

**HOW TO GO FROM WHERE YOU ARE  
TO WHERE YOU KNOW YOU ARE  
SUPPOSED TO BE**

# **ABUNDANT LIVING MAPPING**

*Workbook*

**DISCOVER THE 8 ELEMENTS  
DRIVING YOU FROM PRESENT  
POSITIONING TO PURPOSE**





# THE *Abundant Living* MAP



What skills do you feel you have developed?

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What talents do you enjoy utilizing?

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What gifts do you believe you carry?

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# THE Abundant Living MAP



What are your top 5-6 strengths? (as you currently understand them)

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How have these strengths become constraints in certain situations?

#1- \_\_\_\_\_

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#2- \_\_\_\_\_

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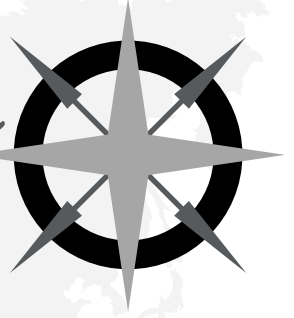
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#3- \_\_\_\_\_

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# THE *Abundant Living* MAP



How have these strengths become constraints in certain situations?

#4-

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#5-

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#6-

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# THE *Abundant Living* MAP



What are your top spiritual gifts? (as you currently understand them)

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How can your spiritual gifts be used outside of the church?

#1- \_\_\_\_\_

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#2- \_\_\_\_\_

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#3- \_\_\_\_\_

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#4- \_\_\_\_\_

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# THE *Abundant Living* MAP



What is your Enneagram type? \_\_\_\_\_

What are the top strengths you can identify as true in the Enneagram?

#1- \_\_\_\_\_  
\_\_\_\_\_

#2- \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

What are the constraints you can identify as true in the Enneagram?

#1- \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

#2- \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



# THE *Abundant Living* MAP



What is your Myers Briggs type? \_\_\_\_\_

What are the top strengths you can identify as true in the Myers Briggs?

#1- \_\_\_\_\_  
\_\_\_\_\_

#2- \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

What are the constraints you can identify as true in the Myers Briggs?

#1- \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

#2- \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

# THE Abundant Living MAP



What are your top 5 strengths from Gallup?

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How have you experienced these strengths? In what situations?

#1- \_\_\_\_\_

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#2- \_\_\_\_\_

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#3- \_\_\_\_\_

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# THE Abundant Living MAP



## The 6 Core Human Needs

Collins/Covey Model

People have a primary and secondary emotional driver behind all their behavior. It is important to not allow a strong need you have to get in the way of where God wants to take you.

**CERTAINTY** - The need to control the variables that can cause pain or pleasure in your life. The drive to shape, direct, manage and order the things that can impact your life. A drive to eliminate, as much as possible, errors, miscalculations, mistakes to ensure success in what matters most.

**UNCERTAINTY**- The need for variety, creativity, spontaneity. The thrill of discovery and the challenge of the unknown. A drive to be in the moment and do what is new, novel, & future-oriented all while discovering and exploring the possibilities.

**SIGNIFICANCE**- The need to make a difference, have an impact, leave a legacy, stand out from the crowd, occupy in a unique place, to be recognized for expertise, ideas, results. A drive to achieve and be known as the best in a particular thing.

**CONNECTION** - Intimacy, being one, going to the core, deep empathetic communication, knowing fully, engaging 100% in the moment, spirituality in its essence, transcending, going to the feelings at the deeper level within.

The emotional needs that will SANCTIFY any of the above human needs are:

**GROWTH** - The need to become more. To expand and increase until a fullness of capacity is formed. Your growth is going to come from doing what you have never done and pushing past your comfort zone in order to expand your capacity.

**CONTRIBUTION** - Similar to serving, this word describes a desire to add to another, to enhance, help, and/or bring wholeness. To do that which meets the need and advance the happiness and well-being of another.



# THE Abundant Living MAP



Take Risks  
 Leadership  
 Power  
 Authority  
 Takes Action  
 Challenges The Status Quo

FAST PACED/UNCERTAIN

Inspiring  
 Charismatic  
 Creative  
 Encouraging  
 Bold  
 Visionary



EXTROVERTED

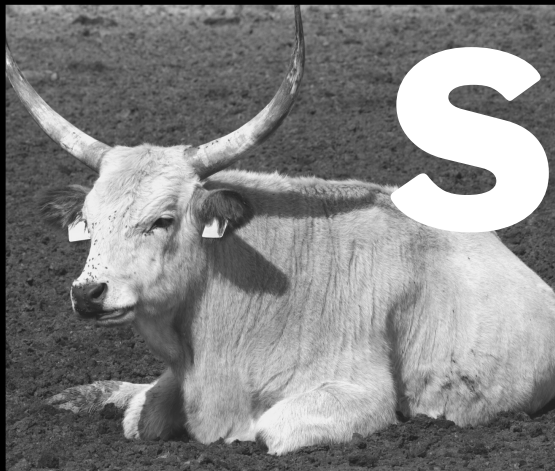


EXTROVERTED

PEOPLE ORIENTED



INTROVERTED



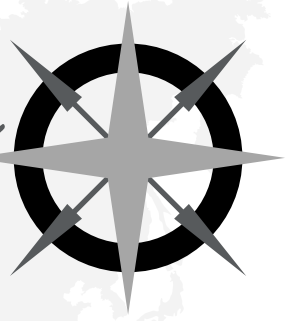
INTROVERTED

Focused  
 Accurate  
 Precise  
 Expert  
 Genius Capacity  
 Excellence in Execution

METHODICAL/CERTAIN

Stable  
 Sincere  
 Humble  
 Caring  
 Tactful  
 Nurturing

# THE *Abundant Living* MAP



What is Your DISC personality?

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Are you introverted or extroverted?

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Are You task oriented or people oriented?

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Are you fast-paced or methodical?

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Who do you know that could help you grow in your area of weakness?

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What will you ask this person to specifically help you with?

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# THE *Abundant Living* MAP



What is your primary love language?

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What is your secondary love language?

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What is the primary love language  
of the person you are closest to?

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What is their secondary love language?

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How would you like your primary love language to be received by this person?

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How could you be better at receiving love in their love language?

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# THE Abundant Living MAP



## **D - THE LION** (significance need)

The lion has a need to be significant and to dominate. Dominate people need to be recognized for achieving something, such as having a winning company or a winning team. They don't need to be in the media telling people about their win, but they do need to get results. They don't like having their time wasted and they have a problem with any circumstance that makes them feel they are being taken advantage of or not being treated with respect.

### **Strengths:**

They are fast-paced and task-focused. They like direct answers, hate excuses, and need to be in charge.

### **Weaknesses:**

Their number one issue is anger. They can also be blunt, sarcastic, and condescending.

### **Overextended Strength:**

When Dominant people lead something that God did not put them in charge of, they won't receive the grace to get the job done. They can also ruin relationships, alienate people, and make enemies easily with their need to be in control and angry.

### **Fear:**

Being taken advantage of and not respected

### **How to Grow:**

When a situation arises where the blunt and sarcastic spirit wants to lash out, the dominant person must consciously choose to put on the nature of the Sincerity People who are warm, tactful, and empathetic of others. The top 100-200 million dollar CEOs have 85% nurture attached to their dominance. This means the people they lead feel cared for. Dominant people must dial down on the need to win while others look bad and lose. And they must work on acting humbly.

### **Dominant People in the Bible:**

Apostles Peter & Paul

# THE Abundant Living MAP



## I - SON OF MAN

The son of man needs to influence others. Influencers need to be recognized for their very self. Even if they do not come in first place, like the dominant personality needs to do, they still want to be the most popular. Christians often don't want to admit this need, but it is God-given in the influencer's design. Consider how much better it is for the Christian to be popular/famous and spreading Kingdom values than a non-christian with ungodly values. If being recognized for who you are is your need, celebrate it just as you want to be celebrated.

### **Strengths:**

Their enthusiasm, charisma, and kindness ignite ideas and mobilizes others to move in a particular direction.

### **Weaknesses:**

They are disorganized, impulsive, and thrive so much on the uncertainty, chaos, and having fun that not much gets done. Optimism can be overused and they take criticism personally. They are often afraid of not being heard or influential enough. Because they are an engaging communicator they are often not good listeners and miss a lot of details.

### **Overextended Strength:**

Influencers are so good at persuading that they might persuade themselves and get so infatuated with their own ideas that they lose all objectivity about them. Under pressure, influencers become even more impulsive than usual and may lash out.

### **Fear:**

Being rejected and not influential enough

### **How to Grow:**

Influencers need to take a stand on an issue that isn't popular. They can look to the Certainty People for how to increase listening skills, get the details, become more objective on things that they are subjectively infatuated with, recognize people have flaws, and confront problems instead of finding an encouraging way to solve them.

### **Dominant People in the Bible:**

Apostles Peter & Aaron

# THE Abundant Living MAP



## **S - THE OX**

The ox is known to be Steady and Sincere. They need to form intimate, powerful, mutually affirming connections with others. Everyone in their life is important and so they want to accommodate them and make sure they feel comfortable and supported. They bear the burden of getting things done reliably and don't need much affirmation for it.

### **Strengths:**

They tend to be task-oriented and get the job done. They are also generally trustworthy, considerate, nurturing, and show unconditional love easily.

### **Weaknesses:**

They often give in to other's requests too easily. They may also refrain from giving their opinions and insights often because they don't want people to get upset or misunderstand their motivation. They may have a tendency to resist innovation.

### **Overextended Strength:**

Under pressure, they can become stubborn and a passive-aggressive saboteur of a process they are in as a way of protesting. Because of their need to be accommodating, they might remain in unhealthy relationships or make compromises and not create or maintain boundaries well.

### **Fear:**

Being part of a controversy and letting others down

### **How to Grow:**

This group of people needs to address issues that they would rather not address and display self-confidence, as well as modesty. They need to say NO more assertively, speak up, and express their true feelings about an issue. They would do well to mentor under someone that carries more of the Dominant personality to impart.

### **Dominant People in the Bible:**

Abraham & Apostle John

# THE Abundant Living MAP



## C - THE EAGLE

The eagle is known to be certain. They need to be sure of the facts before moving forward on an issue. They would rather do something alone, to see that things get done correctly and with excellence, than have it done poorly.

### **Strengths:**

They tend to have a great perception of a situation and laser-like focus on what needs to be done. They are practical, stable, efficient, rational, practical, exacting standards, and can spot confidence.

### **Weaknesses:**

They can be somewhat rigid and inflexible. They often don't show emotion and sometimes do not acknowledge other people's feelings.

### **Overextended Strength:**

Under pressure, these people pull back to analyze options. They can overwhelm others with logic and information they don't need. Because certainty is too important to compromise, they can ignore people's feelings and move on independently. Because they process things internally, their feelings take time to show on their face.

### **Fear:**

Being wrong, not having control over a situation, public criticism.

### **How to Grow:**

These people need to move towards the qualities of the Influencer so that, when they are in an emotionally charged situation, they will more easily display their feelings about it. They also need to acknowledge others' feelings more by looking past the facts. Overall they need to risk more and have more fun taking chances.

### **Dominant People in the Bible:**

Moses & Apostles John & Paul

# THE Abundant Living MAP



## Your Power Statement

My name is \_\_\_\_\_

I am a woman sent by God. I am a \_\_\_\_\_  
(strength)

\_\_\_\_\_  
(strength) , \_\_\_\_\_  
(strength)

I will make a massive difference by \_\_\_\_\_  
(what I do)

\_\_\_\_\_ in order to \_\_\_\_\_  
(my who) (my purpose)

In this assignment I am \_\_\_\_\_  
(positive and empowering descriptor)

***Now work on your own power statement,  
put into your own words!***

**REPEAT OFTEN!!**