

ANNABELLE - SINGLE (28)

Jeff and I have been dating for 6 months. We're very happy together. Don't get me wrong that everything was perfect from day one. There were several things that bothered me about Jeff at first. One example is that when we met, Jeff was inexperienced in relationship, and to be quite honest, I had to be very patient with him and even take the lead on some things. Also, Jeff is a serious, down to earth, type of guy; in fact, at first, I thought he was too geeky for me to date because I'm fun and a free spirit. But I couldn't have made a better choice, Jeff is warm and dependable, he has many qualities that are priceless.

ATTACHMENT STYLE _____

BETH - SINGLE (33)

I finally met a great guy, a really great guy. Trevor and I have been out together twice and I already feel myself falling in love. It's so hard to find someone I'm compatible with. I'm only attracted to a certain type of man and then what are the chances he'll also find me attractive? The odds are against me on this one. So now that I've met Trevor, I want to make sure I do everything right. I can't afford to make any mistakes. One wrong move, and I could jeopardize the entire thing. I'm waiting for him to set the pace because I don't want to seem too eager. Is it too soon to send a text message to see when we're going out again? I could make it seem laid-back and spontaneous, don't you think? Or, maybe I'll send him a funny meme? Yes, that definitely says I'm a cool girl who doesn't really want anything from him, just here to have fun.

ATTACHMENT STYLE _____

STEPHEN - SINGLE (35)

Stephen just ended his relationship with Amy. He's very disappointed, but he knows he couldn't of spent his life with her. They dated for a couple months and at first he was sure that he found the woman of his dreams. But then little things about her started to bother him, and he knows he shouldn't but he's started to focus on these flaws. They have made him stop having feelings towards her, and once he stops having feelings towards someone he can't stay a minute longer. He just has to keep searching. He knows that the right woman is somewhere out there waiting for him no matter how long it takes. He knows that when he meets her he will immediately feel something different and know he's found "the one."

ATTACHMENT STYLE _____

MATTHEW - SINGLE (42)

I've only dated three people in my life, including Marcy. We met a couple years ago, I remember Marcy was very unsettled by this fact. She kept grilling me about my past relationships. When she realized I really had told her about all my relationships and was not holding anything back, she looked puzzled and asked if I had felt I was missing out on something. She wondered if I had been worried that I was by myself for too long? Or that I wasn't going to find someone? Honestly, the thought that I wouldn't find someone never crossed my mind. Sure I had my share of disappointments, but I figured that when the time was right, it would happen. And it did. I knew I loved Marcy almost immediately and told her so. When did she reciprocate? I don't actually remember, but I knew she was crazy about me even before she told me.

ATTACHMENT STYLE _____

(BONUS) WHAT IS MARCY'S ATTACHMENT STYLE? _____

CARRIE - SINGLE (45)

This Valentine's Day will mark the beginning of the year when I will find my husband. I'm tired of being alone. I'm sick of coming back to an empty home, going to movies by myself, and not being able to have sex. This year I will find someone wonderful who will be mine! In the past, I devoted myself completely to the people I was dating and I got badly hurt. I lost faith in finding someone good. But I now have overcome the fear of getting hurt. I'm going to put myself out there, and I will need to take a risk to lose myself. I understand if there's no pain, there's no gain, and without me opening my heart there's no chance that someone could enter. I will not give into desperation. I deserve to be happy!

ATTACHMENT STYLE _____

KAYLEE - SINGLE (31)

Kaylee has been with her boyfriend for 9 months but still reminisces about the freedom that she enjoyed when she was single. She seems to have forgotten that in actuality she was very lonely and depressed when she was on her own, and has romanticized that time in her mind and wishes she could go back to it.

ATTACHMENT STYLE _____