

LIVING WITH THE HOLY SPIRIT

Week 10: LIVING WITH THE HOLY SPIRIT

Daily I **WILL** seek to live according to the Holy Spirit in me and not by the flesh I'm in.

- *Living according to The Holy Spirit's nature, not my human nature.*
- *The Spirit gives life, but the flesh brings death.*
- *Watering the Gospel seeds inside of me so the fruits of the Holy Spirit will grow in me.*

As soon as we received Jesus Christ, the Holy Spirit was given to us as a Helper. We have been sealed by the Holy Spirit, Who is a promise given to us by God The Father. The Holy Spirit is not a what or a thing, He is a person. He is God's spirit living in us.

This doesn't mean that we magically stop being human, but it does mean that we now have a supernatural help which empowers us to live righteously. You might think, "Well I just have anger issues. It's in my nature, and I was born with it." That might be true, but what is also true now is that you have been given another choice and the power to live like Jesus did. You don't have to make decisions based off of your human nature anymore; you can respond according to the ways of the Spirit. It's a choice, and the more you practice, the better at it you become.

Even though you might still feel the urge of a sinful temptation, you can choose to ask for the Holy Spirit's help and power in that moment to overcome temptation. Since we have received God's spirit inside of us, seeds of His nature and character are planted on the inside of us. Now is the time to water those seeds and allow them to grow. You water them by growing in your knowledge of God's Word, by practicing making good choices, and by disciplining yourself to continue forming Godly habits.

Watch those seeds grow and produce good fruit in you!

Supporting Statements:

- The Holy Spirit has been given to you as a Helper. Let Him help.
- I live in a fleshly body, but the Holy Spirit lives in me. I choose to live according to the Holy Spirit in me and not the flesh that I'm in.
- The Holy Spirit is God's promise to always be with me, being fulfilled.
- The more I grow in the fruits of The Holy Spirit, the more I continue to look and live like Jesus.
- The Holy Spirit knows everything and the Holy Spirit is always right.



Read these passages:

Romans 8:5-11, Galatians 5:19-25

Answer the following questions in discussion form:

- What does this passage reveal about the nature of God?
- What does this passage reveal about Jesus?
- What does this passage reveal about me?

Weekly Challenge: This week we will choose one fruit of the Holy Spirit listed in Galatians chapter 5 and practice growing in that this week. Write down the one you chose, pray asking The Holy Spirit for His help, and record your experiences this week.