

THE FINISHER KIT™

Mastermind Workbook

—

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QUARTERLY



ANN & PATRICK MCDONALD

WE BEHAVE FROM BELIEF

Manifesto:

I am a finisher

What I start I complete

So that

The people I am called to

Can finish their race

Hearing

"well done, good and faithful"

I am a finisher

Goal:

Clarity for the next 90 Days of your Lifestyle Business

"Just do it"
-Nike

BELIEF



"I can tell what you actually believe, based on how you behave..."
- Ann McDonald

3 Days From Now?

Chronicle Your Day: Past v Future

A Simple Business Model

A Simple Model

Free Optin

Low Ticket

High Ticket

High Ticket

Lower Option

Low Ticket

Email

NOTES

UNCOMFORTABLE



"Comfort, especially in daily routines, is the death of destiny"
-Ann McDonald

The Manifestation Of Quantum Leaps

What is your glass window?

Why do you keep trying harder?

Facts: The FRAME

Upside down exercise - again

The Fly

How Is This Manifesting Today?
How Will This Change?

NOTES

IMAGE-ING



"Show up & don't take yourself too seriously"
- Patrick McDonald

We Become Like What We Idolize
(Worship)

Vision

Leveraging Decisions

Tighter

Tighter

NOTES

POSSIBLE



"A great way to stay poor is to do it your way & do it tomorrow"
- Patrick McDonald

Business Aha's From Golf

Imagination

Communication

Managing

Implementation

Notes

DECISIONS



"Lemons are bitter or sweet depending on how you use them.
Decisions are the same way. Go or don't. Sweet or bitter, decide."
-Ann McDonald

Ahas

Decisions

Intentions

Declarations

Notes