness mean to me?

Separate your relationship status from what you believe it says about God's care for you.

03

Have you ever interpreted being single as evidence that God has forgotten you, is withholding something from you, is punishing you, or favors other people more? Explain.

Your season is not evidence that you have been forgotten.