



MASTER THE

CODE

CHALLENGE

6 Week Transformation Journal

BECOME UNSTOPPABLE

RENEW YOUR MIND

DESTROY YOUR LIMITS

UNLEASH YOUR DREAMS

Benji Alexander

MASTER THE CODE

GUARANTEED BY GOD TO MAKE YOU UNSTOPPABLE



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WELCOME



Welcome to the beginning of the Master The Code 6 Week Challenge... your adventure has begun!

It really is an honour to be connecting with you, and on behalf of the whole Raising Royalty family, all over the world, I'd like to welcome you on this beautiful journey as we learn to Master The Code together.

The Master The Code Challenge is helping people just like you step into a season of exponential growth, which is fast tracking their goals and dreams. But the vision is much greater than personal development.

Our vision is deep. It's intense. It's contagious, and it's worth dying for... Our vision is you, living your wildest dreams.

Absolutely nothing less!

The impact on the planet that will explode from your life when you are living a life fully aligned with your wildest dreams is beyond measure.

Fulfilled dreams disciple nations. We believe God is sparking a viral outbreak of fulfilled dreams and we want to do everything we can to help you be a part of this history making move of God.

The purpose of the Master The Code Challenge is you, living your wildest dreams and absolutely nothing less!

Over the next 6 weeks you are going to begin the journey of mastering 5 elements, which dictate whether we become people who live our wildest dreams, or whether we will become people who take our big God dreams to the grave.

If you want to become unstoppable, renew your mind, destroy your limits, and unleash your wildest dreams, then you are in the right place. Because that's exactly what is happening in people's lives as they Master The Code.

The world is in a season of extremes and your wildest dreams are solutions from Heaven for a world in crisis. The level of need all around us is extreme. The threats around us are extreme. Right now, the world is on fire with chaos, injustice, dysfunction, oppression, and tyranny. Lives are being destroyed. Marriages are failing. Families are crumbling. People are in excruciating pain and the world truly is in desperate need.

Your wildest dreams are significant. They are Heaven's solution to a world in crisis. They have the power to create a beautiful future, a future worth fighting for, worth dying for.

If you stepped into the future and looked deeply into the eyes of a child who was rescued from a lifetime of pain, because your fulfilled dream changed their world forever – what would you see?

You would see significance. You would see your purpose. You would see your calling. You would see your why. You would see a vision worth dying for. A vision worth fighting for everyday!

This journey of extraordinary growth is not just about us.

The vision of the Master The Code Challenge is to help you find and align with the call of God on your life in a way that is so significant, it's worth dying for.

That significance is found by dreaming with God and looking into the future into the eyes of the people whose lives will never be the same because you held nothing back, you went all in, and you lived your wildest dreams.

Your wildest dreams are a solution from Heaven for a world in crisis. Your wildest dreams are not just a nice idea. They are the divine purpose and calling on your life and they have eternal significance.

Will you become a person who carries regret for eternity because you never lived your wildest dreams and you never touched the lives you were born to impact? Or will you become a person without regret, a person who carries an eternal reward because you lived your life in alignment with your wildest dreams?

The 5 Fundamental Elements of the Master The Code Challenge

- **Mastering Vision**
- **Mastering Focus**
- **Mastering Discipline**
- **Mastering Execution**
- **Mastering Consistency**

By joining us on this journey, you are joining a tribe, an adventure, a code, and a way of living that is designed with the sole purpose of helping you become unstoppable, renew your mind, destroy your limits, and unleash your wildest dreams.

If that lights you up, then lean in here, pay attention, and get ready to implement secrets that are guaranteed to produce exponential growth!

Never doubt God's mighty power to work in you and accomplish all this. He will achieve infinitely more than your greatest request, your most unbelievable dream, and exceed your wildest imagination! He will outdo them all, for his miraculous power constantly energizes you. Ephesians 3:20 TPT

This verse, Ephesians 3:20, is a promise from God to you. It's not an if or a maybe. It's a guarantee. A guarantee that you never have to doubt. This journey of learning to Master The Code is founded on this promise, this guarantee from God, that He is able to "achieve infinitely more than your greatest request, your most unbelievable dream, and exceed your wildest imagination!"

Most people live life doubting the integrity of God and the possibility of this promise. As we learn to Master The Code, we will not only discover that this promise is genuine, but we will also learn how to activate the power of this promise in Ephesians 3:20.

There is so much opposition on this journey towards our dreams that most people don't make it and most Christians take their wildest dreams to the grave. We don't want that to be you.

That is why we have created the Master The Code 6 Week Challenge, so that you, and anyone you invite onto this journey can be supported, encouraged, and championed, as we pursue our dreams together.

We can't wait for you to become the next person whose life is never the same and whose lost dreams, dead dreams, forgotten dreams, wildest dreams and new dreams start exploding to life because of all the keys you discover on this journey together.

Welcome once again to the Master The Code 6 Week Challenge!

***P.S. If you would like to go deeper on any of the content referred to in this journal, just visit our training platform at raisingroyalty.io and check out the Master The Code training videos.**



Week 1

“Where there is no vision, the people perish” Proverbs 29:18 KJV



VISION



FOCUS



DISCIPLINE



EXECUTION



CONSISTENCY

This week is all about you exploring and discovering your dreams.

One of the most important questions that you can ever ask in life is: “What do you want?” For some people the answer to that question is simple, “I want what God wants.”.

That is a great attitude to have, but if you stop there, it's highly likely that you'll never fully discover your dreams. There's a danger that you'll get caught waiting forever for God to tell you what your purpose is, rather than digging deep to discover that God has hidden your purpose inside your own heart.

It's only as you give your heart permission to speak, permission to dream, permission to articulate what you truly want and desire that the dreams that God has placed in you begin to come alive.

“Delight yourself also in the LORD and He shall give you the desires of your heart.” Psalm 37:4

So here's the question you need to ask... what do you want?

When it comes to dreaming with God and giving your heart permission to speak honestly and authentically, there can be no limits.

There comes a time for practical thinking, logistics and reality to be involved in the process of making your dream happen, but that time is not in the dream zone. People who don't understand this abort most of their dreams before they ever have a chance to see the light of day.

Dreaming with God is an art that requires a limitless mindset. When you dream with God, you are invited to transcend what seems realistic, possible, probable and practical.

You get to be limitless when you dream with God.

What problems do you want to solve? Who do you want to help?
How do you want things to change for your relationships? How do you want to see things change for your family? What injustice is unbearable to you? What expressions of evil are you ok with?

What suffering in the world are you happy to ignore and offer no support to? If you could end one evil on the earth what would it be? If you could leave one legacy what would it be? What do you want to create? Where do you want to travel? Who do you want to be with? What future do you want to create?

The art of dreaming with God begins by asking yourself deep questions and letting your heart speak freely. Most of us live from our heads and not our hearts. It's time to stop letting your head shut down your heart.

Give your heart permission to dream impossible and impractical dreams that don't seem realistic or logical. Give your heart permission to dream limitless dreams with God and then write them down.

We have created **2 activations** to help you with that process.

The main activation is called "The 100 Dream Challenge".
It's pretty self-explanatory, you write down 100 dreams.

When people first hear that they often think it sounds impossible.
Relax. We've got a system that will help you with the process.

When it comes to "The 100 Dream Challenge" there's no wrong answers. Your dreams can be as small or as big as you like. Something that really helped me with this process was realising that any desire in my heart big or small is a dream that deserves to be recognised, acknowledged, and celebrated.

You can list anything that you desire as a dream in “The 100 Dream Challenge.” It could be as simple as wanting to have a treat a beautiful spot that you like. It could be as big as out dreaming darkness on the whole planet. Big or small, write down all your desires on your 100 dream list.

Before we go any further, let’s address the number one reason why people don’t dream...

Fear of failure.

Fear of failure causes many people to become too scared to dream. So we have included a bonus activation for you called : “Processing Failure Template”.

A lot of us need to discover that failure is not fatal, it’s simply feedback. It’s ok to live after failure. It’s ok to dream after failure.

Included in this Homework are two activations. The “Processing Failure Template”, and the “The 100 Dream Challenge”.

“The 100 Dream Challenge” includes hot tips to help discover your dreams, help your heart find it’s voice, and to activate the process of dreaming with God.

The Processing Failure Template is an **optional bonus**, which we have included because it has helped so many people break down mental, emotional and spiritual barriers to dreaming with God. It also contains some amazing stories of overcoming major failures and opposition.

Now is the time to step past the fear of failure and give your heart permission to dream limitless dreams with God!

GROUP QUESTIONS

- **1** If there were absolutely no limits, if you had all the resources you would ever need, what would you dream for?
- **2** Are there any expressions of evil that really make you angry, which you want to see stopped?
- **3** What is the number 1 thing that holds you back from dreaming?
- **4** Do you think that God wants to give you the desires of your heart?
- **5** What goals and dreams are you working towards right now?



BONUS : Processing Failure Template

Over the years I've seen people struggle with the whole concept of dreaming. One of the biggest reasons for this is the fear of failure. It aborts dreams before they have a chance at life. Not only that, but it also completely shuts down people's ability to dream.

Most often the fear of failure is attached to a lie, rooted in a wound that came from experienced a nasty failure. Here is an activation to help you overcome the fear of failure. It's called the Processing Failure Template.

Failure of many kinds is almost guaranteed in life. But there's a difference between being impacted by failure and defined by failure.

This template will help take the sting out of past failures and set you free to dream again with a fresh perspective on failure.

I recommend you go through the Processing Failure Template before you attempt the 100 Dream Challenge.

Please share your definition of failure.

Describe one area in your life where you feel like you have experienced a significant failure.

Has this sense of failure influenced who you believe you are in any way? For example, has this experience of failure led you to believe that you personally are a failure or inadequate in any way?

Please explain your answer further. If your answer was no, what beliefs have you developed that stop you from being defined by your failures? If your answer was yes, what beliefs have you developed that allow you to be defined by your failures?

Has this experience caused you to develop a fear of failure or to draw back from taking risks or chasing your dreams in any way? If so, please describe how?

Do you believe that you are defined by your failures in any way? If so how?

**ANSWER THE FOLLOWING QUOTES WITH
“AGREE” OR “DISAGREE” TICKMARK**



Failure isn't fatal, but failure to change might be.
John Walton

☐☐

Success is most often achieved by those who don't know that failure is inevitable. Coco Chanel

☐☐

Only those who dare to fail greatly can ever achieve greatly.
Robert R Kennedy

☐☐

Giving up is the only sure way to fail. Gena Showalter

☐☐

If you don't try anything. You can't fail... it takes back bone to lead the life you want. Richard Yates

☐☐

Failure is delay, not defeat. It's a temporary detour,
not a dead end. Failure is something we can only avoid
by saying nothing, doing nothing and being nothing.
Denis Waitley

☐☐

When you take risks you learn that there will be times
when you succeed and there will be times when you
fail, and both are equally important. Ellen DeGeneres

☐☐

A pessimist sees the difficulty in every opportunity;
an optimist sees the opportunity in every difficulty.
Winston Churchill

☐☐

I have not failed. I've just found 10,000 ways that won't
work. Thomas Edison.

☐☐

Success is not final. Failure is not fatal. It is the
courage to continue that counts. Winston Churchill

☐☐

There is only one thing that makes a dream
impossible to achieve: the fear of failure. Paulo Coelho

☐☐

Success is stumbling from failure to failure with no
loss of enthusiasm. Winston Churchill

☐☐

The only real mistake is the one from, which we learn
nothing. Henry Ford

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Failures are finger posts on the road to achievement.
C.S. Lewis

☐☐

Winners are not afraid of losing. But losers are.
Failure is part of the process of success. People who
avoid failure also avoid success. Robert T. Kiyosaki

☐☐

You build on failure. You use it as a stepping stone.
Close the door on the past. You don't try to forget the
mistakes, but you don't dwell on it. You don't let it have
any of your energy, or any of your time, or any of your
space. Johnny Cash

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It's not how far you fall, but how high you bounce that
counts. Zig Ziglar

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Failure is so important. We speak about success all the
time. It is the ability to resist failure or use failure that
often leads to greater success. I've met people who
don't want to try for fear of failing. J.K. Rowling

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No human ever became interesting by not failing.
The more you fail and recover and improve, the better
you become as a person. Ever meet someone who's
always had everything work out for them with zero
struggle? They usually have the depth of a puddle.
Or they don't exist. Chris Hardwick

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When we give ourselves permission to fail, we, at the
same time give ourselves permission to excel.
Eloise Ristad

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What is the point of being alive if you don't at least try
to do something remarkable. John Green

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It's worth doing something badly, while I get better at
doing it. David Riddell

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Failure isn't fatal, it's just feedback. David Riddell

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No man ever achieved worth-while success who did not
at one time or another, find himself with at least one
foot hanging well over the brink of failure!
Napoleon Hill

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Failure is simply the opportunity to begin again, this time more intelligently. Henry Ford

☐☐

Nothing in this world can take the place of persistence. Talent will not: nothing is more common than unsuccessful men with talent. Genius will not; unrewarded genius is almost a proverb. Education will not; the world is full of educated derelicts. Persistence and determination are omnipotent. Calvin Coolidge

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It's fine to celebrate success but it is more important to heed the lessons of failure. Bill Gates

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The greatest glory in living lies not in never failing, but in rising every time we fall. Ralph Waldo Emerson

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Every great adventurer must embark upon a precipice of danger where failure is real and encompassing and success lies only forward. Benji Alexander

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At the end of the day, you are solely responsible for your success and your failure. And the sooner you realize that, you accept that, and integrate that into your work ethic, you will start being successful. As long as you blame others for the reason you aren't where you want to be, you will always be a failure. Erin Cummings

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Remembering that I'll be dead soon is the most important tool I've ever encountered to help me make the big choices in life. Because almost everything –all external expectations, all pride, all fear of embarrassment or failure – these things just fall away in the face of death, leaving only what is truly important. Steve Jobs

☐☐

When we tackle obstacles, we find hidden reserves of courage and resilience we did not know we had. And it is only when we are faced with failure do we realise that these resources were always there within us. We only need to find them and move on with our lives. A.P.J. Abdul Kalam



Far better is it to dare mighty things, to win glorious triumphs, even though chequered by failure... than to rank with those poor spirits who neither enjoy nor suffer much, because they live in a grey twilight that knows not victory nor defeat. Theodore Roosevelt



Your attitude towards failure determines your altitude after failure. John C. Maxwell



You must accept that you might fail; then, if you do your best and still don't win, at least you can be satisfied that you've tried. If you don't accept failure as a possibility, you don't set, you don't branch out, you don't try – you don't take risk. Rosalynn Carter



'No one can make you successful; the will to succeed comes from within.' I've made this my motto. I've internalized it to the point of understanding that the success of my actions and/or endeavours doesn't depend on anyone else, and that includes a possible failure. Fabrizio Moreira



A man can fail many times, but he isn't a failure until he begins to blame somebody else. John Burroughs



My great concern is not whether you have failed, but whether you are content with your failure. Abraham Lincoln



You are capable of more than you know. Choose a goal that seems right for you and strive to be the best, however hard the path. Aim high. Behave honourably. Prepare to be alone at times, and to endure failure. Persist! The world needs all you can give. E. O. Wilson

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But man is not made for defeat.
A man can be destroyed but not defeated.
Ernest Hemingway

☐☐

I believe in never giving up, no matter what the odds.
My mantra is 'Failure is temporary.
Giving up is permanent.' Kiran Mazumdar-Shaw

☐☐

Treat failure as a lesson on how not to approach achieving a goal, and then use that learning to improve your chances of success when you try again.
Failure is only the end if you decide to stop.
Richard Branson

☐☐

Through perseverance many people win success out of what seemed destined to be certain failure.
Benjamin Disraeli

☐☐

Failure may influence you – but it never defines you!
Benji Alexander

☐☐

I would rather be a failure at something I love than a success at something I hate. George Burns

☐☐

You know failure hurts. Any kind of failure stings.
If you live in the sting, you will – undoubtedly – fail.
My way of getting past the sting is to say no,
I'm just not going to let this get me down.
Sonia Sotomayor

☐☐

Why do I talk about the benefits of failure?

Simply because failure means a stripping away of the inessential. I stopped pretending to myself that I was anything other than what I was and began to direct all my energy into finishing the only work that mattered to me. J. K. Rowling

☐☐

Don't fear failure so much that you refuse to try new things. The saddest summary of a life contains three descriptions: could have, might have, and should have. Louis E. Boone

☐☐

Fear of failure, it's the greatest motivational tool. It drives me and drives me and drives me. Jerry West

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We must choose, which of these two mutually incompatible ideologies we will embrace; the fear of failure or the love of success? Benji Alexander

☐☐

There are no secrets to success. It is the result of preparation, hard work, and learning from failure. Colin Powell

☐☐

The difference between average people and achieving people is their perception of and response to failure. John C. Maxwell

☐☐

"Never give in, never give in, never, never, never, never – in nothing, great or small, large or petty – never give in except to convictions of honour and good sense. Never, Never, Never, Never give up." Winston Churchill

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There is no failure except in no longer trying. Chris Bradford

☐☐

Which three quotes above stand out to you the most and why?

1

2

3

PLEASE TICK “YES” OR “NO” IF YOU DID OR DID NOT ALREADY KNOW THE FACTS LISTED BELOW



Elvis Presley was told, “You ain’t going’ nowhere, son. You ought to go back to driving’ a truck.” Elvis later became known as “The King of Rock and Roll.”

☐☐

Walt Disney was fired from a newspaper for lacking imagination and having no original ideas. Walt went bankrupt in business several times before going on to found the Walt Disney Company which is now worth somewhere around \$US150 Billion.

☐☐

Albert Einstein could not speak until he was 4 and his teachers said he would never amount to much. His four Annus Mirabilis (‘miracle year’) papers, which were released in 1905, laid the foundation for modern physics and changed views on space, time, mass and energy. He was also awarded the Nobel Prize in physics in 1921.

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Michael Jordan went home, locked himself in his room and cried after being cut from his high school basketball team. During his basketball career Michael Jordan won 6 NBA Championships and received 14 MVP awards and became one of the most famous professional basketball players in history.

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Oprah Winfrey was demoted as a news anchor and told she wasn’t fit for TV. Later “The Oprah Winfrey Show,” became the highest rated day time television show in American history.

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Thomas Edison went on to say that he “found 10,000 ways it didn’t work” in the process of creating the world’s first commercially viable light-bulb.

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Dr Seuss, the best-selling children’s author in world history was rejected by 27 publishers before someone agreed to publish his first book.

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J.K. Rowling, author of Harry Potter, was broke, divorced, depressed and on welfare when her manuscript for Harry Potter was rejected by all 12 major publishing houses. She has now sold over 4 Million copies of her books.

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Bill Gates first business was a total failure. He took what he learnt from this failed attempt and then created Microsoft. Microsoft is now valued at \$US753 Billion and Bill Gates personally is worth around \$US98 Billion.

☐☐

Henry Ford went bankrupt twice before launching his car company "Ford." In 2017, Ford employed 202,000 people and in the United States alone, Ford sold 209,623 vehicles.

☐☐

Donald Trump's companies have gone bankrupt six times. In New York alone he has over \$US1.5 Billion worth of property.

☐☐

Sir James Dyson, who invented the Dyson Vacuum Cleaner, had over 5,126 failures before he got it right. He got it so right that his net worth is now \$US10.32 Billion.

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In 1976 Steve Jobs and two friends founded the Apple Company. But in 1985 Steve was removed from any position of influence within the company because of his bad attitudes and poor team-work skills. He was basically fired from his own company. In 1997, with some lessons learnt he returned to Apple as CEO. The company was then valued at \$US4 Billion; in 2017 Apple was worth \$US750 Billion.

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Charlie Chaplin's father left when Charlie was 2, his mother was committed to an asylum when he was 7, his alcoholic father died when he was 9. He was often without food and lived in poverty. Eventually he left London for Hollywood, where he was rejected multiple times before becoming the greatest silent film actor in history.

☐☐

Harrison Ford was told “he would never make it in this business,” but he persisted, working odd jobs and auditioning for parts in movies. It took him 9 years to land a significant role. Harrison Ford has now been in over 57 movies!

☐☐

Robert Kiyosaki, author of “Rich Dad Poor Dad,” is now seen as an international guru on finance, investing and business. But, his first two companies went bankrupt and he didn’t write his best-selling book until age 50. However, the book has now sold over 26 million copies and has been translated into 51 languages.

☐☐

Bethany Hamilton was born in Hawaii and learnt to surf by age 7. But at age 13, Bethany was attacked by a shark, which bit off her left arm. She made herself two promises. She would not complain and that she would surf again. Since then she has won major surfing titles and is ranked in the top 50 female surfers in the world.

☐☐

Colonel Sanders, the founder of KFC was fired from three jobs, he launched a business that failed, he once had an argument with a business competitor that escalated into a deadly shoot out, in which one of his business associates were killed; Sanders shot and wounded the killer in self-defence. He went to court and was found Innocent. He then bought a motel, which burnt to the ground. He rebuilt, but World War 2 forced him to close. After the war he tried to franchise his restaurant, but his recipe was rejected 1,009 times! But once it was accepted, it boomed! There are now over 18,000 KFC branches all over the world!

☐☐

Vincent van Gogh only sold one painting in his whole career, “The Red Vineyard” sold just months before his death. Now his art is priceless. He has multiple paintings valued at over \$US100 Million. Much of his art is owned by museums and will not be for sale, but art critics believe that if they ever were to go to auction, they would break the records of the highest prices ever reached for a painting.

☐☐

Which three individuals listed above stand out to you the most and why?

Have the quotes and stories above influenced your definition of failure in any way, if so how?

Please list five significant failures that you have experienced in your life.

1

2

3

4

5

Please list five significant risks that you taken and mention if they led to success or failure.

1

2

3

4

5

Please list five significant times that you have stepped out of your comfort zone?

1

2

3

4

5

Please list three lies that would lead a person to believing that they are defined by their failures.

1

2

3

Can you list any lies that you know you are believing that are causing you to be defined by your failures?

Please list three truths that would protect a person from believing that they are defined by their failures.

1

2

3

Can you list any truths you believe that you know are protecting you from believing that you are defined by your failures?

What is the biggest fear that is holding you back from taking the risks you need to take to live your dreams?

What is the biggest risk that you need to take in your life right now that will help you launch your dreams?

Are you going to take that risk?

If the answer is yes, when will you take it?
If the answer is no, please describe why?

If the answer is no, please describe what risks you are happy to take in order to bring your dreams to life.

**ONCE YOU HAVE SIGNED THE STATEMENT BELOW YOU
HAVE COMPLETED THE PROCESSING FAILURE TEMPLATE**

I refuse to be defined by my failures and I refuse to let the fear of failure rob me of my dreams! I understand that failure is a part of the journey towards success and I am not afraid to take calculated risks in order to bring my wildest dreams to life!

SIGNED _____

THE 100 DREAM CHALLENGE

“Keep your dreams alive. Understand to achieve anything requires faith and belief in yourself, vision, hard work, determination, and dedication. Remember all things are possible for those who believe. “ - Gail Devers

To help you develop the ability to let your heart speak, and authentically answer the question “What do you want?” We use an activation called The 100 Dream Challenge.

A lot of people almost by reflex or instinct respond to the question of “What do you want?” by saying, “I don’t know what I want.”

I don’t believe that answer is true for anyone. I generally find that by asking the question in a more targeted, specific way, people are able to let their heart speak and begin to answer the question honestly.

The 100 Dream Challenge focuses on assisting people to develop an authentic and balanced vision by asking targeted questions designed to help people discover precisely what they want in all areas of life.

I have identified 7 high value areas of life that are essential for developing a focused and balanced vision:

- Faith
- Family
- Finance
- Fitness
- Fellowship
- Fun
- Future

Here are some catalytic thoughts designed to help kick start your dreaming and to help you start answering the big question with precision detail – what do you want?

These are not exhaustive lists. Please feel free to add your own thoughts, questions, and ideas.

What do you want in the area of faith?

Do you want more intimacy, identity, spiritual gifts, revelation, or spiritual understanding? Do you want a more divine state of being? Do you want more of the fruits of the Spirit? Do you want to see more people blessed by your faith? Do you want to launch a ministry, improve a ministry, or expand a ministry? Do you want to pray more, read more, or do any more spiritual activities? Do you want to go to a conference? Do you want to study your faith more?

Is there something else specific in regards to faith that has captured your attention? Do you need personal freedom? Do you want to be free from inadequacy, shame, self hatred, condemnation, self harm, anxiety, sin, fear, trauma, or abuse?

What do you want in the area of family?

What type of son, daughter, brother, sister, husband, wife, father, mother, aunty, uncle, grandmother, grandfather, or cousin do you want to be?

Is there a specific relationship or relationships that you want to see grow? Do you want to get married? Do you want a better marriage relationship? Do you want more intimacy in your marriage? Do you want more fun in your marriage? Do you want more adventure in your marriage?

If you're not married and you want to be – what do you want your future marriage to be like? Do you want children? Do you want restoration? Do you want to improve your communication skills? Do you want to improve the culture in your family or in one of your relationships?

Do you want the same experience of family for your children that you experienced? Do you want to use the same parenting style that your parents used? Do you want to adopt?

What do you want in the area of finances?

Do you want more money or less money? Do you want to spend more, give more, make more, invest more or save more? What do you want to spend money on? Who do you want to give money to? Where do you want to invest? How do you want to make money?

What do you want to save for? What financial legacy do you want? What type of inheritance do you want to leave? Do you want more financial freedom? Do you want to earn money by working for wages, running a business, investing, trading, selling, or creating?

How many hours do you want to work? How many businesses do you want to run? What returns do you want from your investments? What do you want to create? What type of work do you want to do? What type of business do you want to be involved in? What type of investing do you want to do? How often do you want to create?

What do you want in the area of fitness?

What do you want your personal health to be like? How healthy do you want to be? What do you want your nutrition to look like?

How long do you want to live? How fit do you want to be when you are old? How fit do you want to be right now?

How nutritious do you want your diet to be or not to be? What do you want to eat? How often do you want to exercise? Do you want to do cardio training, strength training, weights training, endurance training, speed training, weight loss exercise?

Do you want to do something else? What are your favourite sports? Do you want to run a marathon? Do you want to stay the same? Do you want to change?

What do you want in the area of your future?

What legacy do you want to leave? What do you want to do, what do you want to create, who do you want to be? What do you want to drive? What type of house do you want to live in?

How much free time do you want to do the things that you love? What do you want to wear?

Where do you want to go? Who do you want to go with?

What type of career do you want? What type of lifestyle do you want?

What training do you want to do? What is on your bucket list? Where do you want to live?

What do you want in the area of fun?

What do you love to do? Who do you love to be with? What refreshes you, relaxes you, stimulates you, entertains you?

What adventures do you want to have? What places do you want to go? What is exhilarating for you? What does your perfect day look like? What does your perfect weekend look like?

What type of movies do you like? What type of music do you like? What hobbies do you love? What books do you want to read?

What books do you want to write? What do you want to wear? What do you like to create? What mountains do you want to climb? What slopes do you want to ski or board?

Where do you want to dive, surf, explore, build, fish, race, compete or play? What toys do you want?

What do you want in the area of fellowship?

Fellowship here relates to the people that you want to work with or that you are working with intentionally to bring Heaven to Earth and to leave a legacy of blessing for generations to come.

Do you want to work with more people to accomplish significant things with your life? Do you want to work with less people?

Do you want to accomplish more things, different things, new things, old things, impossible things or simple things?

What new relationships do you want to rekindle? What old relationships do you want to develop? What existing relationships do you want to enrich?

What area of influence do you want to be involved in: Religion, Family, Business, Government, Media, Education or Entertainment and the Arts?

Who do you want to reach?

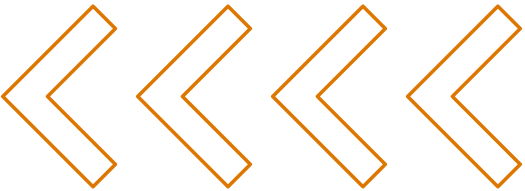
What message do you want to bring? What needs do you want to meet? How do you want to meet them? What do you want to build, establish, invent, prevent, enhance, reduce, multiply, eradicate, influence, change, sustain, restore, replace, or pioneer?

Use your answers and inspiration from these questions to complete The 100 Dream Challenge. From the smallest desire to the wildest dream any authentic desires count as a valid dream when filling out The 100 Dream Challenge.

It may also be helpful to understand that a desire can be a dream and a dream a desire. When you are writing down your 100 dreams, they can be anything from the tiniest to the biggest desire you can imagine.

So let your heart loose my friend, dream authentic dreams, dream without limits!

100 Dreams Challenge



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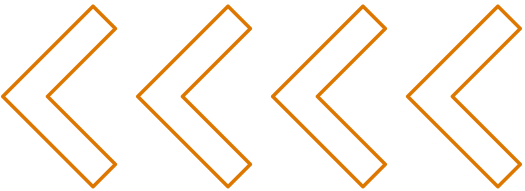
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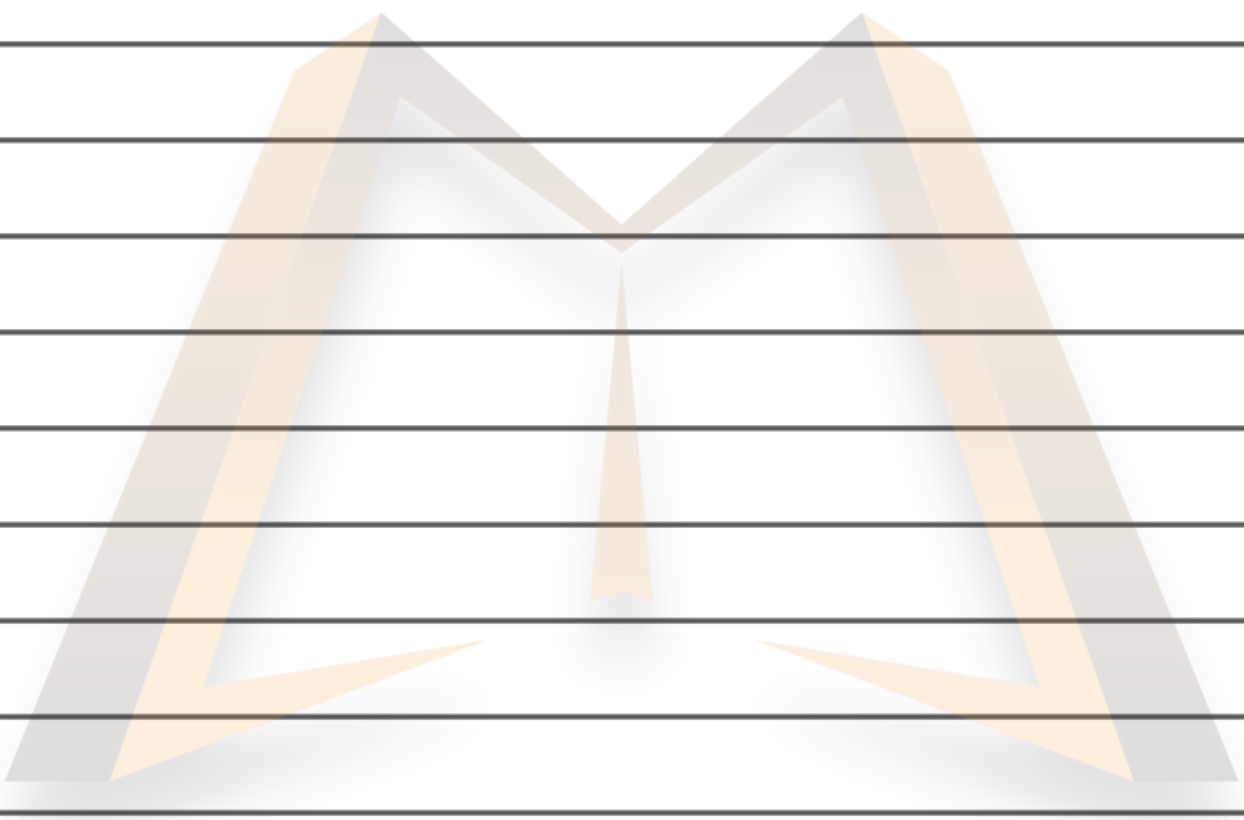
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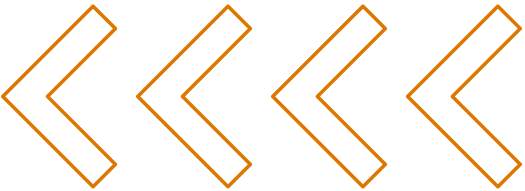
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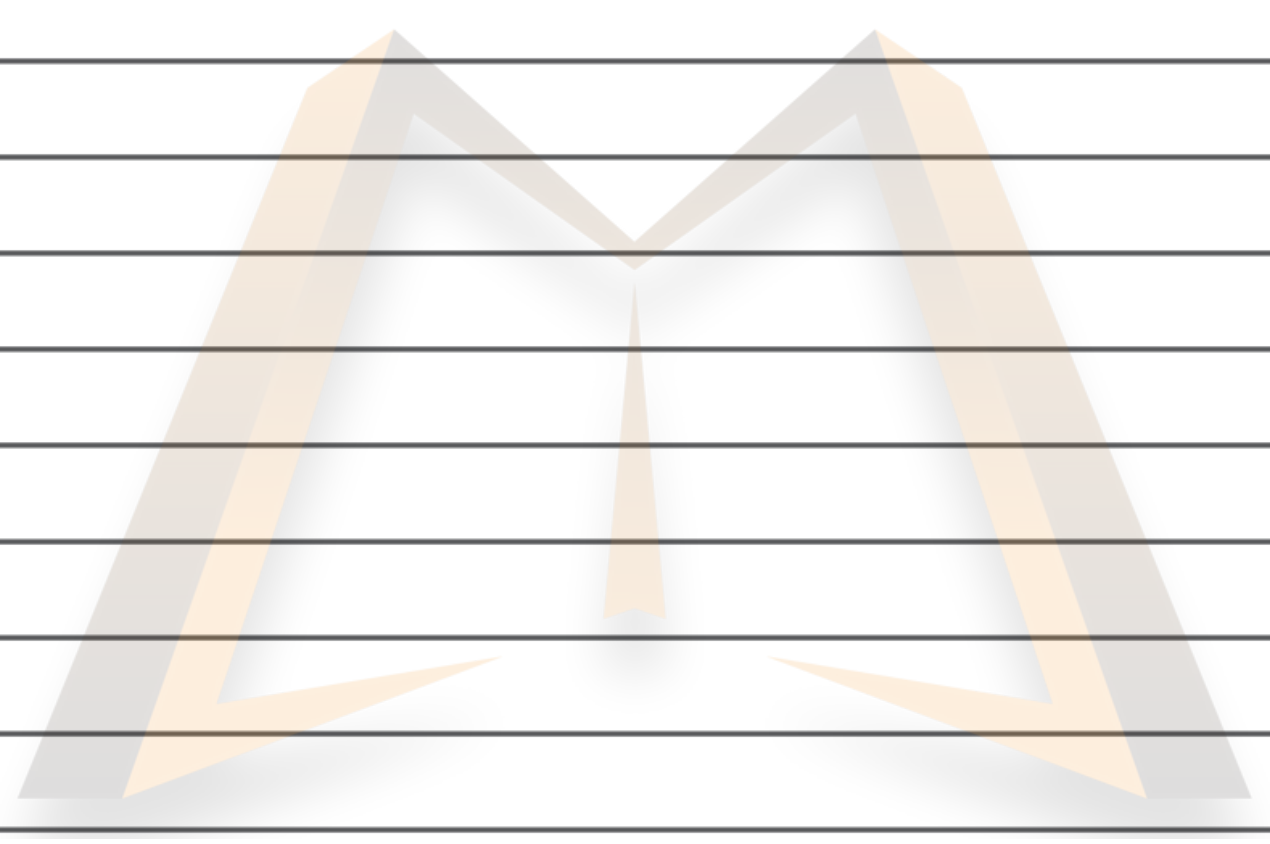
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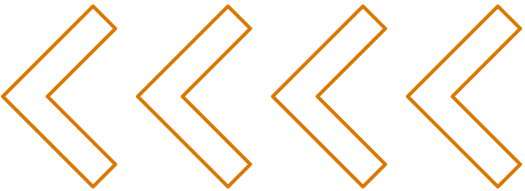
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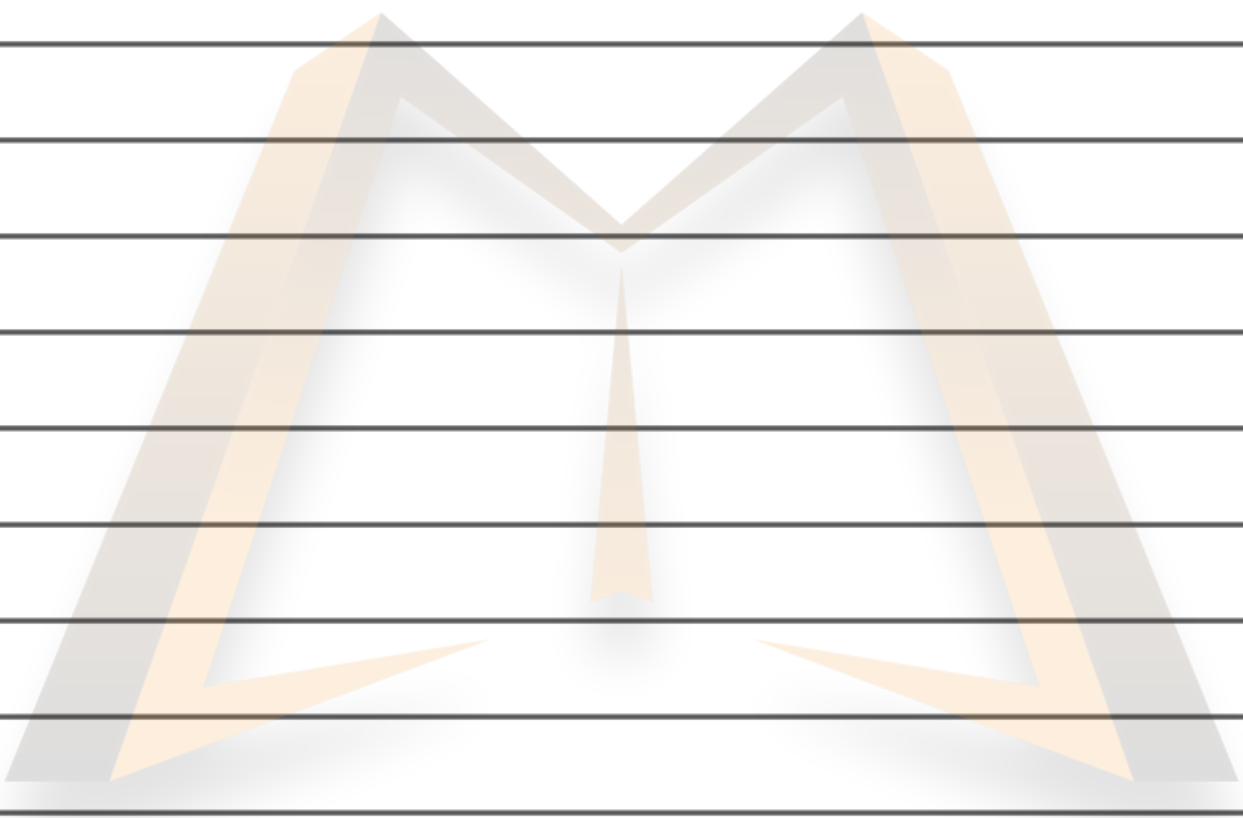
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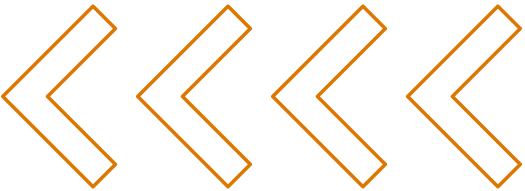
100 Dreams Challenge



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100 Dreams Challenge



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Week 2

**“Focus on your goals, not your fear.
Focus like a laser beam on your goals.”**

Roy T. Bennett



VISION



FOCUS



DISCIPLINE



EXECUTION



CONSISTENCY

The practical activation this week is to help you develop the type of focus that is so powerful that it awakens the highest level of passion possible, the type of passion, which makes the impossible possible.

You can develop this type of focus by creating and writing down a 3 year goal worth dying for, which you read, declare, or write out every day.

Focus is like a muscle it has to be trained and strengthened. There's a process, a discipline, and a cost required to develop a precision focus. But without focus all of your goals and dreams are in extreme danger. Without great focus, you are vulnerable to one of the most deadly substances known to man – distraction, the kryptonite of dreams.

When you really get vulnerable, authentic, and courageous as you dream with God, you'll notice that God has a habit of dreaming impossible dreams. When you steward the power of true focus, it awakens the type of passion that makes impossible God dreams happen.

Passion comes from significance. You find significance by looking into the eyes of the people who will never be the same because your dream changed their lives forever.

To activate the true power of focus you have to discover a vision, a cause, a future that is so significant to you that it's worth dying for. Then you have to write down with exact detail what that future looks like, sounds like, feels like, smells like and tastes like, then you must read it, declare it, or write it down every single day.

Much of this process will take place in your God given imagination. You will have to use your imagination to see a future where your wildest dreams are present realities. Then in your imagination you have to ask yourself what it feels like to see, hear, feel, smell, and taste the fruition of your most amazing dreams? This part of the process needs to get tactile.

You need to get present in your imagination. Place yourself in the future and see how people's lives are never the same because your wildest dreams changed their lives forever.

Let yourself feel it deeply. What you experience in your imagination needs to be translated into writing, so you can constantly and easily refer to it and focus on it.

If your “3 Year Goal Worth Dying For”, isn’t worth fighting for every day for the next 3 years, you’ve missed the point. You have to go to the deepest part of yourself and dream without limits, tapping into your wildest dreams and most authentic desires and find a future reality that truly is worth dying for.

“Every man dies. Not every man really lives.”
William Wallace, Braveheart

When you push past all the difficulties, break out of your comfort zones, dive deep into your desires and you find the dreams, the cause, the people, and the future possibilities that are worth risking everything for, in the hope of bringing those beautiful realities to fruition... something happens. At that point everything changes.

It’s only once you have found something, that you believe is worth dying for, that you truly come alive! Living without a cause worth dying for is not truly living.

This is where most people spend their whole lives. In the zombie zone. Alive, but not really living. Not tasting the exhilaration of waking up every day with 10 out of 10 passion burning inside their veins.

If we live in the zombie zone, every obstacle is too difficult, every limitation is permanent, and every excuse and justification becomes a self-fulfilling prophecy. Not so for the person who is truly alive. Not so for the person who maintains an unwavering focus on a vision, a cause worth dying for.

For the person who is truly alive – nothing is impossible.

That’s because when your “why?” is big enough, the details and the sacrifice of the “how?” become irrelevant.

Imagine with me that Jesus came to you and said: "You've got 3 years and then you'll be with me in Heaven." If you knew you only had 3 years left to create a legacy that you would carry for eternity – what would you want to create?

In order to master focus, you have to imagine the best case future that you could possibly create in the next 3 years.

If there were no limits – what future would you want to create?
Whose lives would you want to impact and see changed forever?
What legacy would you want to leave the generations to come and what legacy would you want to carry throughout eternity?

People who are able to inject a sense of urgency into their daily lives, get more results, more breakthrough, more impact and more dreams fulfilled than people who are casual. In fact, a lack of urgency is a major reason why so many dreams fail.

Your 3 year goal worth dying for should awaken great significance, passion, and urgency inside you.

Now imagine that your 3 years is up... Your race is run, and you are standing in Heaven with Jesus looking back over your life. As you look back with Jesus, imagine how much joy you will feel on a scale from 1-10, when you see all of your wildest dreams and every assignment that Jesus gave you completely fulfilled.

On a scale from 1-10, how much joy would you feel in that moment?
How much joy would you feel knowing that you will carry that legacy forever? Knowing that you fulfilled every dream that God placed in you and completed everything assignment that God called you to.

Ok, let's reverse engineer that... Imagine you are standing with Jesus in 3 years from now, looking back over your life and none of the dreams that God had placed in your heart have been fulfilled.

On a scale from 1-10, how painful would that be and how much regret would you feel because you never stewarded the one opportunity that God gave you to live your wildest dreams?

Your one opportunity to impact people's lives for eternity is gone.
Your one opportunity to fulfill the God given assignments on your life is gone. Your dreams never happened. Your assignments were never completed. You never reached the people that you were called to impact. You were too distracted and it cost you your dreams and calling.

On a scale from 1-10, how painful would that be?

Ok, stop thinking about that and **do not repeat** that particular exercise on a regular basis!

Invest yourself into imagining what it will feel like when you are living your wildest dreams instead.

The cost of failing to master focus is extreme. The rewards of putting in the effort to get out of your comfort zone and master focus are also extreme.

Are you ready and willing to take massive action to master focus?
Because you only have one opportunity to get this right...

We don't usually appreciate the value of that "one more" opportunity until it is taken away from us. How much would you give for one more year, if your last year was taken from You? How much would you give for one more month, if your last month was taken from you?

We never know for sure when our last opportunity for "one more", could be taken from us...

It's impossible to make the most of the one life that God has given you, without absolutely mastering focus.

If you're ready to start that journey and truly master the power of focus, it's time to get busy and create a 3 year goal worth dying for!

GROUP QUESTIONS

- **1.** What was Jesus so focused on and so passionate about that He was willing to die for His dream?
- **2.** On a scale from 1-10, how focused would you say you are on your wildest dreams?
- **3.** Are there any common distractions in your life that you'd like to minimise?
- **4.** If nothing was to change in your life right now, do you think you're on course to live your wildest dreams?
- **5.** How do you feel about the practice of imagining what it looks like, sounds like, feels like, smells like, and tastes like to be living your wildest dreams?



HOME WORK

The “3 Year Goal Worth Dying For”, is going to be a precise summary that details exactly what you want your world to look like in 3 years’ time. When you write it, you’ll want to write it in a future tense.

Here’s an example of how to write the opening line:

I’m so thankful and grateful now that ...(fill in here what has happened)...
on ...(fill in here the date 3 years from now).

Here’s what one of mine looks like: I’m so thankful and grateful now that Raising Royalty is a disciple making movement that has graduated 10,000 world changing students in our Master The Code Academy on Thursday the first of January 2026.

The pattern is simple. It’s been handed down from Napoleon Hill, Bob Proctor, Alex Morton, and many others. Many people have used similar blueprints, I really like this one.

Here’s the pattern again:

I’m so thankful and grateful now that... Add a precise description of what your fulfilled goal looks like into this section. On... Add in the date 3 years from now.

The pattern is super easy and simple, what’s tricky is going to the deepest part of your being and discovering a dream that’s truly worth dying for, then breaking it into a “3 Year Goal Worth Dying For”.

You can choose how much detail you want to go into. But the deeper and more authentic and emotional that it is, the more powerful and useful it will be as a daily resource to help you master focus and awaken a 10 out of 10 passion for your cause worth dying for.

I recommend making it a a short, precise, focused, and highly emotional resource. Summarise any of your priority dreams that truly get you burning.

If you can keep it to around 5 short paragraphs or less that would be great, mine is a bit longer. The purpose of this resource is to be something that you can easily read, write, or declare, at least once a day.

Keeping it short, precise, worth dying for, and highly emotional are keys to the success of this tool.

When structuring this “3 Year Goal Worth Dying For”, there are a few keys to maximizing it’s power:

- **Key 1**

Start with, “I’m so thankful and grateful that...” then list off exactly what your world looks like when your “3 Year Goal Worth Dying For” has come to full fruition.

It will most likely take several paragraphs to frame out all the details of your “3 Year Goal Worth Dying For”, start each new paragraph with “I’m so grateful and thankful that...”.

- **Key 2**

Spend time imagining the moment your “3 Year Goal Worth Dying For” has come to full fruition. This helps you to engage your emotions, which are a critical part of the process.

Each word needs to be deeply connected with your “why?”, your purpose, and with significance, so that when you read it, it lights you up!

This resource is designed to help set yourself on fire with 10 out of 10 passion every day. By creating deep emotional connections with the significance of your “3 Year Goal Worth Dying For”, this resource becomes an extremely powerful daily tool.

- **Key 3**

Include in the “3 Year Goal Worth Dying For” what commitment you are willing to make in order to achieve this goal.

Here’s an example, “To fulfill all of these dreams by Thursday the 1st of January, 2026 I will... fill in here the price you are willing to pay and the commitment you are willing to make to achieve this goal.”

*Obviously you’ll want to set your date 3 years out from now.

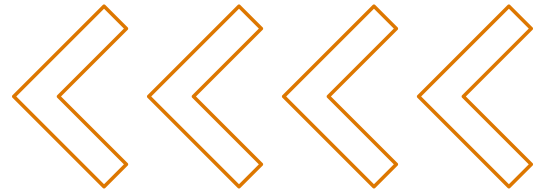
- **Key 4**

Keep it around about **5 paragraphs at the most**, or a length that you can commit to reading, writing, or declaring on a daily basis.

- **Key 5**

Date it and sign it.

3 YEAR GOAL

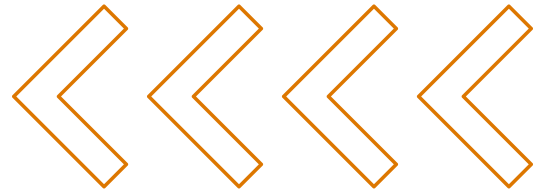


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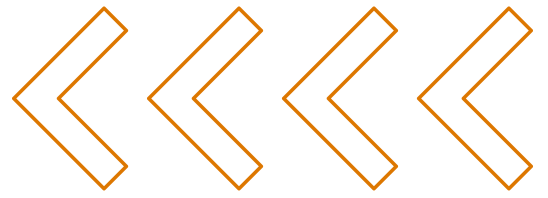


WORTH

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WORTH

DYING

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Week 3

**“Like a city whose walls are broken through
is a person who lacks self-control.”**

Proverbs 25:28 NIV



VISION



FOCUS



DISCIPLINE



EXECUTION



CONSISTENCY

Daily habits dictate your future.

In Proverbs 25:28, Solomon shares ancient wisdom that seems to be lost to much of our modern society.

If we lack discipline, or self-control, we are extremely vulnerable to enemy attacks. Another way of looking at it is, if we lack discipline, we have become our own worst enemy. Developing discipline is one of the most fundamental necessities to succeed in any area of life.

Establishing a foundation of healthy daily habits is critical if you want to set yourself apart from the vast majority of people who will never live their dreams. If you want to become one of the few people who genuinely step into the fulfillment of their wildest dreams, there are some serious requirements that you will have to wrestle with.

Your dreams aren't cheap. They don't negotiate. They don't compromise. You have to pay full price and there are non-negotiable payments that you have to make, to truly live your wildest dreams.

Your wildest dreams demand that you master discipline, execution and consistency, if you truly want to see them come to life. But it's a process to master each of these elements. That process starts with practice.

A practice becomes a habit. A habit becomes a reflex. A reflex becomes a lifestyle. A lifestyle becomes a state of being.

Another way of saying this is that our daily practices become our future. The Master The Code Challenge is designed to help you create a future, where you are thriving in every area of your life.

In The Master The Code Challenge we implement **three daily systems** designed to help us create a future where we are living our wildest dreams.

But we need to start with a warning... You're about to receive a lot of information. We have some recommendations to help you avoid getting overwhelmed.

As you start this process of implementing new daily habits, focus on consistency over intensity. Focus on incremental and sustainable change.

You'll want to avoid overwhelm, because people are more likely to quit on healthy habits and disciplines when they reach a point of overwhelm. If you can just take one more step then you're unstoppable!

So avoid overwhelm, reduce the intensity, maintain consistency. Embrace incremental sustainable changes. Refuse to quit! Remember, if you've got even one more little step inside you, you're unstoppable!

So, if you start getting a little bit overwhelmed, just pause. Relax.

Celebrate the fact that you are on a wonderful learning journey and reduce the intensity to a point where you no longer feel overwhelmed. Everyone is at a different place. Don't compare yourself to others on this journey. Celebrate your own progress and give yourself lots of grace.

Remember this is designed to be a challenge, but it's not designed to be overwhelming. You get to choose and adjust the intensity levels to suit where you are at right now.

Everything in the Master The Code Challenge is **designed to serve you, not burden you**. So if it's getting too intense, just dial it back to a point where you can maintain consistency.

With that said, let's explore the **3 daily systems** that will help you master **Discipline, Execution and Consistency**.

We will start with our system designed to build daily disciplines that produce exponential growth – the 12 Sacred Rhythms.

DISCIPLINE: 12 SACRED RHYTHMS

Our activation for mastering discipline is the 12 Sacred Rhythms.

There are 12 Sacred Rhythms in The Master The Code Challenge, which have proven time and time again to produce exponential growth in the lives of those who practice them.

We have been refining them for years and their results are exceptional and predictable. They are simple practices, but making them consistent, disciplined habits is hard.

Welcome to a challenge where we do hard things!

The culture of the world is notorious for avoiding pain, discipline, consistency, and healthy habits. The result is a culture of weak willed people that lack resilience, discipline and will power.

Imagine if Jesus had avoided pain and refused to do hard things or to embrace discipline?

As we embrace a culture of discipline and doing hard things, we fast track our character development and the fruition of our dreams.

Les Brown said it so well...

“If you do what is easy your life will become hard. But if you do what is hard your life will become easy.”

As you explore these 12 Sacred Rhythms, comment on whether you think they are achievable daily practices or not?

Sacred Rhythm 1

- **Pray in the spirit for 5 minutes**
- *Great resources for more understanding on praying in the spirit include Matt Lansdowne's Holy Spirit School on the Raising Royalty platform @ www.raisingroyalty.io, and Dave Robertson's book "The Walk of The Spirit The Walk of Power"*

Sacred Rhythm 2

- **Read one chapter of the Bible and record your favourite verse.**
- *We recommend starting with the book of Proverbs and recording your verse in either a paper or digital journal*

Sacred Rhythm 3

- **What have you learnt in the last 24 hours?**
- *Include this reflection in your journal too. It may be a very short answer or lead to deep processing.*

Sacred Rhythm 4

- **Record 3 things you are grateful for.**
- *Record your gratitudes in your journal.*

Sacred Rhythm 5

- **Daily declarations.**
- *We recommend that you turn your "3 Year Goal Worth Dying For", into a declaration that you declare each day. You may also wish to create declarations for some of the dreams on your 100 Dream list.*

Sacred Rhythm 6

- **Move your body for at least 5 minutes.**
- *Any type of movement counts.*

Sacred Rhythm 7

- **Eat something awesome.**
- *You get to define what awesome is for you, but we encourage you to intentionally eat something that will be great for your health.*

Sacred Rhythm 8

- **Drink 3 liters of water.**
- *The U.S. National Academies of Sciences, Engineering, and Medicine recommend a daily fluid intake of: About 15.5 cups (3.7 litres) of fluids a day for men. About 11.5 cups (2.7 litres) of fluids a day for women. This may vary depending on a person's size, exercise, environment, overall health, and pregnancy or breast feeding. Feel free to adjust this amount if you are struggling with that much water, but in general, it's a good amount to aim for.*

Sacred Rhythm 9

- **Intentionally love on someone.**
- *You can be as creative as you like with this. It could be anything from a smile to a wildly extravagant act of love.*

Sacred Rhythm 10

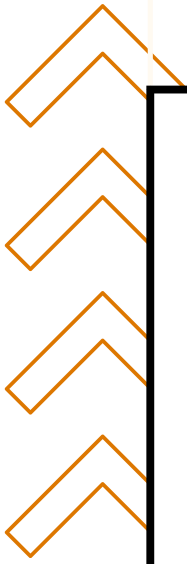
- **Practice your trigger.**
- *This is usually the most confusing of the sacred rhythms. Practice your trigger refers to practicing the presence of God. That looks taking tiny moments throughout the day to place your heart and your attention on God. The word trigger refers the practice of using an alarm, a post it note, or some other trigger to remind you to place your attention on Him.*

Sacred Rhythm 11

- **Make a genius financial move.**
- *The intention behind this Sacred Rhythm is to encourage you to be intentional regarding how you steward money. Is there an opportunity for you today to be wise in how you think about money, earn money, spend money, give money, invest money, or save money? This could include going to work, taking action on a business, educating yourself, creating content or resources. Anything industrious or any action with a focus of being a wise steward of your resources counts..*

Sacred Rhythm 12

- **Be accountable for your day.**
- *Being accountable for your day means being a part of a Master The Code Challenge community and letting the community know if you got everything done for the day. Usually this happens through some form of group chat. We often say “Nailed it!” If we completed our tasks for the day or give a brief 1 sentence update on how things went for the day. This task is also a part of our daily consistency activations*



SACRED RHYTHMS

Praying in the Spirit for 5 minutes

Read a chapter of Proverbs

Daily Declarations

Workout for at least 5 minutes

Eat something awesome

Drink 2- 3 liters of water

Intentionally love someone

Practice your trigger

Make a genius financial move

Post an accountability photo

EXECUTION: THE 555 SYSTEM

Our activation for execution is the “Triple 5 System”.

The “Triple 5 System” is designed to help you fast track your goals and dreams by taking the most strategic and significant actions possible every day. It helps you to work smarter.

It’s a simple concept... You take 5 minutes towards the start of the day to reflect on your “3 Year Goal Worth Dying For”.

With your 3 year goal in mind you ask Holy Spirit, “What are the 5 highest consequence actions that I need to take today to achieve my 3 year goal?” Then write down the 5 highest consequence/most important tasks that you need to complete for the day.

Aim to write down the tasks on your “555” list in order of their priority. List the tasks with the highest urgency and the highest importance at the top and the tasks with the lowest urgency and importance at the bottom. As much as possible aim to complete the tasks at the top of the list first.

We do this 5 days a week. Generally, we take the weekends off.

Let me summarise that...

- Take 5 minutes
- List your 5 highest consequence actions for the day
- Do it 5 days a week

****One rule that we have in the Master The Code Challenge is that we do not put any of the 12 Sacred Rhythms onto our “555” lists. So, you should never have exercise, prayer, drinking water etc, or any of the other 12 Sacred Rhythms on your “555” list.***

THE 555 SYSTEM

CONSISTENCY: DAILY ACCOUNTABILITY

Our activation for consistency is daily accountability.

Most people like the idea of the 12 Sacred Rhythms and the “555” system.

A lot of people aspire towards those types of habits, but most people lack the level of consistency, which will produce exponential growth.

These daily accountability activations are designed to help us stay consistent with healthy habits that will become our future.

There are 3 parts to our daily accountability activation:

1. Share your “555” list in the accountability chat.
2. Share a pic of something you’ve been doing during the day in the accountability chat.
3. Report back to the group in the accountability chat and let everyone know if you completed your 12 Sacred Rhythms and your “555” list or not.

We often say something short like, “Nailed it!” if we completed them all. If we didn’t, we usually sum up how the day went in a 1 sentence response.

We are accountable for the “555” 5 days a week, but we are accountable for our Sacred Rhythms every day.

You’ll need to make sure that your Master The Code community has a group chat, that all the members of the group are in it, and that everyone knows exactly where to send their daily accountability messages.

Getting Started...

Ok, this is it... you've got all the info you need...
It's time to get started. But don't get stuck on analysis paralysis.
That means, don't worry about trying to start perfectly.

There's a lot to take in and you'll get much better at mastering the process with some practice.

You're about to begin a challenge within a challenge.
This week you get to begin a **21 day cycle** of implementing all the elements of the Master The Code Challenge.

This is where the exponential growth is just waiting for you.
Go all in to get the most out of the challenge, but at the same time, avoid hitting overwhelm, by focusing on consistency over intensity.
Remember to celebrate every little bit of progress. You really don't have to get this perfect. The goal is incremental, sustainable change.

A lot of people start by taking little steps with this challenge and as they see their capacity increasing they increase the intensity incrementally.

Everything in the Master The Code Challenge is designed to be a blessing not a burden. But if you have the mindset that you are obligated to do everything perfectly right from the start, a system that is designed to bless you could become an obligation that you resent.

- Avoid overwhelm.
- Avoid obligation.
- Don't try to start perfectly.
- Start with what you understand and what you think is achievable.
- Start with an intensity that is sustainable.
- Challenge yourself, but enjoy the journey.

You're about to grow in amazing ways.
We're all backing you for great results.

Let's go!

GROUP QUESTIONS

- **1.** Do you have any questions about the 12 Sacred Rhythms?
- **2.** Do you have any questions about the “555” System?
- **3.** Do you have any questions about the 3 steps in the daily accountability system?
- **4.** Should you put any of the 12 Sacred Rhythm on your “555” list?
- **5.** How do you feel about getting started with the challenge this week?



DATE:

DAY 1

SACRED RHYTHMS

Praying in the Spirit for 5 minutes

Read a chapter of Proverbs

Daily Declarations

Workout for at least 5 minutes

Eat something awesome

Drink 2- 3 liters of water

Intentionally love someone

Practice your trigger

Make a genius financial move

Post an accountability photo

FAVORITE VERSE

555 SYSTEM

WHAT DID I LEARN IN THE LAST 24 HRS?

GRATITUDES

DATE:

DAY 2

SACRED RHYTHMS

Praying in the Spirit for 5 minutes

Read a chapter of Proverbs

Daily Declarations

Workout for at least 5 minutes

Eat something awesome

Drink 2- 3 liters of water

Intentionally love someone

Practice your trigger

Make a genius financial move

Post an accountability photo

FAVORITE VERSE

555 SYSTEM

WHAT DID I LEARN IN THE LAST 24 HRS?

GRATITUDES

DATE:

DAY 3

SACRED RHYTHMS

Praying in the Spirit for 5 minutes

Read a chapter of Proverbs

Daily Declarations

Workout for at least 5 minutes

Eat something awesome

Drink 2- 3 liters of water

Intentionally love someone

Practice your trigger

Make a genius financial move

Post an accountability photo

FAVORITE VERSE

555 SYSTEM

WHAT DID I LEARN IN THE LAST 24 HRS?

GRATITUDES

DATE:

DAY 4

SACRED RHYTHMS

Praying in the Spirit for 5 minutes

Read a chapter of Proverbs

Daily Declarations

Workout for at least 5 minutes

Eat something awesome

Drink 2- 3 liters of water

Intentionally love someone

Practice your trigger

Make a genius financial move

Post an accountability photo

FAVORITE VERSE

555 SYSTEM

WHAT DID I LEARN IN THE LAST 24 HRS?

GRATITUDES

DATE:

DAY 5

SACRED RHYTHMS

Praying in the Spirit for 5 minutes

Read a chapter of Proverbs

Daily Declarations

Workout for at least 5 minutes

Eat something awesome

Drink 2- 3 liters of water

Intentionally love someone

Practice your trigger

Make a genius financial move

Post an accountability photo

FAVORITE VERSE

555 SYSTEM

WHAT DID I LEARN IN THE LAST 24 HRS?

GRATITUDES

DATE:

DAY 6

SACRED RHYTHMS

Praying in the Spirit for 5 minutes

Read a chapter of Proverbs

Daily Declarations

Workout for at least 5 minutes

Eat something awesome

Drink 2- 3 liters of water

Intentionally love someone

Practice your trigger

Make a genius financial move

Post an accountability photo

FAVORITE VERSE

555 SYSTEM

WHAT DID I LEARN IN THE LAST 24 HRS?

GRATITUDES

DATE:

DAY 7

SACRED RHYTHMS

Praying in the Spirit for 5 minutes

Read a chapter of Proverbs

Daily Declarations

Workout for at least 5 minutes

Eat something awesome

Drink 2- 3 liters of water

Intentionally love someone

Practice your trigger

Make a genius financial move

Post an accountability photo

FAVORITE VERSE

555 SYSTEM

WHAT DID I LEARN IN THE LAST 24 HRS?

GRATITUDES

Week 4

**“Like a city whose walls are broken through
is a person who lacks self-control.”**

Proverbs 25:28 NIV



VISION



FOCUS



DISCIPLINE



EXECUTION



CONSISTENCY

GROUP QUESTIONS

- **1.** Which parts of this challenge do you need more clarity on at this point?
- **2.** Which aspects of this challenge are you finding most beneficial so far?
- **3.** How have you been moving your body this week?
- **4.** What has been the hardest aspect of this challenge so far?
- **5.** What positive actions big or small, have you taken in this challenge that you can celebrate?

Homework

Master The Code Journal
Day 8-14



DATE:

DAY 8

SACRED RHYTHMS

Praying in the Spirit for 5 minutes

Read a chapter of Proverbs

Daily Declarations

Workout for at least 5 minutes

Eat something awesome

Drink 2- 3 liters of water

Intentionally love someone

Practice your trigger

Make a genius financial move

Post an accountability photo

FAVORITE VERSE

555 SYSTEM

WHAT DID I LEARN IN THE LAST 24 HRS?

GRATITUDES

DATE:

DAY 9

SACRED RHYTHMS

Praying in the Spirit for 5 minutes

Read a chapter of Proverbs

Daily Declarations

Workout for at least 5 minutes

Eat something awesome

Drink 2- 3 liters of water

Intentionally love someone

Practice your trigger

Make a genius financial move

Post an accountability photo

FAVORITE VERSE

555 SYSTEM

WHAT DID I LEARN IN THE LAST 24 HRS?

GRATITUDES

DATE:

DAY 10

SACRED RHYTHMS

Praying in the Spirit for 5 minutes

Read a chapter of Proverbs

Daily Declarations

Workout for at least 5 minutes

Eat something awesome

Drink 2- 3 liters of water

Intentionally love someone

Practice your trigger

Make a genius financial move

Post an accountability photo

FAVORITE VERSE

555 SYSTEM

WHAT DID I LEARN IN THE LAST 24 HRS?

GRATITUDES

DATE:

DAY 11

SACRED RHYTHMS

Praying in the Spirit for 5 minutes

Read a chapter of Proverbs

Daily Declarations

Workout for at least 5 minutes

Eat something awesome

Drink 2- 3 liters of water

Intentionally love someone

Practice your trigger

Make a genius financial move

Post an accountability photo

FAVORITE VERSE

555 SYSTEM

WHAT DID I LEARN IN THE LAST 24 HRS?

GRATITUDES

DATE:

DAY 12

SACRED RHYTHMS

Praying in the Spirit for 5 minutes

Read a chapter of Proverbs

Daily Declarations

Workout for at least 5 minutes

Eat something awesome

Drink 2- 3 liters of water

Intentionally love someone

Practice your trigger

Make a genius financial move

Post an accountability photo

FAVORITE VERSE

555 SYSTEM

WHAT DID I LEARN IN THE LAST 24 HRS?

GRATITUDES

DATE:

DAY 13

SACRED RHYTHMS

Praying in the Spirit for 5 minutes

Read a chapter of Proverbs

Daily Declarations

Workout for at least 5 minutes

Eat something awesome

Drink 2- 3 liters of water

Intentionally love someone

Practice your trigger

Make a genius financial move

Post an accountability photo

FAVORITE VERSE

555 SYSTEM

WHAT DID I LEARN IN THE LAST 24 HRS?

GRATITUDES

DATE:

DAY 14

SACRED RHYTHMS

Praying in the Spirit for 5 minutes

Read a chapter of Proverbs

Daily Declarations

Workout for at least 5 minutes

Eat something awesome

Drink 2- 3 liters of water

Intentionally love someone

Practice your trigger

Make a genius financial move

Post an accountability photo

FAVORITE VERSE

555 SYSTEM

WHAT DID I LEARN IN THE LAST 24 HRS?

GRATITUDES

Week 5

**“Like a city whose walls are broken through
is a person who lacks self-control.”**

Proverbs 25:28 NIV



VISION



FOCUS



DISCIPLINE



EXECUTION



CONSISTENCY

GROUP QUESTIONS

- **1.** What are you most grateful for this week?
- **2.** Have you developed more focus since you started this challenge and if so, what does that look like for you?
- **3.** What dreams are you proactively working towards in your life right now and how are you doing that?
- **4.** How has your connection with God been influenced since you started this challenge?
- **5.** Which of the 12 Sacred Rhythms are you enjoying the most?

HOMEWORK

Master The Code Journal
Day 9-21



DATE:

DAY 15

SACRED RHYTHMS

Praying in the Spirit for 5 minutes

Read a chapter of Proverbs

Daily Declarations

Workout for at least 5 minutes

Eat something awesome

Drink 2- 3 liters of water

Intentionally love someone

Practice your trigger

Make a genius financial move

Post an accountability photo

FAVORITE VERSE

555 SYSTEM

WHAT DID I LEARN IN THE LAST 24 HRS?

GRATITUDES

DATE:

DAY 16

SACRED RHYTHMS

Praying in the Spirit for 5 minutes

Read a chapter of Proverbs

Daily Declarations

Workout for at least 5 minutes

Eat something awesome

Drink 2- 3 liters of water

Intentionally love someone

Practice your trigger

Make a genius financial move

Post an accountability photo

FAVORITE VERSE

555 SYSTEM

WHAT DID I LEARN IN THE LAST 24 HRS?

GRATITUDES

DATE:

DAY 17

SACRED RHYTHMS

Praying in the Spirit for 5 minutes

Read a chapter of Proverbs

Daily Declarations

Workout for at least 5 minutes

Eat something awesome

Drink 2- 3 liters of water

Intentionally love someone

Practice your trigger

Make a genius financial move

Post an accountability photo

FAVORITE VERSE

555 SYSTEM

WHAT DID I LEARN IN THE LAST 24 HRS?

GRATITUDES

DATE:

DAY 18

SACRED RHYTHMS

Praying in the Spirit for 5 minutes

Read a chapter of Proverbs

Daily Declarations

Workout for at least 5 minutes

Eat something awesome

Drink 2- 3 liters of water

Intentionally love someone

Practice your trigger

Make a genius financial move

Post an accountability photo

FAVORITE VERSE

555 SYSTEM

WHAT DID I LEARN IN THE LAST 24 HRS?

GRATITUDES

DATE:

DAY 19

SACRED RHYTHMS

Praying in the Spirit for 5 minutes

Read a chapter of Proverbs

Daily Declarations

Workout for at least 5 minutes

Eat something awesome

Drink 2- 3 liters of water

Intentionally love someone

Practice your trigger

Make a genius financial move

Post an accountability photo

FAVORITE VERSE

555 SYSTEM

WHAT DID I LEARN IN THE LAST 24 HRS?

GRATITUDES

DATE:

DAY 20

SACRED RHYTHMS

Praying in the Spirit for 5 minutes

Read a chapter of Proverbs

Daily Declarations

Workout for at least 5 minutes

Eat something awesome

Drink 2- 3 liters of water

Intentionally love someone

Practice your trigger

Make a genius financial move

Post an accountability photo

FAVORITE VERSE

555 SYSTEM

WHAT DID I LEARN IN THE LAST 24 HRS?

GRATITUDES

DATE:

DAY 21

SACRED RHYTHMS

Praying in the Spirit for 5 minutes

Read a chapter of Proverbs

Daily Declarations

Workout for at least 5 minutes

Eat something awesome

Drink 2- 3 liters of water

Intentionally love someone

Practice your trigger

Make a genius financial move

Post an accountability photo

FAVORITE VERSE

555 SYSTEM

WHAT DID I LEARN IN THE LAST 24 HRS?

GRATITUDES

Week 6

“Never doubt God's mighty power to work in you and accomplish all this. He will achieve infinitely more than your greatest request, your most unbelievable dream, and exceed your wildest imagination! He will outdo them all, for his miraculous power constantly energizes you.” Ephesians 3:20 TPT

CONCLUSION



GROUP QUESTIONS

- **1.** During this challenge who has encouraged you or inspired you and how?
- **2.** Do you believe that this verse applies to you?

Never doubt God's mighty power to work in you and accomplish all this. He will achieve infinitely more than your greatest request, your most unbelievable dream, and exceed your wildest imagination! He will outdo them all, for his miraculous power constantly energizes you.

Ephesians 3:20 TPT

- **3.** The Master The Code Challenge is based on 5 elements: Vision, Focus, Discipline, Execution and Consistency. How important is this elements for the next generation?
- **4.** How has this 6 Week Master The Code Challenge helped you build momentum towards your goals and dreams?
- **5.** Who would you personally like to encourage and inspire to pursue their dreams and how would you like to do that?



CONCLUDING THOUGHTS

Thank you so much for participating in the Master The Code 6 Week Challenge. We are fully persuaded that your dreams are solutions from Heaven for a world in crisis. They are priceless beyond words.

On the other end of your dreams are people in desperate need, and God has called you to be His answer, His hands and feet.

It is the nature of love to out dream darkness. God wants to dream with you. God wants to create the future with you.

There's no expression of evil that love is ok with - so, dream big! Partner with God to establish His Kingdom, on Earth as in Heaven.

Pursuing your wildest dreams is not going to be an easy road. It's going to have its trials and challenges. But your dreams are worth it. Your dreams are worth every sacrifice, every struggle, every painful step, which is paving the way to a world more beautiful than you've ever imagined possible!

“Never doubt God's mighty power to work in you and accomplish all this. He will achieve infinitely more than your greatest request, your most unbelievable dream, and exceed your wildest imagination! He will outdo them all, for his miraculous power constantly energizes you.” Ephesians 3:20 TPT

On behalf of the Raising Royalty movement, thank you for your participation and congratulations on completing the 6 Week Master The Code Challenge!

May God bless you and bless your dreams.
Shalom and all our love,
Benji Alexander

If the Master The Code 6 Week Challenge has been a blessing for you, we would love to encourage you to share it with others either in person or online.

If you need any help in sharing the Master The Code Challenge, you could ask the person who introduced you to the challenge for ideas on how to share it with others, you could visit www.raisingroyalty.com for more info, or email our dream team: support@raisingroyalty.com.

We look forward to serving you more in the process of becoming unstoppable, renewing your mind, destroying your limits and unleashing your dreams.

Join our Raising Royalty Platform and Download our App



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**Raising Royalty
App**