

Dear Heavenly Father,

In obedience to your instructions to forgive others, I purpose and choose to forgive
name of person who offended you
for
state the offense that was caused against you
Ī release
name of person who offended you
I cancel the debt they owe to me from this trauma.
God, I ask you to forgive me for any unforgiveness and bitterness toward
name of person who offended you
in this situation.
In the name of Jesus, I cancel all of Satan's power and authority over me from this trauma, because I have forgiven them and God has forgiven me. It is done and now it is over forever.
Holy Spirit, please come and heal my heart, and tell me your truth about this situation.
What is Holy Spirit saying?