

Kingdom Coaching Fundamentals – Vision

Vision is one of the essential ingredients necessary for success.

Without it our lives are marked by confusion, frustration, and a lack of (stick-to-it-ness) necessary to finish the course. With vision, we discover an internal strength, focus, and passion that enables us to finish our course no matter what obstacles and hardships we may have along the way. When we are not working toward a vision that inspires, we stop thriving and begin just surviving. We lose excitement for the future and get stuck dwelling on circumstances and problems.

> *Where there is no vision, the people perish ~Proverbs 29:18 KJV*

With it, we come alive! We are focused, energized and passionate.

Did you know…

Over 5000 years ago Scripture told us to put our vision in writing.

> *"Write the vision and engrave it plainly… ~Hab. 2:2 AMP*

Tool #1 - Write the Vision

This week take some time to follow the biblical advice to put your vision in writing.

George Barna gives a good definition of vision:

> ***Clear mental image of a preferable future imparted by God and based upon an accurate understanding of God, yourself and your circumstances.***

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Put it in writing (it won't be perfect at first). Look at it each morning for a week or more. Pray. Make changes as you think of them. Have a few key people look at the vision and give you feedback.

Vision usually progresses through three stages.

It is important that your clients understand that vision has 3 stages. If they do not understand this they will be tempted to give up in phase 2.

1. Birth of a vision. This stage is full of energy and passion as you are inspired with faith in the possibilities.

2. Death of a vision. It does not take long, however, before your vision will be tested. Many people will tell you why it is impossible to achieve your vision, and perhaps even laugh or scoff at your ideas. At times, you may even begin to feel it is impossible to accomplish. This phase of struggling and waiting is necessary to accomplish character building. Character qualities such as patience, persistence, self-government, and industry can be developed during this time. The vision provides the motivation to move forward and the character building prepares us for fulfilling the vision.

3. Love of a vision. After being "tried by fire," we usually find the vision is accomplished in even bigger ways than we anticipated.

Examples from scripture of these three stages of vision:

Joseph had a vision of being a great leader (birth of a vision). His brothers sold him as a slave. Later, he was falsely accused and thrown in prison (death of a vision). He rises through the trials to become ruler of Egypt. Because of his wise rulership, the Hebrew nation is preserved through a seven-year famine (love of a vision).

Tool #2 Share the Vision

…So that the one who reads it will run." ~Hab. 2:2 NASB

When we don't share our vision, we limit how far we can go. We rob others of bringing their gifts and talents and contributing to the vision.

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Tool #3 - Vision Board

Create a vision board and place in prominent place. It's most useful to use the vision board in combination with morning spiritual practice including tapping and affirmations.

What is Coaching Success?

- Client understands the importance of having a vision.
- Client studies example of vision in scripture e.g. Paul of Tarsus.
- Coach works with client to create a vision statement.
- Client creates a vision board.
- Client integrates vision statement and/or vision board with morning spiritual practice.

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