



Tactical leadership is a leadership style that focuses on achieving specific objectives and goals in a practical and efficient manner.

Our first leadership training series focused on Principle-Based leadership, learning to lead yourself and others from the inside out.

In this next leadership series, we will be learning ten crucial areas that Tactical leaders need to grow in. This series will be the 'HOW' to now best apply the prior season of principle-based leadership.

Tactical Leadership is results-oriented and uses a hands-on approach to problem-solving and decision-making. They are focused on the details and on taking action, and they often work closely with their team members to develop and implement strategies for achieving long-term success.

Developing the art of Tactical leadership can be effective in situations where there is a clear set of goals and a need for quick action. It is particularly well-suited to fast-paced environments where leaders must respond quickly to changing circumstances.

However, it is also important for tactical leaders to be mindful of the long-term impact of their actions and consider the broader context in which they operate, this is why the foundation laid for this series was to develop your principle-based leadership.

The combination of these two are incredible powerful



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Boundaries Are A Part Of Our Creation

without boundaries creation is in chaos



Genesis 1:1-3

In the beginning God created the heavens and the earth. 2 Now the earth was formless and empty, darkness was over the surface of the deep, and the Spirit of God was hovering over the waters.

In this first module we want to talk to you about the importance of setting boundaries, both as leaders and in our relationships.

Creation story: in Gen 1 God established multiple boundaries; separated light from darkness, expanse above from the expanse below, collected the water into seas and separated from the dry land, separated day from night and the times and seasons.

Boundaries were established to tame the "beast of chaos" and bring order.

The same principle is at work today - if your relationships or career do not have boundaries, it will create chaos.

Boundaries are like fences that help to define who we are and what we are responsible for. They help us to protect ourselves and our personal space and to respect the personal space of others.

It is important to be able to distinguish between healthy and unhealthy boundaries. Unhealthy boundaries may involve being too rigid or too porous, which can lead to relationship problems.



Relational Boundaries

Presentations are tools that can be used as lectures, speeches, reports, and more. It is mostly presented before an audience.

Boundaries are like fences that help to define who we are and what we are responsible for.

In the book "Boundaries," by Cloud and Townsend

They posit that healthy boundaries are essential for having healthy and functional relationships.

Boundaries help us take responsibility for our actions, thoughts, and emotions and to respect the boundaries of others.

They also allow us to limit the time and energy we invest in different relationships.

But how do we establish and maintain boundaries in our relationships?

You have to develop your ability to say "no" when necessary, being able to set limits on the time and energy we invest in different relationships, and also be able to communicate your boundaries to others clearly and directly.

Boundaries are not meant to be used as a way to control or manipulate others, but rather as a way to take responsibility for our own actions and to respect the autonomy of others

It's also important to respect the boundaries of others and to seek support if we are having trouble setting or maintaining boundaries.



BOUNDARIES



Boundary Areas

It is important to be mindful of your own needs and to establish boundaries that will help you to feel safe and comfortable.



Time & Energy



Physical Space



Emotional & Mental Well-Being

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It is important for you to take some time and think about 3 main boundary areas: your time and energy, your physical space, and your emotional well-being.

The power of boundaries lies in the "No."

- 1) The ability to say no to myself, "No, I won't go there. No, I will not participate in that."
- 2) The ability to say no to others, "No, I will not let you into this time or space."

But be prepared for your boundaries to be challenged.

Jeremiah 5:22

For I made the sand a boundary of the sea, an everlasting decree that cannot be broken. Though the waves roll, they cannot prevail. Though they roar, they cannot cross it.

When you set a boundary, whether around yourself in a situation, with a person, etc. expect them to roar and attempt to cross that new boundary



Action Steps

- Set limits on your time and energy
- Communicate your boundaries to others
- Respect the boundaries of others



We want you to begin implementing some practical action steps this month.

Setting limits on your time and energy: One of the key ideas in the book is the importance of being able to set limits on your time and energy, and to be able to say "no" when necessary. This can be helpful for protecting your own well-being and ensuring that you have the capacity to invest in the things that are most important to you.

Communicating your boundaries to others: The book emphasizes the importance of being able to communicate your boundaries to others in a clear and direct manner. This can be helpful for establishing healthy relationships and setting clear expectations with others.

Respecting the boundaries of others: it is really important to respect the boundaries of others. This can be helpful for maintaining healthy relationships and avoiding conflicts.

Overall, By setting and maintaining healthy boundaries, we can protect ourselves and our well-being, and improve the quality of our relationships.



BOUNDARIES

Leadership Boundaries

leaders need to have clear boundaries in order to be able to effectively lead and manage others.



Galatians 6:5
For each will have to bear his own load.

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Although similar in principle, there are also specific areas where leaders need to address boundaries in order to be effective.

This means setting limits on your time and energy around work-related stuff, maintaining a healthy balance between work and personal life, communicating clearly and directly, and establishing boundaries with technology.

Why are boundaries so important for leaders? When we have clear boundaries, we can better protect ourselves and our well-being, which in turn allows us to be more effective in our leadership roles.

Boundaries also help us communicate our expectations and boundaries to others, improving teamwork and productivity.



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Leadership Boundaries

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Jesus was an amazing leader, and one of his leadership strengths were the boundaries he set for himself and others.

He set boundaries on his accessibility, often retreating into solitude for rest, prayer, and quiet time.

He set boundaries on his disciples, limiting some of his most intimate experiences to the three closest "inner-circle" leaders.

He set boundaries around his engagement in pointless arguments, refusing to take the bait from those who intended to trap or manipulate him.

Perhaps his biggest boundary was around anything that would dissuade or distract him from his mission and purpose. Jesus kept his first things first, and he did it with strongly established boundaries.

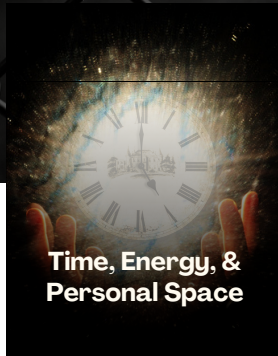


BOUNDARIES



Boundary Areas

Leaders need to set boundaries in a number of different areas in order to be effective.



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The three main categories for leader boundaries can be categorized into again setting limits on your time, energy, and personal space

communication and the use of technology

and around decision making



Action Steps

- Set limits on your time and energy
- Communicate your boundaries to others
- Establish boundaries with technology



The three practical applications I want you to focus on this month are

#1 - Setting limits on your time and energy: it is important to be able to set limits on your time and energy as a leader, in order to protect your own well-being and ensure that you have the capacity to lead effectively.

#2 - Communicating clearly and directly: I can't emphasize enough the importance of being able to communicate your expectations and boundaries to your team in a clear and direct manner. This can help to improve teamwork and productivity and to establish clear roles and responsibilities.

#3 - Establishing boundaries with technology: You have to be mindful of how you use technology as a leader and establish boundaries around its use. This can help you avoid distractions and ensure you are using your time and energy effectively.

Overall, the principles discussed in the books you will be reading this month can be applied in various leadership contexts, including in the workplace, volunteer organizations, and other settings. By setting and maintaining healthy boundaries, leaders can protect their own well-being and be more effective in their roles.



BOUNDARIES

Building A Healthy Team

Personal: romantic relationships, family, friends,

Professional: coworkers, employers, volunteer organizations, etc

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Boundaries are an important aspect of building effective teams, both in personal and professional settings. In general, boundaries help to establish clear roles and responsibilities, and to create a sense of trust and respect among team members.

In personal relationships, boundaries can be important for establishing healthy patterns of communication and behavior within a team. This may involve setting limits on how much time and energy team members invest in the group, or establishing rules around how conflicts are resolved.

In professional settings, boundaries can be especially important for establishing clear expectations and for promoting productivity. This may involve setting boundaries around how team members communicate with each other, or around how decisions are made. It may also involve establishing boundaries around the use of technology, in order to avoid distractions and ensure that team members are using their time and energy effectively.

Overall, by setting and maintaining healthy boundaries within a team, individuals can create an environment that is conducive to effective collaboration and goal achievement.



BOUNDARIES



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Be A Finisher



Required Reading:

- ***Boundaries: When to Say Yes, How to Say No To Take Control of Your Life*** by Dr. Henry Cloud and Dr. John Townsend
- ***Boundaries for Leaders: Results, Relationships, and Being Ridiculously in Charge*** by Dr. Henry Cloud and Dr. John Townsend

Recommended Reading:

- ***The Gifts of Imperfection: Let Go of Who You Think You're Supposed to Be and Embrace Who You Are*** by Brené Brown
- ***Fierce Conversations: Achieving Success at Work and in Life One Conversation at a Time*** by Susan Scott
- ***Codependent No More: How to Stop Controlling Others and Start Caring for Yourself*** by Melody Beattie

There are many books that explore the concept of boundaries and offer guidance on how to set and maintain them in different types of relationships. Some of the most impactful books on the topic include:

"Boundaries: When to Say Yes, How to Say No To Take Control of Your Life" by Dr. Henry Cloud and Dr. John Townsend: This is a classic book on boundaries that explores the importance of setting healthy boundaries in all types of relationships. It provides practical guidance on how to set and maintain boundaries, and offers strategies for dealing with difficult people and situations.

"The Gifts of Imperfection: Let Go of Who You Think You're Supposed to Be and Embrace Who You Are" by Brené Brown: In this book, Brené Brown discusses the importance of setting boundaries in order to live a more authentic and fulfilling life. She offers practical strategies for setting boundaries with others and with ourselves.

"Boundaries for Leaders: Results, Relationships, and Being Ridiculously in Charge" by Dr. Henry Cloud and Dr. John Townsend: This book specifically focuses on the importance of boundaries for leaders, and provides practical guidance on how to set and maintain boundaries in a leadership context.

"Codependent No More: How to Stop Controlling Others and Start Caring for Yourself" by Melody Beattie: This book explores the concept of codependency and how it can lead to unhealthy boundaries in relationships. It offers practical strategies for setting healthy boundaries and breaking free from codependent patterns of behavior.

"Fierce Conversations: Achieving Success at Work and in Life One Conversation at a Time" by Susan Scott: This book discusses the importance of having open and honest conversations in order to set and maintain healthy boundaries in relationships. It offers practical guidance on how to have difficult conversations and communicate effectively with others.



BOUNDARIES

Thank You

Tactical Leadership Skill Development

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Description :

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In conclusion, boundaries are an important aspect of both leadership and relationships. By setting and maintaining healthy boundaries, we can protect ourselves and our well-being, and improve the quality of our relationships.

If you have any questions about the content in this module, please do not hesitate to reach out to us and we will be happy to answer your questions.

Until then, we will see you during the live Q&A