

Coaching History

Knowing your history with coaching will help me to serve you better and to tailor my coaching to meet your needs in a way that makes the most sense to you. Please take a few minutes and answer the following questions about your past coaching experiences.

Client Name:

I have worked with _____ business coach(es) in the past. (List dates and durations below – names are not necessary)

Tell me why you chose the coaches you worked with. What made them appealing to you?

List your 3 biggest accomplishments that directly resulted from your previous coaching experiences.

Tell me what you wished your past coaches had done or said differently.

Why did you end the relationships with your past coaches?

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If you were in the same place and time again, knowing what you now know, would you work with these coaches again? Why or why not?

Please mark off any of the following processes & programs you are familiar with and/or have already been through:

The Passion Process: If so, what is your Passion Statement?

The Wheel Of Life : If so, what is your highest and lowest areas?

History Mapping: If so, what common themes did you discover?

Prophetic Training: If so, what program(s) have you completed? Who have you studied under?

The Kingdom Mindset: If so, what program(s) have you completed? Who have you studied under?

EQ Development: If so, what program(s) have you completed?

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SQ Development: If so, what program(s) have you completed? Who have you studied under?

DISC: If so, what are your primary and secondary profile indicators?

Kolbe A Index: If so, what are your profile scores?

SMART Goals: If so, what did you like and not like about using them?

Is there any additional information I should know?