

A Prosper Daily Plan™ A Day Keeps the “Squirrels” Away!

Morning Routine (Golden Hour) – Example Schedule

- 10 min Prayer/Meditation
 - 5 min Affirmations (I AM Statements)
 - 5 min Declarations
- I will _____
- I will _____
- I will _____
- 15 min Read (Grow Mind & Spirit)
- 10 min Journal
- 5 min Visualization
- Win #1 _____
- Win #2 _____
- # Hours Sleep _____

I Am Grateful For: _____

My Word(s) for the year _____, _____, _____

Inspirational Quote or Verse _____

Mission (How I Serve)	
Mark (Goal)	
Method (Plan/How)	

Inspiration & Ideas 5-10 Topics (for newsletter, blog, FB live, videos, etc.)

Will Do (Break the Method into Uninterrupted 20-min. Chunks of Action)

“Must” Do (M)

“Choose To” Do (CT)

“Could” Do (C)

Connections (Follow-up & Reach Out Calls)

Date	Name	Notes/Action needed