



The Taste and See Freedom Enjoying Your Life Challenge

YOU CAN ENJOY
The Life God has Given You!

with *Hilare Moniz*

Prophetic Life & Strategy Coach, Certified Heart Healing Minister,
Mentor, Entrepreneur, Artist, Biblical Teacher, and Founder and Leader:
Taste & See Freedom, Taste & See Empowerment, and other Communities

LEARN 5 EASY STEPS TO ENJOYING YOUR LIFE

BY HILARE MONIZ

Watch the Welcome Video Here



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watch the video

HELLO THERE,

I am so glad you are here! I want to share with you my journey. In July 2019, God said to me, may I challenge you to enjoy the life I have given you? I hated who I was and the situation I found myself. I was full of resent for lost time, opportunities, and resources.



"I want invite you on the Taste and See Journey to Freedom!"

When I cried out to God he said to me, "Selfishness led you into victimhood and you need to come to a place where you have no one left to blame." WOW!

Let me share with you the frameworks God gave me to take you on a journey to freedom in your life!

God Bless! Get Ready to Enjoy!
I look forward to meeting you!

Ailare Moniz

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WHEN I ASKED GOD
WHY AM I NOT
ENJOYING MY LIFE HE
SAID,
"HILARE, IT WAS
YOUR SELFISHNESS
THAT LED YOU INTO
VICTIMHOOD.

YOU MUST COME
TO A PLACE WHERE
YOU HAVE NOBODY
LEFT TO BLAME."

-GOD

Step 1

PRAY IN THE SPIRIT FOR ONE HOUR

Have you felt like life is out of control and you hate who you are and where you find yourself in life? Do you think there must be a better way to live my life? Have you tried retail therapy, relationships, and everything else but can't enjoy your life? I was in a similar place when God gave me this 5 step framework to enjoy my life. He said if I would do these 5 things I have listed on these pages I would enjoy my life and He was right! The first thing he said was:

Pray in the spirit for 60 minutes! Can you pray with others to make this more fun and powerful?

I asked God why? He said because you don't know how to pray but I do. I know how to give you the life that I have in mind for you. A life of blessings. I know the plans I have for you!

Watch the Step 1 video Here



Click on the image above to watch the video

In 60 minutes you can change your life!..

Step 2

PRAISE ME BECAUSE I AM GOOD

Why- When praising we were not complaining, comparing, and criticizing and we were filled with JOY!

Make a list of things why you can praise God
Here are a few examples

- [illegible]

Step 3

PRACTICE MY GOODNESS AND PRAY
FOR SOMEONE ELSE AND THEN
INTENTIONALLY DO THEM GOOD

Why? This exercise revealed how selfish I can be at times. When I have to go out of my way for someone else I realized how self absorbed I can be. Do I live my life for what God can do for others?

Write out a prayer here:

Watch Video for Step 3 Here



Click on the image above to watch the video

Step 4

WRITE JESUS A LETTER

Why? God is challenging us to look to Him and open our eyes and hearts for what he sees, wants and has to others and to walk that out and not to worry about ourselves. Not to get preoccupied about our needs, wants, and issues.

Dear Jesus,

How can I put you first!

How can I put others second and leave the rest up to you, Jesus.

Watch Video for Step 4 Here



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watch the video

Step 5

TESTIFY TO WHAT GOD HAS DONE

Watch Video for Step 5 Here



Click on the image above to watch the video



TESTIMONIES

CLICK ON THE NAME

DONNA WATSON

JILL COOK

CHRISTY TROMBLEY

DEVON CHOQUE

"I HAVE GROWN SO MUCH IN OUR GROUP. I HAVE TAKEN THE LESSONS AND THE LORD IS BUILDING ON THEM POURING INTO ME IN WAYS I COULD NEVER HAVE IMAGINED."

SANDRA

"THE PRESENCE OF GOD THAT HILARE CARRIES WITH HER IS SO POWERFUL AND SO NEEDED!"

DASHA

HILARE IS VERY PROPHETIC WITH GREAT BALANCE OF THE WORD AND GRACE IN THE TRUE LOVE OF GOD. SHE IS ALSO VERY ENGAGING AND HAS A SINCERE HEART OF CARING FOR EVERYONE IN THE GROUP.

JANEIL



FIND OUT MORE

Are you ready to take the first step of the Taste and See Journey to Freedom? To discover more about Taste and See Freedom ministries please click the link below to visit our website.

[CLICK HERE >](#)

If you would like to book a discovery call with Hilare click the link below.

[CLICK HERE](#)

Watch Video for the Gala Here



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