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## Introduction

Confidence is important. Feeling good about who you are and what you have to offer is something every woman should experience regularly in her life, but many don't.

In my experience, leading organizations and coaching professionals, I have seen that the problem often resides in a lie they believe about themselves. Most often this is based on something they tried to do in the past and failed at it. If it happens more than once, they begin to lose confidence in their abilities and too many times, never gain it back.

The truth is this; it is not the lack of know-how, the poor strategies, the limited talents, etc that most often keep us from attaining our goals, it is what we believe about ourself that does. If you don't feel good about yourself, or believe in yourself, you often won't realize the things you're good at.

We have all heard about the repercussions of being a child that is continually spoken negative over, but did you know that what you speak or believe over yourself is far more influential and powerful? Our words create worlds of reality within ourself.

What you believe about yourself will make you, or break you. It is the difference between allowing your life's circumstances to dictate your destiny and demise, or the promise and belief in your destiny overcoming your circumstances.

It is most likely what made the difference for people like Oprah, Joyce Meyers, Rosa Parks, and so many other successful and powerful women that beat the odds in their life.

And now it is YOUR TURN! I believe in you! You can do it!

# **How to Find Your Superpower**

You may be saying, "You don't know me. I don't have anything I'm good at, let alone a superpower!"

But let me tell you, you can say that until you're blue in the face and I'll never believe it. Why? It's simple. I've been there and done that. I'd say at one point in our lives everyone has felt like they're not really good at anything. I used to repeat to myself, "I'm a jack of all trades and a master of none." What a terrible thing to say! That belief kept me limited and became a self-fulfilling belief. If I believe I will never be an expert, why do the work to become one?

It's time to put an end to the negative self-talk and move on to finding that talent that is buried within you.

There are several ways to find out what your superpower is. Of course, if your belief is that you can't do anything very well, don't rely on yourself for impartial judgment. You are, however, a good place to start.

Let me begin by stating the obvious; You will not be good at everything you try! No one is good at everything. You can find what you are really good at though. Maybe you love the theater. You may have a life-time dream of being an actor/actress. The problem is...you can't act. Acting is a talent. You either have it or you don't. Sometimes you can take every class or training course there is in a subject, and know that you'll never be more than mediocre at it. Does that mean you still can't work doing something you love? NO—you just have to look at the alternatives.

Maybe you're a good organizer and planner. Maybe that dream you have of being an actor/actress gives you a vision. Instead of wasting money on acting lessons, you can train to be a director. If you like to like writing, maybe you can write scripts. Maybe you're a master builder and you can build stage sets. I'm sure you understand what I'm trying to tell you. Take what you're good at and work it into something you feel passionate about. Your

superpower will be discovered where your passions and talents intersect.

Before you know it you will love what you do, and it won't even be like you are *working,* instead you will begin thriving. Then you will get better and better doing what you love. This in turn will help you feel better about yourself.

Coaching people through this process is one of the most rewarding things to do; watching the 'A-Ha! Moment' happen as they go from lacking belief to discovering their superpower is amazing. I hesitated writing this book because I am going to miss out on so many A-Ha's, but this can't be about me. This is about getting the information out to YOU!

I am hope-filled that this book will help you discover your superpower, and teach you how to monetize that discovery. Making money doing something you love.

Many coaches will have you ask yourself what the world needs, and then sell *that* to them. I'm telling you, what the world needs is for women to operate in their superpower..... and then they will be willing to pay for it.

• What are you good at? Life doesn't come with talent and equipping instructions. There's no genie that's going to pop out of a bottle and tell you what you're good at. You have to figure that out for yourself. Often it's a process of trial and error. If you are truly stuck on this then look at it from another angle. Ironically, we can identify what we're good at by eliminating what we're not good at. If we are wise, we will learn from our mistakes as much, if not more, as we learn from our successes.

As much as I would love to be walking you through our discovery process, it's up to you to take the first step, and you are on your way with this book. Now you have to *decide* to believe that you're good at something.

Then you need to start down the road to determining exactly what that something is. Every woman has either a skill that they're passionate about, or knowledge they have acquired, that people are willing to pay for. It's time you set out to find yours.

To begin the process of determining what you're good at, write everything down. I call this the BBD; Brutal Brain Dump. Get a pen and a piece of paper, then start writing down anything and everything you do well. The key here is to not forget the little things, and don't get into qualifying or justifying anything. Simply write is ALL down!

Everyone knows if they're good at big things, like the singing example used earlier, but the little things are often overlooked and neglected. Yet more often times than not this is where your superpower is hiding out. Are you a good listener? Do you work well with people? Are you an organizer? Do people love gathering in your home? Are you good with numbers? Do you like planning things like parties? Are you compassionate toward others? Do you have a hobby you're good at? Maybe you're good with languages. The list is practically endless.

Maybe there are things on your current job that you've been told you're good at. Does your supervisor ask you to head committees? Have you never been short on your drawer if you're a cashier? Is everything cleaner when you do it? Maybe you're good at seeing the overall picture and spotting errors quickly in print or lists of numbers. I'm sure you've been told by your supervisor or a fellow employee that you're

good at something, even if you didn't believe it at the time, write it down. In this particular step in the process, it doesn't matter if it's something you're passionate about. Just tell if you're good at it. Don't shortchange yourself! Little things matter.

(\*Now is the time to set this book down and do the BBD)

STOP!! Don't brush this step off and assume you can't answer this question immediately. Remember, we are no longer going to partner with the lie that you're not good at anything. If you can't think of things you're good at right now, then write another list of everything you do each day, from sun up to sun down as they say.

(Don't worry, close the book and do the task, I will be here when you come back)

Now go back and look at each thing listed out. Are you bad at it? Do you have a problem doing it? If you are not bad at it, or you don't have a problem doing it, then you're good at it so now write it to the list!

After you have written down everything *you* can think of ask someone you feel is a trusted friend for ideas. Often your friends know you better than you know yourself. Hey, I figure if my friends know me for who I am and love me anyway, I have to have a few good points, right? You do too. Let them help you with this list.

Still stuck? If you are, then most likely you have simply been believing the lie for too long and need some 'proof' of the things you are good at. There are many tests that you can take that will help you in your discovery process.

There are three types most coaches recommend:

 Learning Styles Preference Test—This can usually be done online and it only takes about 5-10 minutes. If simply search on Google, you can find many different types that are free to take and give you at least the three basic learning types:

Auditory—Learn by hearing

Visual—Learn by seeing

Tactile/Kinesthetic—Learn by using hand-on methods

You may be asking why taking a learning style test will help you. Starting here can give you a sense of why some things are easier for you than others.

For example, if you're a tactile learner, you may be able to type very quickly, or take an engine apart and put it back together, but reading and answering questions can be a chore for you. You can do it, but it takes you longer than you feel it should. Others could do it quickly growing up, so you felt they were smarter than you. Not so...many tactile learners have above-average IQ's, but never know it. Realizing how you learn will help you discover your superpower.

Auditory learners are usually those that did well when classes were more of a lecture type class, and visual learners usually excelled when a lot of reading was involved. Each person can be equally intelligent, but if taught in a way they have difficulty learning, they might not grasp things as well and subsequently believe the lie that they are not smart. Simply by taking the preference test and looking at the questions will have

- you thinking...Oh wow, I do that well! Oh, I do that too! It will begin giving you thing to write down.
- 2. Personality Test—such as Myers Briggs, DISC, Strength-finders, etc. What kind of person are you? Are you an introvert or an extrovert? You probably have a good idea about that, but many people just think that means one is outgoing and the other is a homebody. Not true. This job gives you preferences of skills such as: Do you think then act, or act then think? Are you comfortable when you're alone, or do you prefer to be around a lot of people? Would you rather work behind the scenes or do you like taking a more public role? These tests also give you a better feel for who you are. The questions will have you finding more and more things you didn't realize you were good at. Write them on the list. There are sites online that offer these types of tests free as well, and they can be taken in a matter of minutes.
- 3. Career Assessment Test—These tests are a little more involved, and take a bit longer. I highly recommend the Kolbe tests which are quite inclusive of many facets. Another place you can often get a valid test is your state's unemployment office free of charge. Employment centers also give these kinds of tests, but sometimes there is a fee for them. If you're only going to take one test, this should be it. It's test questions are geared at asking you questions and showing you how even things you feel may be silly that you do well can lead to wise, enjoyable career choices.

Now that you know what you're good at, you've taken the first step toward finding your superpower.

Are you ready for the next question?

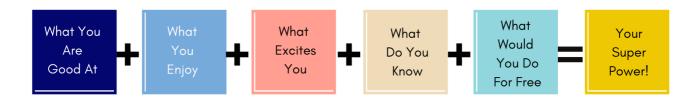
- What do you enjoy doing? The list for this can be endless as well. There are so many things to choose from. There is NO wrong answer here. Just write down what you enjoy doing. Do you like making things? Do you like to paint, draw, or take pictures? What types of recreational activities do you like doing? Is reading a passion of yours, or do you like adrenaline-filled activities like snowboarding or rock climbing? Do you like spending time with children or elderly people? Is cooking your thing? Do you like to play? Yes, you read right...play! Some people don't, if you do, write it down. Now what do you like to play: board games like chess, video games, or maybe group games such as charades? Put them on the list of things you enjoy. This should be easy for you if you don't think too much about. Everyone knows what they like to do, so start writing.
- What excites you? The word "excite" means different things to different people. Whatever it means to you, write down what excites you. What excites you may not excite everyone. That's fine. It's not supposed to. We are not trying to discover other people's superpower. You are your own, individual person and you have a unique superpower that is all your own. You can ask two different people, and you'll probably get two different answers, because different things excite different people. If you're the snowboarding, bungee jumping kind of person, you'll want a career that keeps your adrenaline flowing. You may be a total opposite. You may get excited about working with numbers and enjoy being an accountant. Which one is right? Both of them. It's about you and what excites you.

You can actually take things you enjoy and things that excite you and turn them into a career choice you'll be excited about doing. Can you imagine bouncing out of bed in the morning and looking forward to all of the things you get to do that day, instead of dreading the mundane? Doesn't that sound awesome? I know it does, so start writing that list of things that excite you. I don't care if it's trying various flavors

- of bubble gum, write it down. You never know which thing that excites that will point you towards your superpower.
- What is something you know, that most others may not know? You're first reaction to this may be nothing, but I bet you're wrong. The key word here is "most" others. Do you know or understand something that your family and/or friends don't know how to do? It doesn't have to be something major. Make a list of things. Can you speak French? Can you crochet? Do you have a secret recipe everyone asks for? Do you know how to make others laugh? Do you know any short-cuts or easy tips? You may be surprised at the people who would love to have that knowledge, so think of everything you can.
- What is something you'd do even if you didn't get paid for it? This is probably easy for you. Start by looking at things you already do that you don't get paid for. What parts of your current job do you take on as extra assignments that you don't get paid extra to do? What are some things from the list of things you enjoy doing that you're going to continue to do if you never get paid for them?

If you're still wondering where I'm going with all these question, look at the diagram below:

See how it works?



All of these things work together and point you towards your superpower. When you monetize this you'll love what you do everyday AND be paid what you are worth.

Maybe if you like cooking, you're good at it, and passionate about it, you could blog about recipes or do videos creating meals. It's about taking who you are and capitalizing on the strengths you have. Forget your weaknesses. Focus on the best you have to give and the things you most enjoy. Maybe you love numbers. You're good at math, but standing in front of a classroom would freak you out. That doesn't mean you can't start a blog where readers can write in problems and you can help them solve them or you couldn't do a short video about some type of problem.

From this point on the key is to think positive, and think of the possibilities! As you begin to see the many career options online, think of all the work you've just done. Look at the lists and see how various parts of what you are good, at and love doing, can make money from home. It might just be something you want for a little extra, but it can also be so much more if that is what you want.

You have the power within you to reach your maximum potential and monetize the expertise you have. Remember...only positive thoughts. Don't think about what you can't do or could never do... think only about what you CAN do. Don't think about what you hate...think only about what you LOVE. Remember, it's the combination that you're looking for.

# **How to Monetize on Your Expertise**

There are people that make money every day using their expertise online. Think those people are special equipped for that? Think you couldn't do it...think again! These are ordinary people who finally learned to stop focusing on their negative aspects and focus on what they CAN do. They know what they're good at, they have found their superpower, and they put it to work for them so they can monetize their expertise.

Here are a few ways you can do it:

• START A BLOG—If you don't like to write, this may not be a good option for you. Blogging is either inexpensive or free, depending on where you blog. Blogging can be done for nearly any topic under the sun. People often use blogs to promote themselves and the work they do, and it is a good means of social media marketing. Blogging can, however, become a full-time job. There is work to do in order to keep up with your blog, but you can also make money while doing it. It won't happen overnight, however, so don't quit your day job quite yet!

Blogging is a way for you to talk about, and connect with, others over something you're passionate about and enjoy doing. You can enrich the lives of others through your blog. It may take a while to build a community, but it will happen over time if you are consistent.

# Ways to make money blogging

There's more than one way for a blogger to make money. The two major ways are through affiliate marketing and ads. Here's how they work:

#### > Ads

The first thing you need to do in order to make money with your blog is to get your site traffic up. Once it is, you can sell advertising space on your blog. You

simply find advertisers and they pay you a fee either monthly, weekly, or quarterly. You need to get as much traffic to your site as possible. Sometimes, bloggers use networks such as Google Adsense. They'll help by matching ads with blogs that are relevant

#### > Affiliate Marketing

This is a good choice and it is much easier. You become an affiliate with a company/product such as GoDaddy.com, for example. On your blog, you promote the companies/products you are affiliated to and use links in your blog that will direct your audience to their company. When someone clicks on the link you have in your blog, you automatically get a percentage of any sales made from that sale.

There is a caveat to affiliate sales; Don't mislead your readers! Actually try what you promote. Integrity is everything. If you send your reader to something that you can't stand behind or is a bad company/product, you could lose the reader. Adding benefit, however, will not only keep them reading, it will keep them clicking. They'll also pass on the link for your blog to their friends.

# Choosing what to promote

If this sounds good to you, then you're probably wondering what types of products you can promote. What you sell will depend greatly on what type of blog you write, obviously. For example: You wouldn't market dog food on a dating tip blog. You want to market things that are related to what you're writing about and relevant to the people who read them.

One easy way is to promote yourself and merchandise you can sell. If you like to write, you can do eBooks, which we'll discuss later, and sell them on your site. You may want to teach them something and do an ecourse. At first you might find that difficult, but you'll be surprised at how easily you can pick it up.

We regularly train women how to do these things step by step, and will even be offering our material for you to use yourself as an affiliate!

You may want to have products available to sell on your site. If you have the right type of blog, you might be able to have merchandise made such as: coffee mugs, t-shirts, mouse pads, water bottles, etc, and sell them on your blog. There are endless possibilities!

### Income amount that is possible from a blog

I can't give you an exact dollar amount you'll make from blogging, but I can tell you how much you'll make from *not* blogging—Zero!

There are a lot of factors that affect how much money your blogs make. Thing like:

- 1. The traffic you're able to draw to your site
- 2. What the content of your blog is
- 3. How much and what kind of marketing you do for the blog
- 4. How dedicated you are to the consistent development, and what your work ethic is.
- 5. Your niche and the value you are giving your reader

The truth is, you might have a good blog, and still not make money. It really does depend on the abovementioned things. You'll never know if you don't try, so if you think writing a blog is for you...go for it! And don't forget, we are here to help!

#### **Getting started in blogging**

Once you have decided on the concept, you can get it started quickly. In just a few minutes you can go to sites like WordPress or Blogger and create the blog. Then you just need to get it launched and promote it.

#### Concept development

You've already figured out what you're good at and enjoy. You've followed the guidelines and see where these cross over and have determined how you can take those things and actually make money from them. This is going to be something you are no doubt passionate about. You're going to have to keep new content on your blog to keep your readers coming back. Here are a few things you can do

- 1. Share a unique point of view about the topic that you feel needs to be shared.
- 2. If food is your passion, share what you cook with your audience. You can do this by writing recipes. You might want to go to various restaurants and then share how you thought the food was. People are interested in these types of reviews, especially from new restaurants they want to try. No one likes a bad meal!

- 3. If you enjoy going to movies, you could always go and then write a review for it. People like movies of all kinds. If you do it right and add things they can't find anywhere else, your blog will probably do well.
- 4. I know women who have created an 'all about my city' type blog. They stay closely in-tune with the local happenings, from government to community activities, and they write about it. They even have a 'scoring system' they have created where they give their local officials a thumbs up or thumbs down on the things that are going on.
- 5. Some women I know are into things that tend to be dominated by men. This creates a more unique niche and can be VERY profitable. For example, if automobiles are your thing, there are several things you can do. Put pictures of the models you like on your blog. Attend car shows and write about all the different models that were there. If you're more into the mechanics of cars, you can do a simple blog on "how to" fix small things that are wrong with your car yourself. If you save a reader money, you can be guaranteed they'll be back.

# Ways to benefit your reader.

Trying to write a blog on a lot of topics usually doesn't work. Find your niche, your superpower in the world, and stick to it. This will give your blog purpose, and helps the reader know you mean business. You're there to help your viewers and they'll know it. They'll begin to feel that you really have expertise in your chosen area and they will begin to trust you.

There are many different ways you can help people. Here are a few:

**Tell them "how to" do something**—If there's something you are excited about, have experience in, and know well, you can share that knowledge with your readers.

**Keep them updated on what's going on—**If there's a new development that you feel is related to your topic and your readers would like to know, you can share it with them.

Inspiration from life experiences—Life sometimes throws us for a loop. Challenging and difficult experiences happen every day. Think about your life. Have you had an experience like this that you were able to overcome? You can

These are just a few, but they're major ones. As you can see, you probably are able to share something with the world.

**Pick a catchy name**—You want something that will stand out, but still give the reader a hint about what your blog is about. Just brainstorm or ask family and friends what they think would be good. .

**Know about keywords—**Keywords are important. They're words that will help you show up in searches and help readers find you. If you go to Google Adwords, they have a keyword tool that will help you. It's easy to use, and you'll get a great benefit from it. You want as much traffic as possible, and keywords help you get it.

- You can search by individual words, phrases, or websites for keywords. Just type in things that are related to your topic. Sometimes you can use your keywords when you write. As long as you use them effectively.
- 2. Pick a site to host your blog. For the purpose of this book, I'll just explain one. Blogger.com is a site owned by Google. The way it is designed, you can set up your blog and maintain it regularly in a hassle-free, easy way. Since Google owns it, you'll have the power of Google

search behind you to help with traffic. They offer two options:

- Custom domain name—This will cost you about \$10 per year
- BlogSpot domain name—This option is free of charge

#### Setting up a Blogger.com Blog

- 1. **Go to Blogger**—When you get there you can log into your Google account. If you don't have one, they're easy to sign up for with a few easy steps.
- 2. Look for the New Blog button—Once you've found it, simply click on it.
- 3. **Blog name and address**—You'll find a place to type in the name you want for your blog and the address you want. Simply type it in.
- 4. **Templates**—The template is how you want it to be set up and what you want it to look like. It gives you several options to choose from. You simply select the one you want. If you'd rather create the template later, you can do that too.
- 5. **Blog**—It's time to begin blogging. You'll find a button that says "Create Blog." Click on it to begin.
- 6. **Name it—**After you type in your text, name the blog post. Then just find "Publish" and click.

#### Getting your blog "out there"

A great blog does no good if it isn't read. You need to promote your blog as much as you can. If you don't have any social media accounts, like Twitter or Facebook for example, you need to start at least one. Share your blog with all your friends. They'll share with friends who will share with friends...you get the picture. It's great promotion for your blog and will help you get started.

Blogger has an "About Me" section. First, you'll want to list your blog and then tell potential readers a bit about you so they'll see the skills you have and decide whether or not they want to read your blog. Let them know how you know what you're talking about as well a background info.

You'll want to build a good rapport with other bloggers. If they click "Like" for your blog, then give them the courtesy of visiting their site as well. You can write a comment or return the "Like." another blogger "Likes" your site, then go to his or her site and either "Like" if you like it.

The best way to get traffic to your blog is good content. This doesn't just mean quality up-to-date information, although that is imperative for success. Make sure you've used the proper grammar and punctuation. You want to look like a professional if you expect others to think you are.

 POST A VIDEO—All around the world there are people of all ages uploading videos online. A great number of these have viewers anxiously waiting for the next one. How do they do it?

Maybe you don't like to write, but don't have a problem talking about the things you love. Instead of writing a blog, you can do simple video of the information you want to share. This is often termed a Vlog. Before you brush this option off as silly, you should know that posting a video on YouTube can be profitable for you. You can even write a

blog and do a video to go with it. That way those who like to read and don't like to view videos get the info as well as those who don't like to read getting the convenience of watching the video. Think—Double Profits!

#### **Making money with Videos**

There's a program for video makers can to earn money from advertising. It's called the Partner Program. If you're a regular video up-loader, and you have a good sized number of viewers, this could be for you. Through this program you share in the profit they get from people who watch your video. If you're in the Partner Program, you have to allow YouTube to put ads that are relevant beside your posts.

You can also make money on this program by allowing advertisements in your videos. These can be annoying, but they can also make you money. If they place an ad in your video, an advertiser will pay more for it than just one beside your video.

As long as you regularly upload videos that are original to YouTube, you can apply to be a partner. Of course, you also need to have your video viewed by thousands of people. If you want to use anything with visual or audio clips, the proper agreements must be made with regard to copyrights.

Like blogging, there's no way you can really determine how much money you'll make. What I can say is shoot for the stars and you are bound to at least land on the moon! Besides, you'll be doing something you like to do anyway, so why not try to make money from it. Who knows? Your video just might be the next one to go viral and build your traffic for you, which can make you a lot of money if you steward it well.

#### Read the fine print

Before you begin uploading videos, make sure you read the fine print and know what you're getting into. It says you still retain the copyright, but you're granting "limited" rights. These are granted not only to YouTube, but also to the millions of people who use YouTube.

• Write an eBook—We live in a technical world. It's hard to find anything that isn't available electronically. A lot of people prefer to get their information digitally. They always have the newest device in their hands, and a lot of them read eBooks. In case you've been living under a rock for the past few years, the word "eBook" stands for electronic book. Even though you may have known what it was, you might not have known that you can write and publish your own eBook and make money from it.

### Making money from an ebook

One of the great things about eBook writing and publishing is that you can do it all yourself. If you select the right topic, then choose and advertise to the right target market, you can publish an eBook on just about anything. There are people out there who want to know what you know. They want to know how to do it, and they're willing to pay for it. It's a simple process that can turn your passion into profit.

Another great thing about an eBook is that they don't have to be novels. They're much shorter than your average book, so they're easier to write. Let's say you take your passion and write a nice little "how to" eBook. If it becomes an eBook that is in demand, you can make pretty good money. Let's say you write an eBook on "Disciplinary skills to tame the wild child." It might only be 25-50 pages, so let's just figure on selling it for \$20. If you market it right, and use the right keywords to increase traffic to your site, people will probably

want to buy it. For the purposes of this book, let's just take the low end and say you make one sale a day. That's \$140 a week = \$560 a month = \$6,720 a year. That may not sound like a lot. When you consider, however, the hours it took you to write it, that's very good money. Even if it took you 10 hours to write, which it probably wouldn't if you got down to business, you would be making \$672 an hour. Do you make that much on your day job? Even if it took you 100 hours to write it, you'd still be making \$67.20 an hour. That's good money.

There's no way to determine exactly how much you'll make. It could be more, or it could be less, but you'll never know if you don't try. Write one, promote it, and give it a shot. If it doesn't work, try it again. The important thing is that you're actually doing something to monetize your skills. Each time you will learn something new, so it is never really a failure!

Just think if you started a blog on the topic, uploaded videos on the same topic, and sold your book from both your blog and using links from your video. That's triple the money from one thing you do well.

Have I piqued your interest? If so, let me tell you how you go about writing eBooks and making money online. It's easier than you might think.

We also have courses that go into more detail, and we can coach you through it, but this is a basic 'do it yourself' format.

If you are fairly tech savvy you should jump in and practice those skills by doing it yourself first. If you still need help, or you want to take things to the next level then engage help from pros. But initially I like stretching you into a new level of 'can-do' confidence that will bleed into other areas of your life.

Remember the belief piece we talked about area? I believe in you! You can do this!

- Choose your market—If you have several things you're good at and you enjoy, do research to see what's selling online. Make a list of everything you can think of you could write about. Decide which niche you feel confident about has the most buyers and go with it.
- 2. Develop an outline—Behind every good book, there is a good outline. You want your eBook to be organized and easy to read. Writing an outline helps you organize your thoughts, and will also make it easier to write. You can play around with chapters, and move things from one place to another until you feel you've got it right. It's a lot easier than moving it after you've written it.
- 3. **Write the book**—Begin writing your eBook. If you follow your outline, you'll be surprised at how easy it can be. It may take you a few books to really get the hang of it, but don't give up.
- 4. Edit the book—Even the best of writers won't get it perfectly on the first shot. You want to make sure you edit your book. Read it carefully to make sure what you wrote will make sense to someone else. Also correct all of your punctuation and grammar errors. With spell check, these types of errors can be eliminated.
- 5. **Get it ready—**Get the digital product compiled and ready for sale.
- 6. **Sales letter**—Your potential buyers will want to know what the book is about and how it will benefit them. In other words, if it doesn't benefit them, they probably won't buy it. Explain all of that in a sales letter.
- 7. **Domain name**—Select a good domain name. Make sure it is available, and register it.
- 8. **Web hosting service—**You'll need to find a good web hosting service. You'll want one that is dependable, because you're going to use it to sell your eBook.

- 9. **Create a website—**You'll want to have a site or blog. When you post on your social media sites, you can give links to your site or blog.
- 10. "Buy Now" button—There are several dependable electronic payment systems online. Once you choose the types of payment, you'll want to add a "Buy Now" button for the convenience of the buyer. This is a lot easier, for you as well. You'll want to select one that has reasonable fees for the transactions.
- 11. Market your eBook—The greatest of books won't sell if no one knows about it. It is up to you to promote and advertise your book if you want to make money. Social media marketing is a great place to start. If you've never had a marketing class, and feel like you couldn't sell water in the desert, no worries we can help you out there. Also, there are many sites available online to help you. Don't just go with one source. Check out several. A good rule of thumb for self-learners is if you find the same advice on them, then it's probably good advice.

You may never write a New York Times best-selling book, but that doesn't mean you can't still make money. If your goal is to make it your source of income, it will take time and practice. Just remember the old saying, "If at first you don't succeed, try, try again...... and ALWAYS fail forward.

• Coach/Mentor others—Do you enjoy helping others? We work with so many women that have a natural propensity towards this. It is one of our specialties in raising up leaders. If coaching or mentoring sounds like something you would enjoy, this may be the way you can make money online. Maybe you've retired and feel stagnant with nothing to occupy the time you used to spend working. Or maybe you have been a stay at home mom but now your kids are fairly independent and successfully doing their own thing. If you were really good at what you did, and feel you could help others, maybe you should consider being a coach or mentor.

Many women do this already, and do it for free. But you *can* and *shoul*d make money doing this. You have acquired knowledge that someone else needs! How much money you make can depend on your training and experience, as well as how well you market yourself as a coach/mentor.

There is individual coaching, group coaching, online coaching, face to face coaching, etc. Pricing will depend on your niche and structure. For small mentoring jobs that may only take a session or two, an hourly fee is usually used. For continued mentoring, a monthly or weekly rate may apply.

# What you need to do

If you think this might be something you'd be good at and want to give it a try, there are a few things you need to do:

1. Profile—The first thing you need to do is create yourself a profile. Tell everyone about who you are and how you can help them. This is not the time to have false humility, this is the place to SHINE and let everyone know how amazing you are! Include all the experience and expertise you have, but don't exaggerate or add 'fluff'. When someone hires you they will expect you to be able to fulfill what you say. You'll also want to tell things you're interested in to give them a more complete picture and connect.

- 2. Time Limits—How much time do you want to commit to mentoring each week? Don't jump in over your head. I recommend starting with a small amount of time. You can easily increase as you learn what is involved and the work necessary. Whatever program you choose, once you commit, you are agreeing to the time requirement they require.
- 3. Find a good program & associate—If you don't have a clue how to go about coaching/mentoring, you might want to try doing a search for online coaching/mentoring organizations. If you find the right site, you'll find a list of all the opportunities that are available. They should also be able to tell you what coaching/mentoring in that field involves.
- 4. Ask questions—Sometimes you can thoroughly read the description of what a company thinks coaching/mentoring involves, but you're still not sure. For example, you might have mentoring once a week in mind, and they might want two to three times a week. If it's not clear, ask. Also clarify any other questions.
- 5. Wait for approved profile—There is a mentor profile form online that you need to fill out. You can't just fill it out and become a mentor. You need to wait for approval from that organization.

The organization will let you know when they have someone they feel is a match for you. They'll give you instructions to follow and you can be on your way to a career as a coach/mentor. You'll also be on your way to helping someone else be successful in life. That should make you feel good about yourself.

If you feel like you have a wealth of information, but just don't know how to share it, you can find many training courses that will teach you how to utilize your knowledge to help others. Often times these programs offer a certification, which may add to your ability to sell your services.

These courses are easy to sign up for, and usually include practice coaching sessions you need to complete before certification. If so, your client will have to send verification

that you did the hours. At the end of the courses, you'll be tested before you receive certification.

If you have a degree in business, there is always a market for business coaches. Maybe you created a successful business from the ground up. Someone just starting a business could greatly benefit from what you have to offer. They could learn from your experiences and from your mistakes. Sometimes, we learn more from mistakes than successes.

If you have a degree, you don't necessarily need certification through a coaching program. However, you may want to take a course if you're not sure you could pass your information on to someone else effectively. One of the key skills a business coach must have is the ability to be a good listener. They'll also be able to think and plan a program of development for the person they're mentoring.

There are many areas of business, so you'll want to find the niche that best suits you. Don't over-generalize and try to be all things to all business people. Become a specialist, as niched down as you can be, and then become the expert in that one area. This will make you the most money in the long run.

You can join a coaching firm, or set up a business on your own. Established firms or network organizations, however, are a good entry point and will help you gain experience in the field of coaching/mentoring. If you decide to go the self-employed route and set up your own business, remember that marketing is the key. No one will hire you for their mentor/coach if they've never heard of you.

Everything I've mentioned this far can be applied to your career choice of being a mentor/coach. You can create a website, have a blog, post videos, and write eBooks. Actually, I highly recommend it. One way to get yourself out there is to hold several small seminars or webinars for free in your area of expertise. You can use the connections you make to build your reputation. You can also interest people in reading your blogs, watching your video tips, and buying your eBooks that way.

• Do a podcast—This I yet another money-making plan to monetize your talents. It is a form of digital media. For a podcast, you record and people subscribe to your audio or video. They are downloaded or streamed online. It can be to either a computer or a mobile device of some kind. You can develop podcasts that are one download or a series.

Some people do podcasts simply because they're passionate about something and want to share it. While it's OK to start out like this, there's no reason to give your valuable information away for free when people are willing to pay for it. If your following is big enough, you can make a whole career of podcasting.

No podcaster uses the same exact formula for success. What works for one might not work for another. You have to find what works for you. This will become your unique message and sound. Like mentoring, being a podcaster has a wide-range of payment options. It depends on your niche, your knowledge, your experience, how well you market it, and how big the demand is for what you're podcasting.

Here are a few helpful tips to help you if you feel like you'd like to give it a try:

**Build your audience—**Building your audience is the only way to be sure you'll make profits in podcasting. There are podcasting networks such as Wizzard Media, Podtrac, and Mevio that love to have podcasters with big audiences.

**Find sponsors**—If you'd like, you can try to find sponsors for yourself. You may be able to do it, but be sure you realize the workload involved.

**Seek donations**—It works for public TV, so why not for podcasting. Sometimes you have to do things to get yourself out there. If you can't find sponsors and want to build your audience, you can set up a button on your site that informs the prospective audience that the show will available to them for a donation. You won't make a lot of money this way, but you will get people to see what you have to offer. After your audience builds, you can charge a fee.

**Go 50/50**—Give away some things and charge for others. If they buy something, they get something else for free. It usually doesn't even have to be much. It's just the principal of getting something free that will make the sale. After all, if you're selling something that is the same price and quality as another persons and you offer something free, it makes good sense that they'd go with the person who was also giving them something free. Everyone likes to feel they are not only getting their money's worth—they want to get more for their money.

Show them a little of your information—This means let them see a little bit of what you have to offer. Make it good enough that they will want to see more. Don't make the free stuff junk. Give them a really good solid piece of information, or let them know how you can benefit them, but they'll need to buy it all to get those benefits. Usually when you do these, they run about 20 minutes of good information. Don't forget...how you benefit them is the most important piece. If you make this information valuable, and they see how it will work for them, you will build trust and they'll want more. If you have a series of podcasts, they'll want them all.

Create your own network—This definitely isn't going to be something that comes overnight. Building a podcast network, however, is far simpler than building a radio or television network. Once you're able to set one up, you can lineup your programming, and sell advertising for all the different categories you have. This can make you a lot of money.

**Create a brand**—Being completely unknown can make it difficult to get started making money from podcasting. Often, having a catchy brand name for yourself and your information can increase your income to triple what you got before. Sometimes, it can increase even more.

**Smartphone app**—You can also sell these apps along with your podcast. Sometimes, you can offer your service for free and make money from a simple iPhone app that only costs the viewer a few dollars. You can do this through programs like Wizzard Media. You simply agree to share the revenue. When you think of the millions of smartphone users, this is something worth looking into.

**Sponsorship + editorials**—You can take your show's editorials and combine them with sponsorship. If you find companies that have products or services that are also used digitally, they'll be more likely to sponsor your podcast. Digital audio book seller is one of these that often does this. It works easily if you recommend their books, which some of your viewers probably read anyway.

## Conclusion

It doesn't matter which form of online money making you choose. You can choose one or even all of the above. The goal is to just focus on giving your audience great advice and tips they can really put to use. If you do that, and market it correctly, you can achieve your goal of making money online AND you can do it using something you enjoy doing.

Just think how great that would be. Wouldn't you just love to not have to get out of bed early everyday and trudge off to work? You shouldn't run out and quit your day job yet, because it does take time, but it can happen if you want it badly enough.

You've looked at what you do well, what you like, what you're passionate about, what you enjoy, and what you'd do for free. Use that information and take the time to research yourself.

Find something that crosses over in those categories. Think about how you can take that and put it to work for you online.

If you need help figuring it out, ask for the opinion of others or join one of our mentoring groups. Be sure to collaborate with someone you trust. Once you figure it out, the hard part is over. You are worth taking the time to figure this out. You have a goldmine inside of you and mining for gold doesn't happen overnight.

You've got skills and knowledge others will pay to know. How can you take what you're good at and passionate about and best share your skills and knowledge with other people who need to know that same information?

Once you've done that, select the method of online money making that you feel best suits you. You may start as a once-a-week blogger, and love it so much you do it daily and your readers grow the more you blog.

You may then decide a video would be great too so you could expand your audience. Hey, while you're on a roll, why not write an eBook. Even if you give it away, you'll still increase traffic on your blog.

I think you understand what I'm trying to get across to you. It's simple. You have the roadmap—you just need to take the first step. From there, where you'll travel can be an endless journey of success.

Nike's slogan is important to remember when you're thinking about putting your expertise to work for you online.

You've determined what you're good at and what you love to do. You have to make the choice of whether or not to combine these things and begin to use them in an enjoyable, profitable way.

May I add a little tip here? Remember, you grow what you sow. Be mindful of what you are growing inside of you and in the environment around you. Eventually you will reap a harvest. Let's make sure it is the right one.

There's no reason to go through life not living up to your full potential. You want to make money online, or you wouldn't have read this book.

That indicates that either you're not satisfied with what you're currently doing, or you need to make extra money by working remotely. Whatever the reason is, if you don't apply anything you've learned here then you have sown wasted time. Please don't do that!

Getting started making money online is not as difficult as you imagined it was. You know that now. You know what to do. It's time to be like Nike, and "Just DO it!"

I'm in your corner!

Melissa McCrery