

Tools for the Daily Walk – Declarations, Decrees, & Actions

Webster's 1828 defines a declaration as:

Expression of facts, opinions, promises, predictions, etc., in writings; records or reports of what has been declared or uttered.

The Difference between an Affirmation and a Declaration?

For the purposes of this course, a declaration is a statement about what you are committed to see come to pass. It is something you hold yourself accountable to accomplish or live. E.g. I WILL exercise today.

The Difference between a Declaration and a Goal?

Goals are often what we "hope" will happen. Declarations are what we are committed to chase after until accomplished

If you are not getting RESULTS you either haven't made a declaration or are not living consistent with the declaration made.

Integrity is making sure that the things you *say* and the things you *do* are in alignment.

What the Bible says…

The scriptures abound in declarations. They are a powerful breakthrough tool for believers.

*"Bring me game and make me appetizing meat, so that I may eat and **declare my blessing** upon you before the Lord before my death." ~ Gen 27:7 AMPC*

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"Then He said, Let Me go, for day is breaking. But [Jacob] said, ***I will not let You go unless You declare a blessing upon me"****. ~ Genesis 32:26 AMPC*

"You shall also ***decide*** *and* ***decree*** *a thing, and it* ***shall be established*** *for you; and the light [of God's favor] shall shine upon your ways."* ~Job 22:28 KJV

"…God, who gives life to the dead and ***calls those things which do not exist as though they did.****" ~Romans 4:17 KJV*

"Death and life are in the ***power of the tongue****, and those who love it will eat its fruit." ~Proverbs 18:21 ESV*

"I assure you and most solemnly say to you, ***whoever says*** *to this mountain, 'Be lifted up and thrown into the sea!'* ***and*** [a]***does not doubt*** *in his heart [in God's unlimited power], but* ***believes that what he says is going to take place, it will be done*** *for him." ~ Mark 11:23 AMP*

*"****Just speak a word****, and my slave will be healed" ~ Luke 7:7 AMP*

Exercises:

1. **What areas of my life am I willing to speak life into?**

2. **What am I committed to make happen?** E.g. I commit to spend 1 hour a day with God.
   I will _____.

3. **To be in integrity with myself, what assignments, work, promises, and agreements must I complete?**
   I will complete _____by _____.

What is Coaching Success?

- Client has understanding of declarations and how to create one.
- Client completes declarations as part of each step of coaching journey.

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- Client is willing to be held accountable to declaration and make adjustments as needed.
- Client backs declarations with belief, scripture and corresponding actions.

*recommended reading: Who will do What by When? And Declarations: Unlocking Your Future

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