



Keyspire<sup>®</sup>

Signature

Mastermind Program

Lifestyle Freedom  
Workshop

# Agenda

## Lifestyle Freedom Workshop



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# Mastermind Program

## Ground Rules



- Have open and honest conversations
- This is all confidential
- No judgement environment
- Add value to your workshop group
- Have fun!

# Mastermind Program **Goals**



Keyspire's Goal:

To put you in control of your future

The Mastermind Program Goal:

To reach your Lifestyle Freedom Day

***“Being consistently good  
creates more progress than  
being occasionally great”***

***-Michael Sarracini***

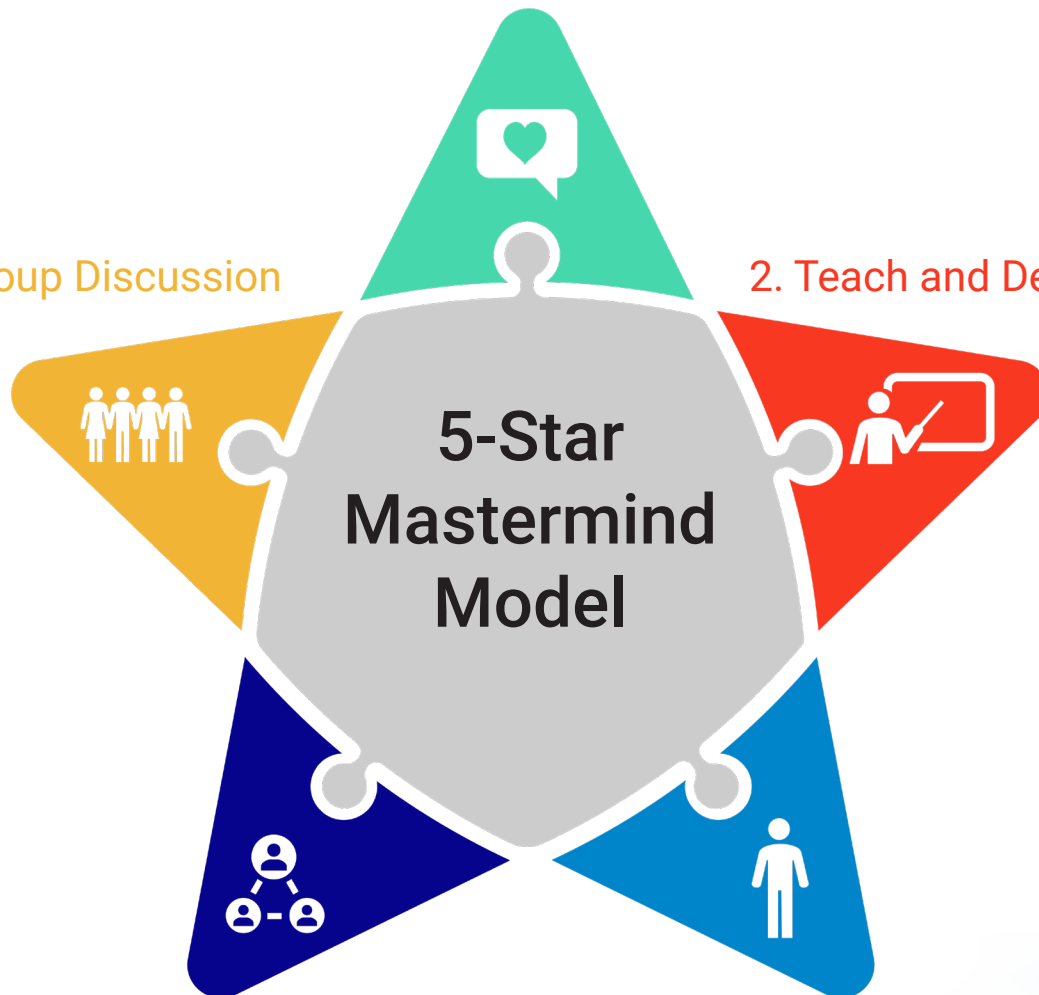
# Keyspire's Unique 5-Star Mastermind Model



1. Story and/or Discussion Questions

5. Full Group Discussion

2. Teach and Demonstrate



4. Breakout Group Discussions

3. Individual Activity

# Mastermind Member

## 9 Core Values



COMMUNITY



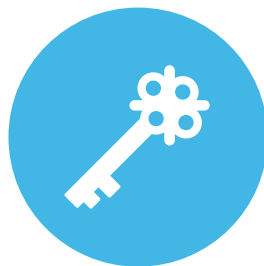
COACHABLE



MINDSET



ATTITUDE



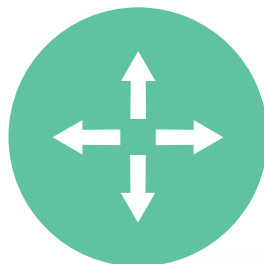
LIFESTYLE  
FREEDOM



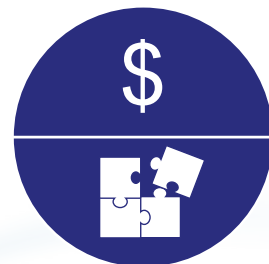
CONTROL



PATIENT



CHANGE



INCOME OR  
DRIVE



# PART ONE

Lifestyle Freedom Mindset

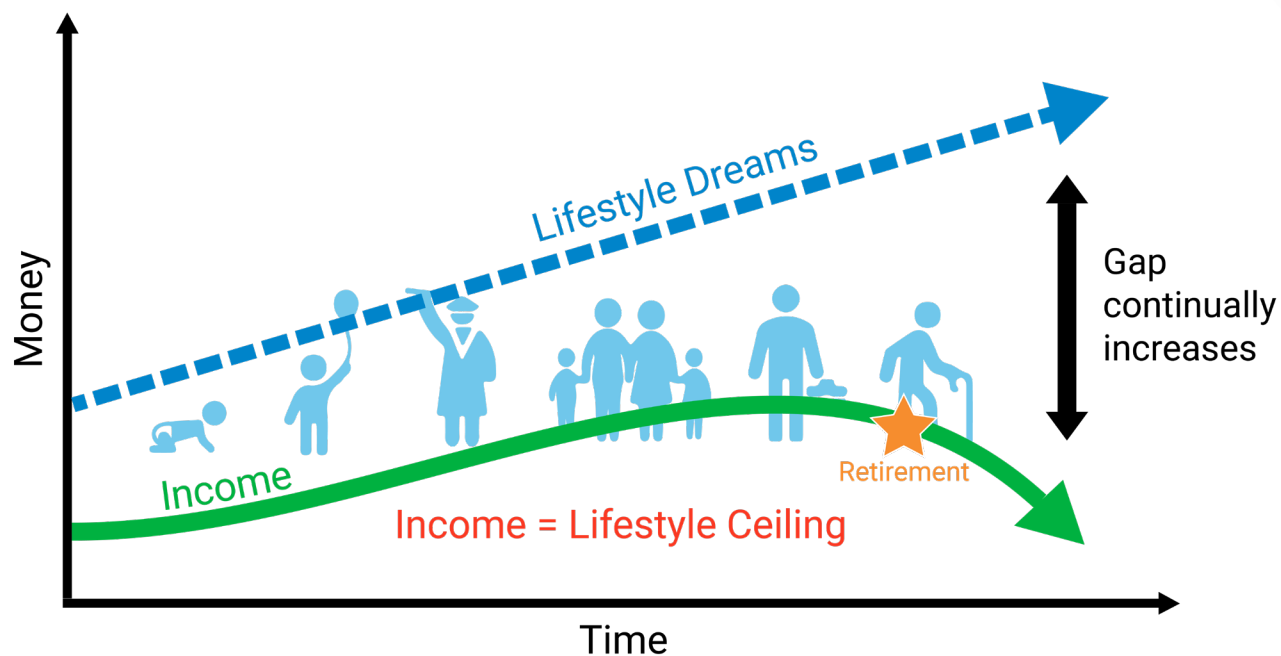


- Michael Sarracini

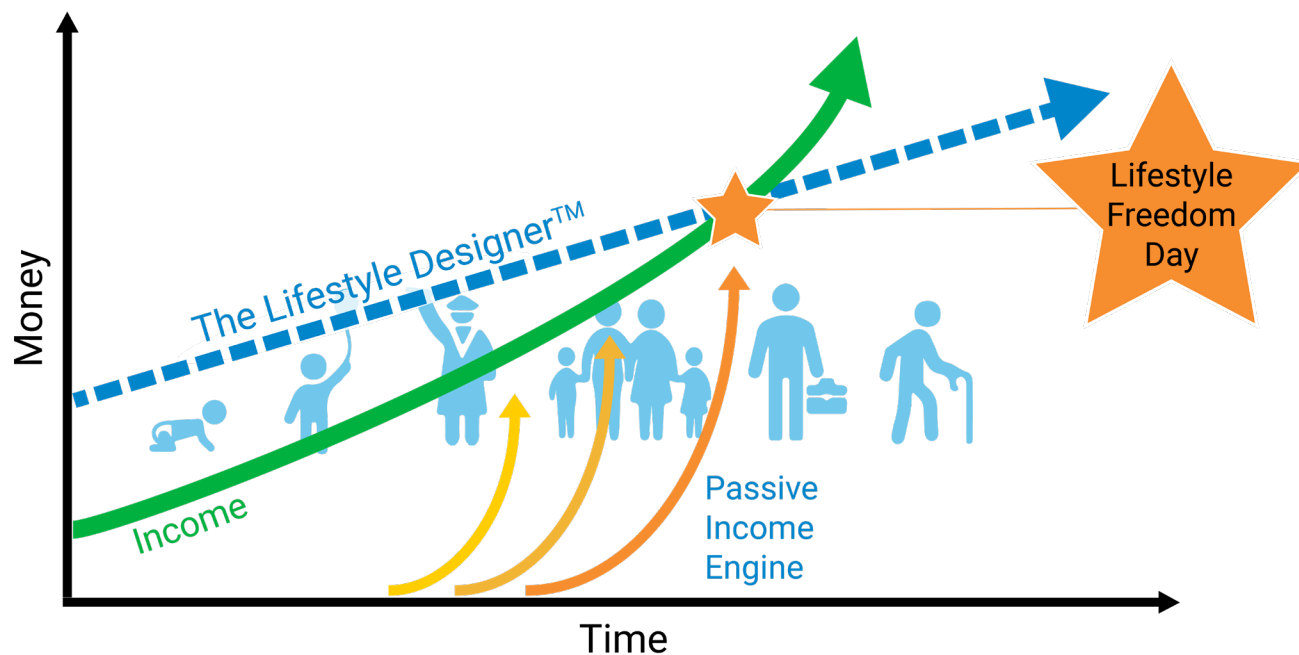


Date:

## Typical Person: Lifestyle by DEFAULT



## Keyspire Members: Lifestyle by DESIGN





The diagram consists of four horizontal bars, each representing a different life domain. The bars are stacked vertically and are set against a background of a light gray grid. The first bar is blue and labeled 'HOME'. The second bar is pink and labeled 'HEALTH'. The third bar is teal and labeled 'WORK'. The fourth bar is orange and labeled 'COMMUNITY'. Each bar is centered horizontally and has a white border.

| Domain    | Color  |
|-----------|--------|
| HOME      | Blue   |
| HEALTH    | Pink   |
| WORK      | Teal   |
| COMMUNITY | Orange |

FAMILY

FINANCE

LEARNING & DEVELOPMENT

PLAY

Date:

# DESIGNED LIFESTYLE WISH LIST SAMPLE



What would my life look like if I could have everything I ever wanted?

## HOME

- Renovate the kitchen
- Add pool
- Own a vacation property for personal use

## FAMILY

- Be more present to enjoy the everyday moments
- Have the kids and grandkids over for a family dinner once a week

## HEALTH

- Believe in myself
- Eat healthy
- Meditate daily
- Run a marathon

## FINANCE

- Be bad debt free!
- Let passive income support my family's needs and wants

## WORK

- Work because I love to, not because I have to
- Spend more time on the phone with clients vs. doing admin work

## LEARNING & DEVELOPMENT

- Learn how to manage a multi-family property
- Learn to play the piano

## COMMUNITY

- Be able to mentor somebody who is just starting out in real estate investing
- Contribute more to the development of Sick Kids Hospital

## PLAY

- Go on a family vacation at least twice a year
- Join a soccer league

Name:

Date:

# THE LIFESTYLE DESIGNER™



How much do you want to spend in each of the life scenarios?

|                                                                  | SURVIVAL  | COMFORT   | LUXURY    | NOTES |
|------------------------------------------------------------------|-----------|-----------|-----------|-------|
|                                                                  | Annual    | Annual    | Annual    |       |
| <b>Required Lifestyle Freedom Day Passive Income (After Tax)</b> | \$        | \$        | \$        |       |
| <b>HOME &amp; LIVING TOTALS</b>                                  | <b>\$</b> | <b>\$</b> | <b>\$</b> |       |
| Mortgage                                                         | \$        | \$        | \$        |       |
| Electricity                                                      | \$        | \$        | \$        |       |
| Heating                                                          | \$        | \$        | \$        |       |
| Property Taxes                                                   | \$        | \$        | \$        |       |
| Vehicle Lease                                                    | \$        | \$        | \$        |       |
| Auto Insurance                                                   | \$        | \$        | \$        |       |
| Cell Phone                                                       | \$        | \$        | \$        |       |
| Internet                                                         | \$        | \$        | \$        |       |
|                                                                  | \$        | \$        | \$        |       |
| <b>SUBSCRIPTIONS TOTALS</b>                                      | <b>\$</b> | <b>\$</b> | <b>\$</b> |       |
|                                                                  | \$        | \$        | \$        |       |
|                                                                  | \$        | \$        | \$        |       |
| <b>HEALTH &amp; WELLNESS TOTALS</b>                              | <b>\$</b> | <b>\$</b> | <b>\$</b> |       |
|                                                                  | \$        | \$        | \$        |       |
|                                                                  | \$        | \$        | \$        |       |
| <b>CHILD EXPENSES TOTAL</b>                                      | <b>\$</b> | <b>\$</b> | <b>\$</b> |       |
|                                                                  | \$        | \$        | \$        |       |
|                                                                  | \$        | \$        | \$        |       |
| <b>ENTERTAINMENT &amp; TRAVEL TOTALS</b>                         | <b>\$</b> | <b>\$</b> | <b>\$</b> |       |
|                                                                  | \$        | \$        | \$        |       |
|                                                                  | \$        | \$        | \$        |       |
| <b>PERSONAL DEVELOPMENT &amp; TRAINING TOTALS</b>                | <b>\$</b> | <b>\$</b> | <b>\$</b> |       |
|                                                                  | \$        | \$        | \$        |       |
|                                                                  | \$        | \$        | \$        |       |
| <b>OTHER TOTALS</b>                                              | <b>\$</b> | <b>\$</b> | <b>\$</b> |       |
|                                                                  | \$        | \$        | \$        |       |
|                                                                  | \$        | \$        | \$        |       |

Name:

Date:

# THE LIFESTYLE DESIGNER™ SAMPLE



|                                                                  | SURVIVAL        | COMFORT          | LUXURY           | NOTES |
|------------------------------------------------------------------|-----------------|------------------|------------------|-------|
|                                                                  | Annual          | Annual           | Annual           |       |
| <b>Required Lifestyle Freedom Day Passive Income (After Tax)</b> | <b>\$50,000</b> | <b>\$120,000</b> | <b>\$180,000</b> |       |
| <b>HOME &amp; LIVING TOTALS</b>                                  | <b>\$34,000</b> | <b>\$50,000</b>  | <b>\$70,000</b>  |       |
| Mortgage                                                         | \$25,850        | \$33,825         | \$49,800         |       |
| Utilities                                                        | \$2,000         | \$3,000          | \$3,000          |       |
| Property Taxes                                                   | \$4,000         | \$6,000          | \$8,000          |       |
| Vehicle Lease                                                    | \$0             | \$5,000          | \$7,000          |       |
| Auto Insurance                                                   | \$2,000         | \$2,000          | \$2,000          |       |
| Cell Phone                                                       | \$50            | \$75             | \$100            |       |
| Internet                                                         | \$100           | \$100            | \$100            |       |
|                                                                  | \$              | \$               | \$               |       |
| <b>SUBSCRIPTIONS TOTALS</b>                                      | <b>\$500</b>    | <b>\$2,000</b>   | <b>\$2,000</b>   |       |
| Streaming services                                               | \$250           | \$1,000          | \$1,000          |       |
| Other subscriptions                                              | \$250           | \$1,000          | \$1,000          |       |
| <b>HEALTH &amp; WELLNESS TOTALS</b>                              | <b>\$1,500</b>  | <b>\$5,000</b>   | <b>\$10,000</b>  |       |
| Fitness                                                          | \$1,000         | \$2,000          | \$5,000          |       |
| Personal care                                                    | \$500           | \$3,000          | \$5,000          |       |
| <b>CHILD EXPENSES TOTAL</b>                                      | <b>\$4,000</b>  | <b>\$9,000</b>   | <b>\$12,000</b>  |       |
| Daycare                                                          | \$0             | \$416            | \$416            |       |
| Programs & activities                                            | \$4,000         | \$8,584          | \$11,584         |       |
| <b>ENTERTAINMENT &amp; TRAVEL TOTALS</b>                         | <b>\$0</b>      | <b>\$30,000</b>  | <b>\$50,000</b>  |       |
| Dinner/Movies/Entertainment                                      | \$0             | \$10,000         | \$10,000         |       |
| Travel                                                           | \$0             | \$20,000         | \$40,000         |       |
| <b>PERSONAL DEVELOPMENT &amp; TRAINING TOTALS</b>                | <b>\$10,000</b> | <b>\$14,000</b>  | <b>\$20,000</b>  |       |
| Real Estate Investing Education                                  | \$10,000        | \$12,000         | \$15,000         |       |
| Additional education                                             | \$              | \$2,000          | \$5,000          |       |
| <b>OTHER TOTALS</b>                                              | <b>\$0</b>      | <b>\$10,000</b>  | <b>\$16,000</b>  |       |
|                                                                  | \$              | \$10,000         | \$16,000         |       |
|                                                                  | \$              | \$               | \$               |       |

Name:

Date:

## NOTES



## NOTES





# PART TWO

The Portfolio Maximizer™

# THE PORTFOLIO MAXIMIZER™



Available Capital  
\$ \_\_\_\_\_

Public Market  
\$ \_\_\_\_\_

Private Real Estate Dial: \_\_\_\_

Private Real Estate  
\$ \_\_\_\_\_

Investment Property:  
\$ \_\_\_\_\_

Private Lending:  
\$ \_\_\_\_\_

Private Equity:  
\$ \_\_\_\_\_

|                    |                     |                         |
|--------------------|---------------------|-------------------------|
| Available Capital: | Private Real Estate | Investor Activity Level |
| \$ _____           | ____/____           | ____/____               |

|    |           |          |          |          |          |          |          |    |
|----|-----------|----------|----------|----------|----------|----------|----------|----|
|    | Invested  | \$ _____ | \$ _____ | \$ _____ | \$ _____ | \$ _____ | \$ _____ |    |
| %  | ROR       | _____    | _____    | _____    | _____    | _____    | _____    | %  |
| \$ | ROI       | _____    | _____    | _____    | _____    | _____    | _____    | \$ |
| \$ | Cash Flow | _____    | _____    | _____    | _____    | _____    | _____    | \$ |

Name: \_\_\_\_\_

Date: \_\_\_\_\_

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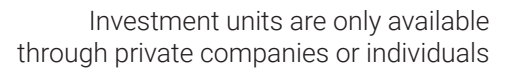
## NOTES





# PART THREE

The Private Real Estate Dial™



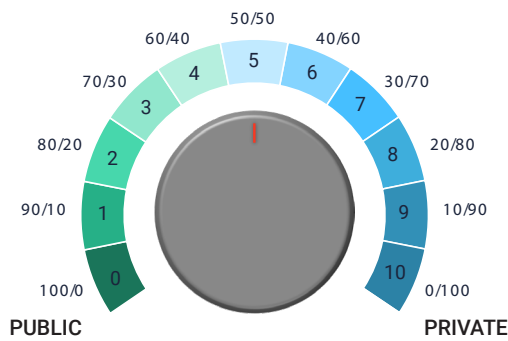
Date:

# WHERE I AM VS WHERE I WANT TO BE

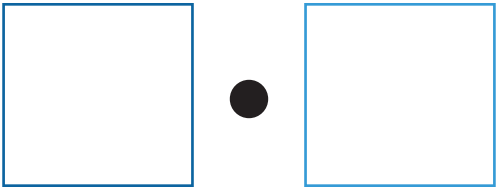
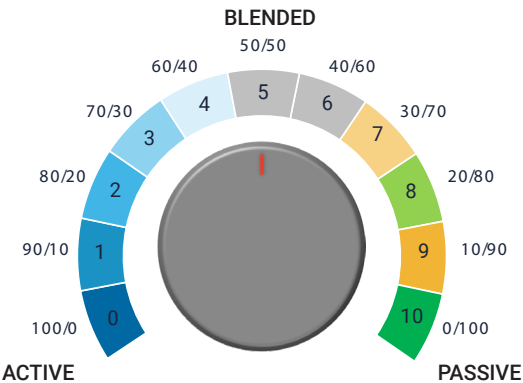


TODAY

THE PRIVATE REAL ESTATE DIAL™

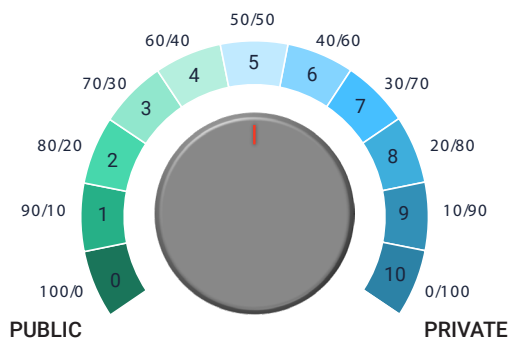


THE INVESTOR ACTIVITY DIAL™

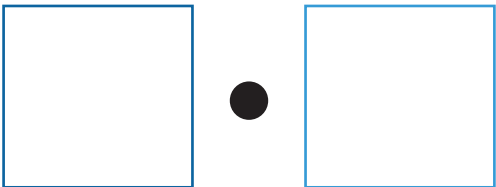
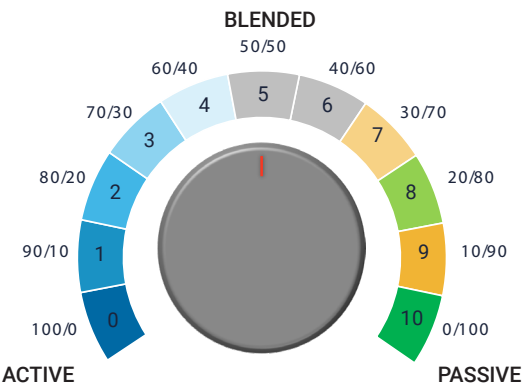


IN ONE YEAR

THE PRIVATE REAL ESTATE DIAL™



THE INVESTOR ACTIVITY DIAL™



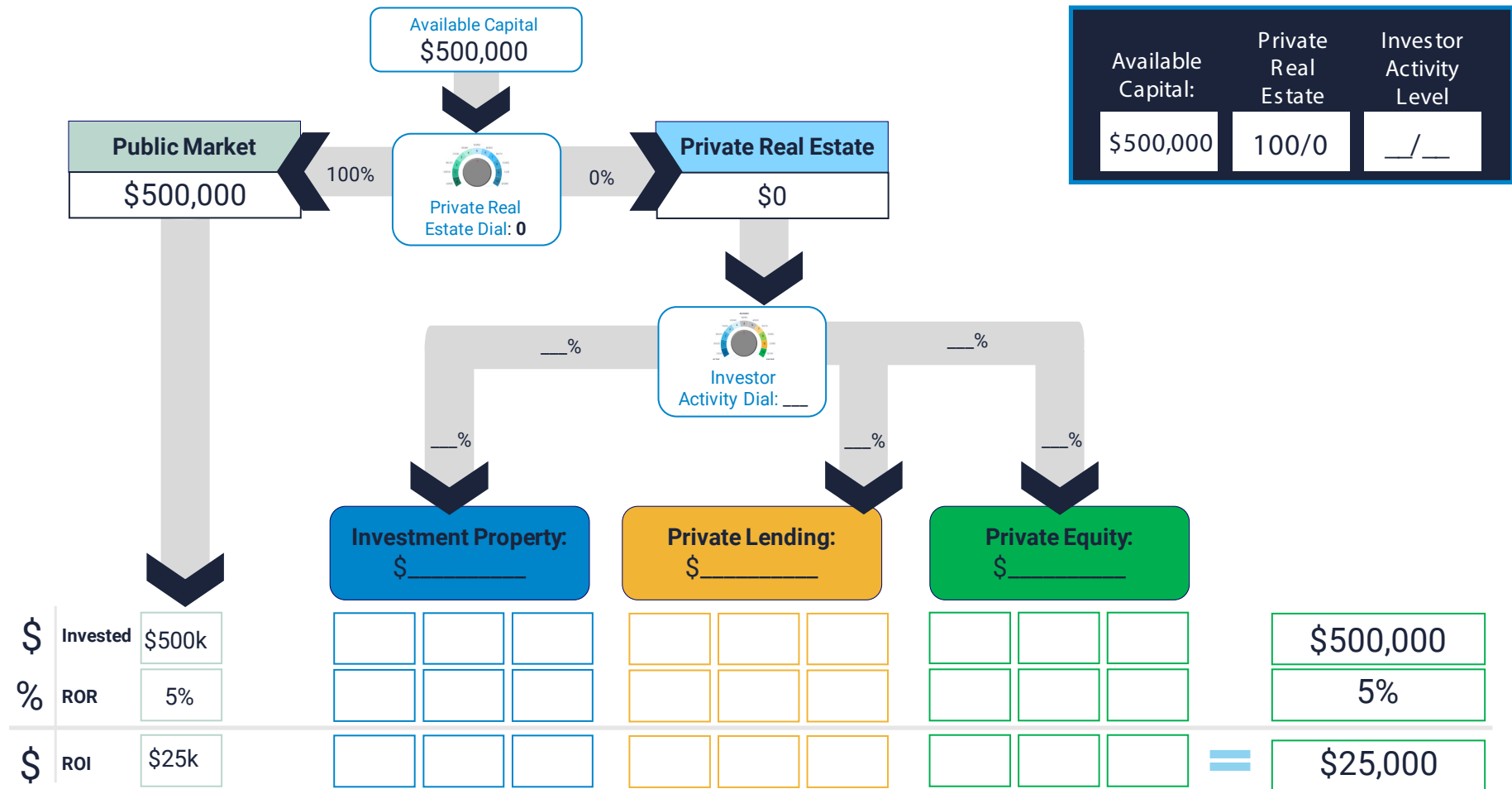
Name:

Date:



# THE PORTFOLIO MAXIMIZER™ SAMPLE

## Portfolio 1 – Investment Ratio 100/0

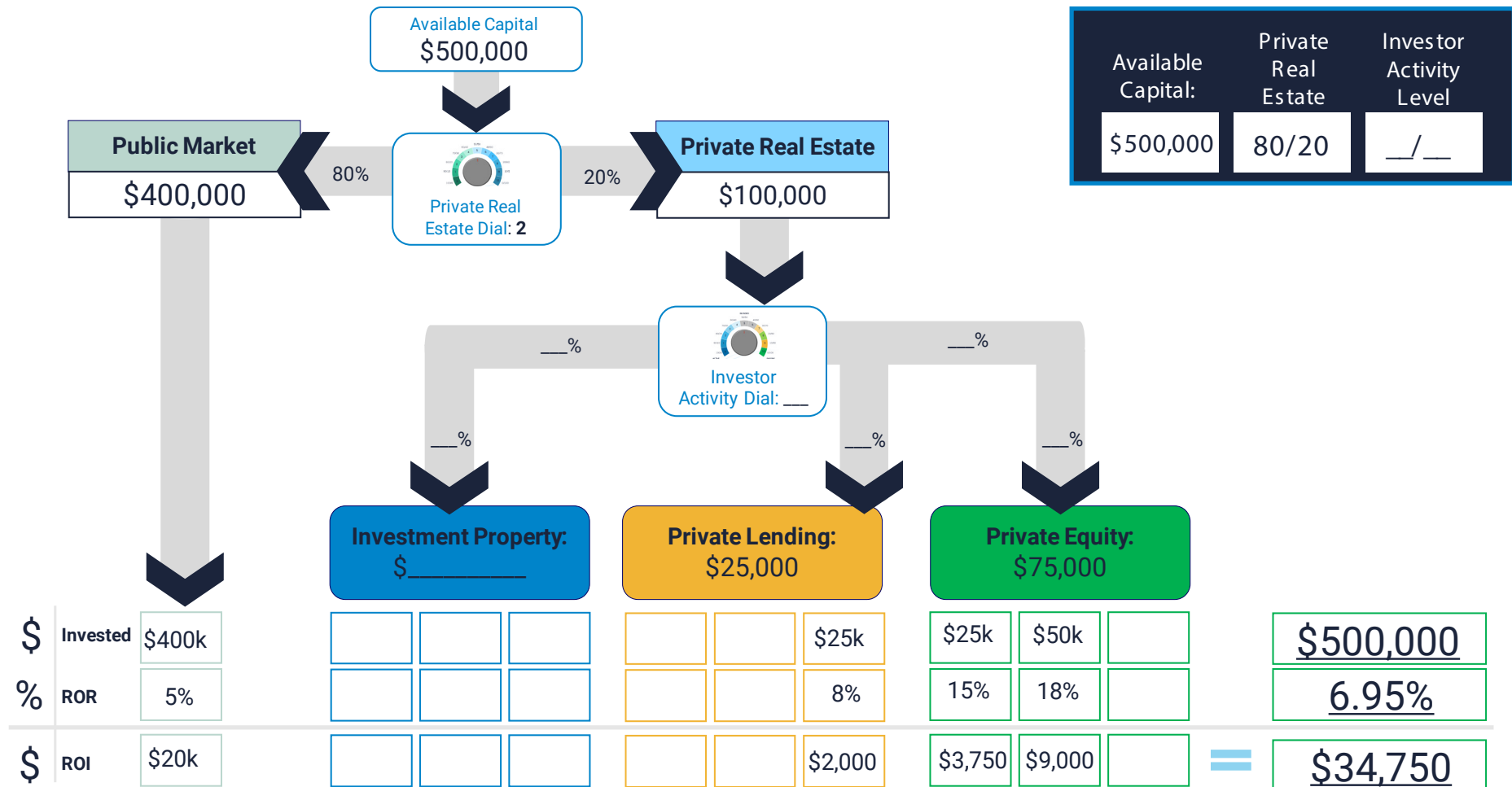


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# THE PORTFOLIO MAXIMIZER™ SAMPLE

## Portfolio 2 – Investment Ratio 80/20

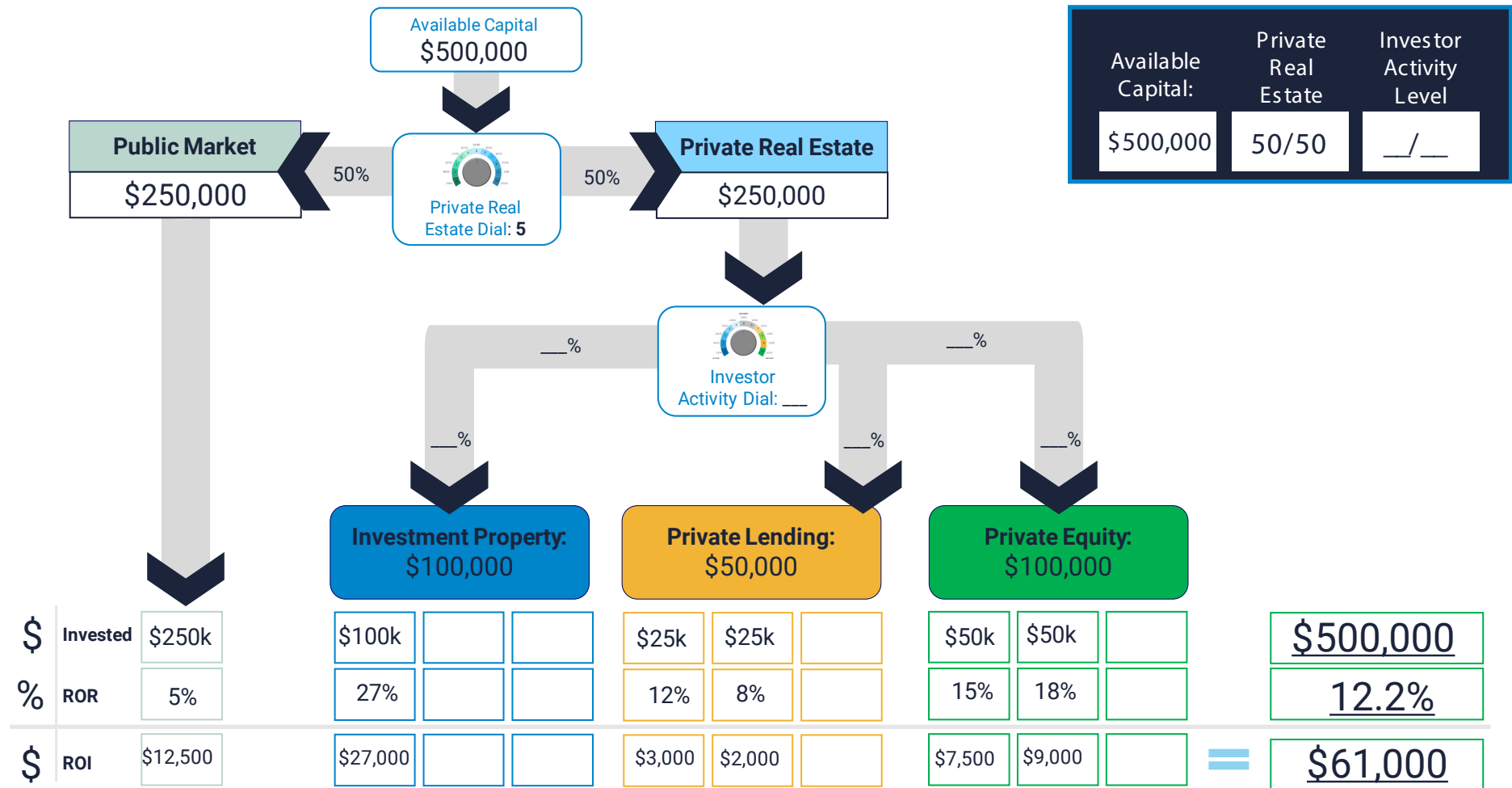


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# THE PORTFOLIO MAXIMIZER™ SAMPLE

## Portfolio 3 – Investment Ratio 50/50

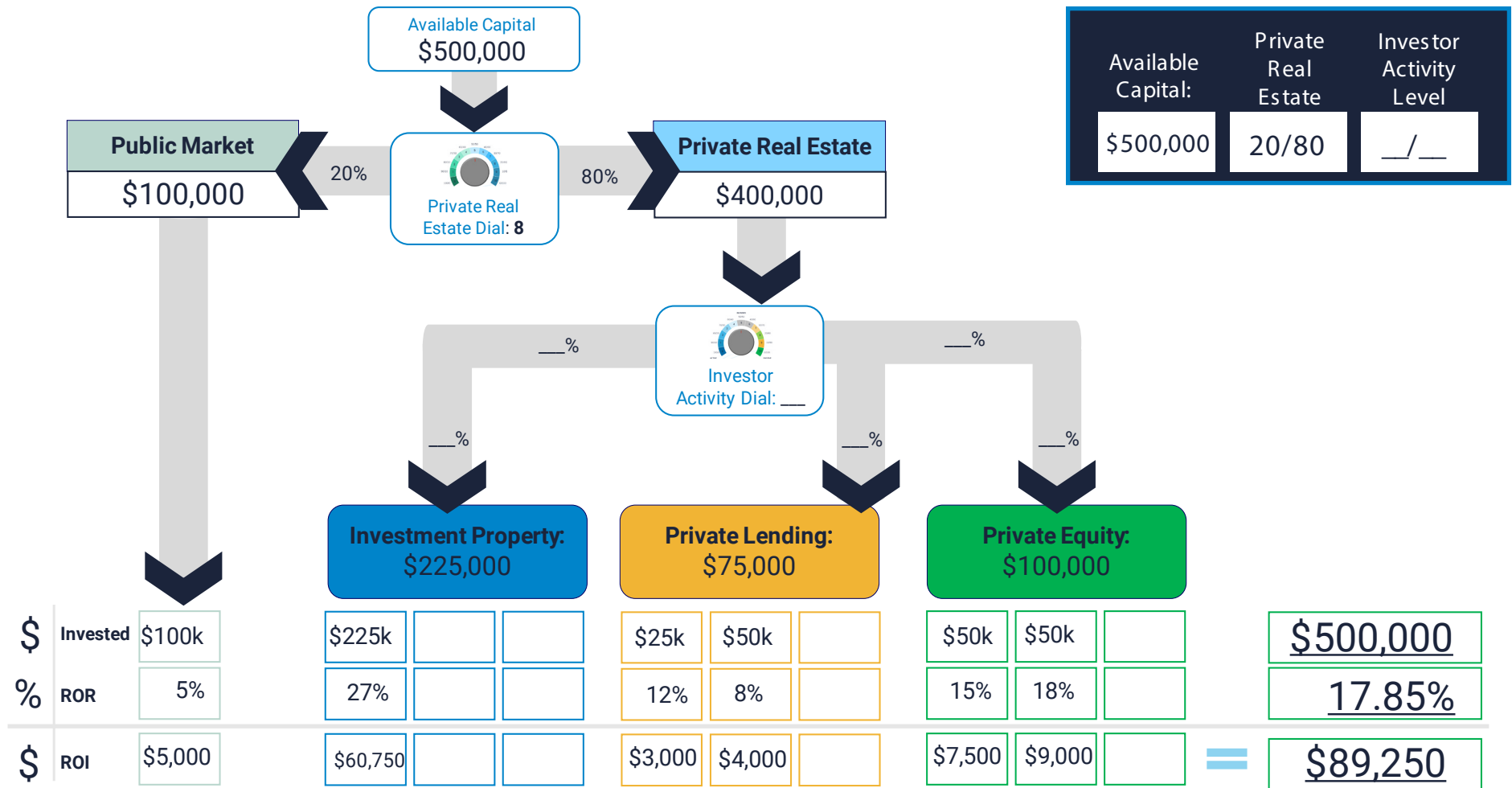


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# THE PORTFOLIO MAXIMIZER™ SAMPLE

## Portfolio 4 – Investment Ratio 20/80



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## NOTES



## NOTES

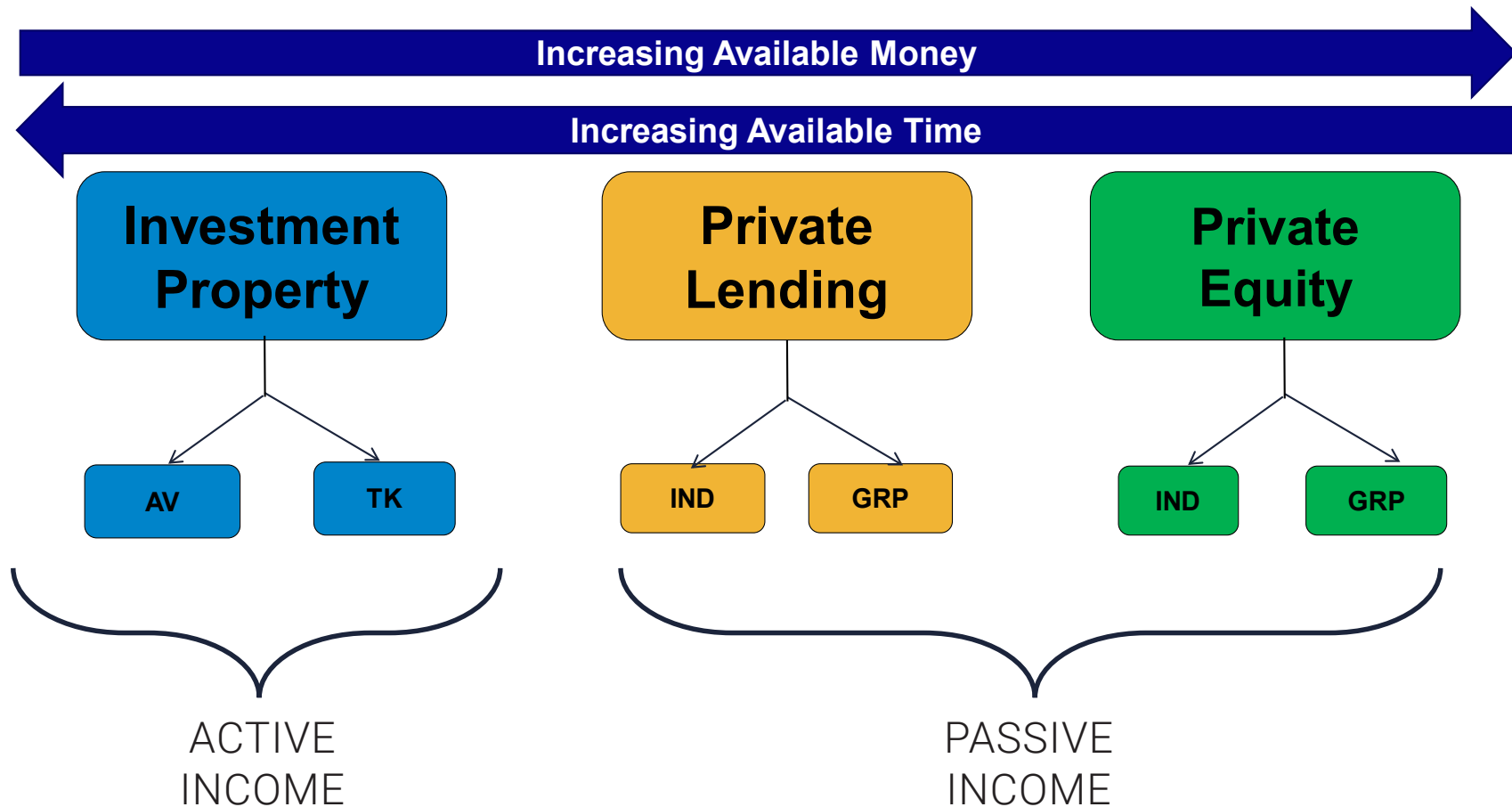




# PART FOUR

## The Building Blocks

# THE 3 INVESTING STREAMS™ & 6 BUILDING BLOCKS



Name:

Date:

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## NOTES



## NOTES

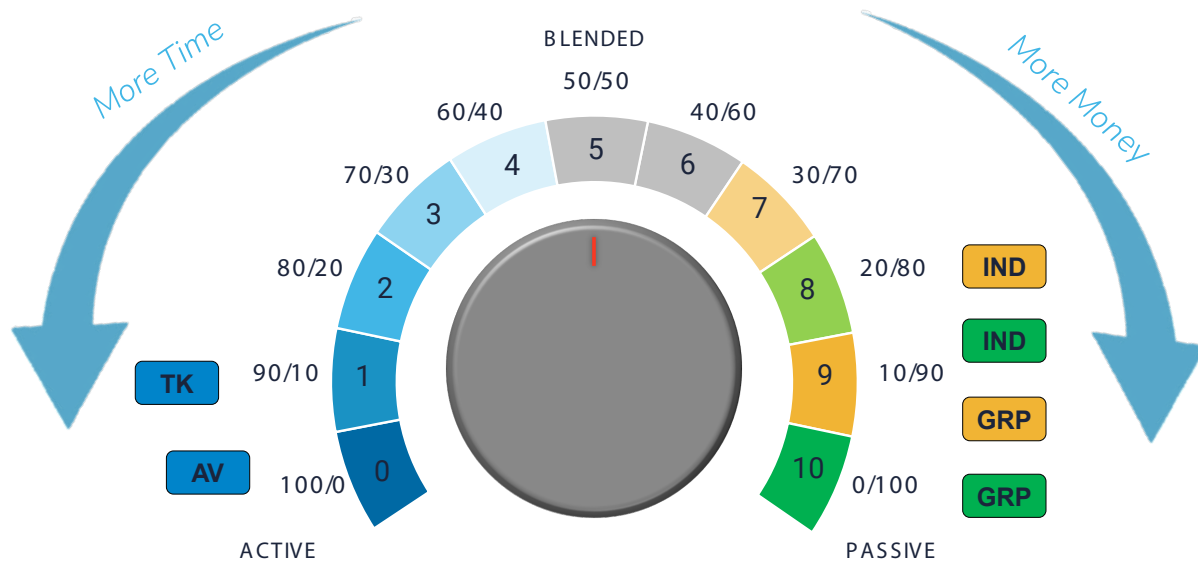




# PART FIVE

The Investor Activity Dial™

# THE INVESTOR ACTIVITY DIAL™



## ACTIVE

You are "hands-on" in some, or all, of your investing activity. You usually work directly with some, or all, of the transaction team including realtors, contractors, appraisers, etc. You are responsible for making decisions that directly impact the activity of the investment. Your goals include being directly involved in some or all aspects of the investment activity.

*Example: Your portfolio consists of rehab or income properties fully managed by you, and your activity consists of raising other people's money through private equity or private lending to acquire more property.*



## BLENDED

Your investment activity is a blend between active and passive. Your portfolio contains some investments that you are actively responsible to manage and/or make decisions for, and some investments that are fully passive and hands off.

*Example: Your portfolio consists of a mix of income properties, rehab properties and/or turnkey properties along with private lending and/or private equity investments. You like to diversify along two or all three of the investing streams. Your activity consists of managing your total portfolio along with day-to-day management and/or decision making of property. Your total ROI is a blend of the active and passive investment returns.*



## PASSIVE

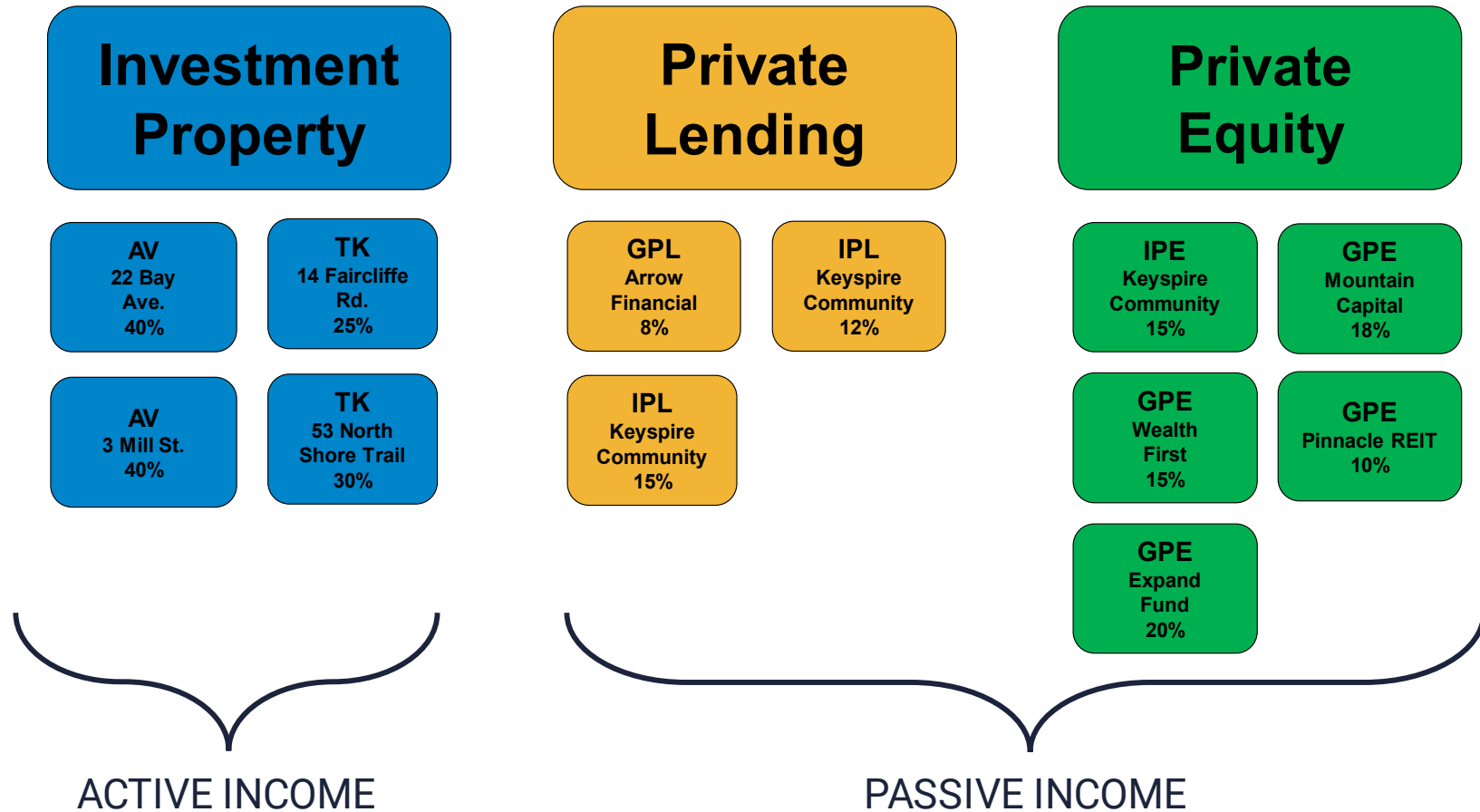
You are "hands-off" in your investing activity. You rarely work directly with the transition team (such as realtors, contractors, appraisers, etc.) You generally have little to no direct decision-making ability regarding the activity of the investment. You want to earn your return on investment with as little involvement as possible.

*Example: Your portfolio consists of private equity investments, private lending investments, or income properties fully managed by someone else. Your activity consists of managing your passive portfolio for diversification and maximum returns.*

Name:

Date:

# CASE STUDY BUILDING BLOCKS

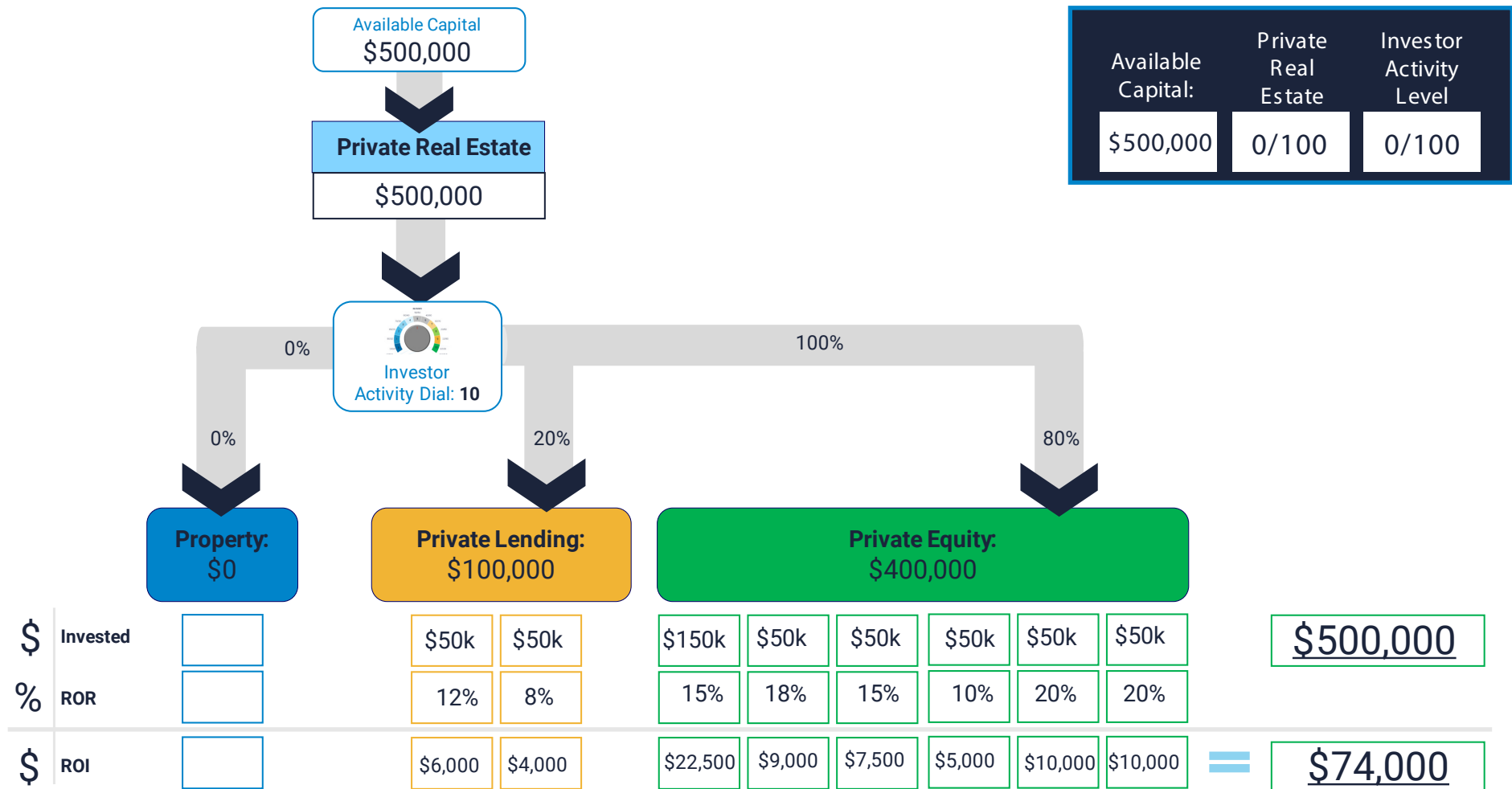


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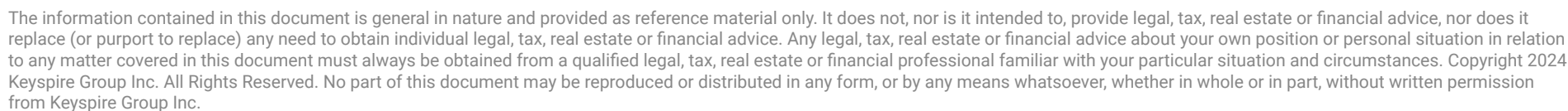


# THE PORTFOLIO MAXIMIZER™ SAMPLE

## Case Study – Fully Passive 10

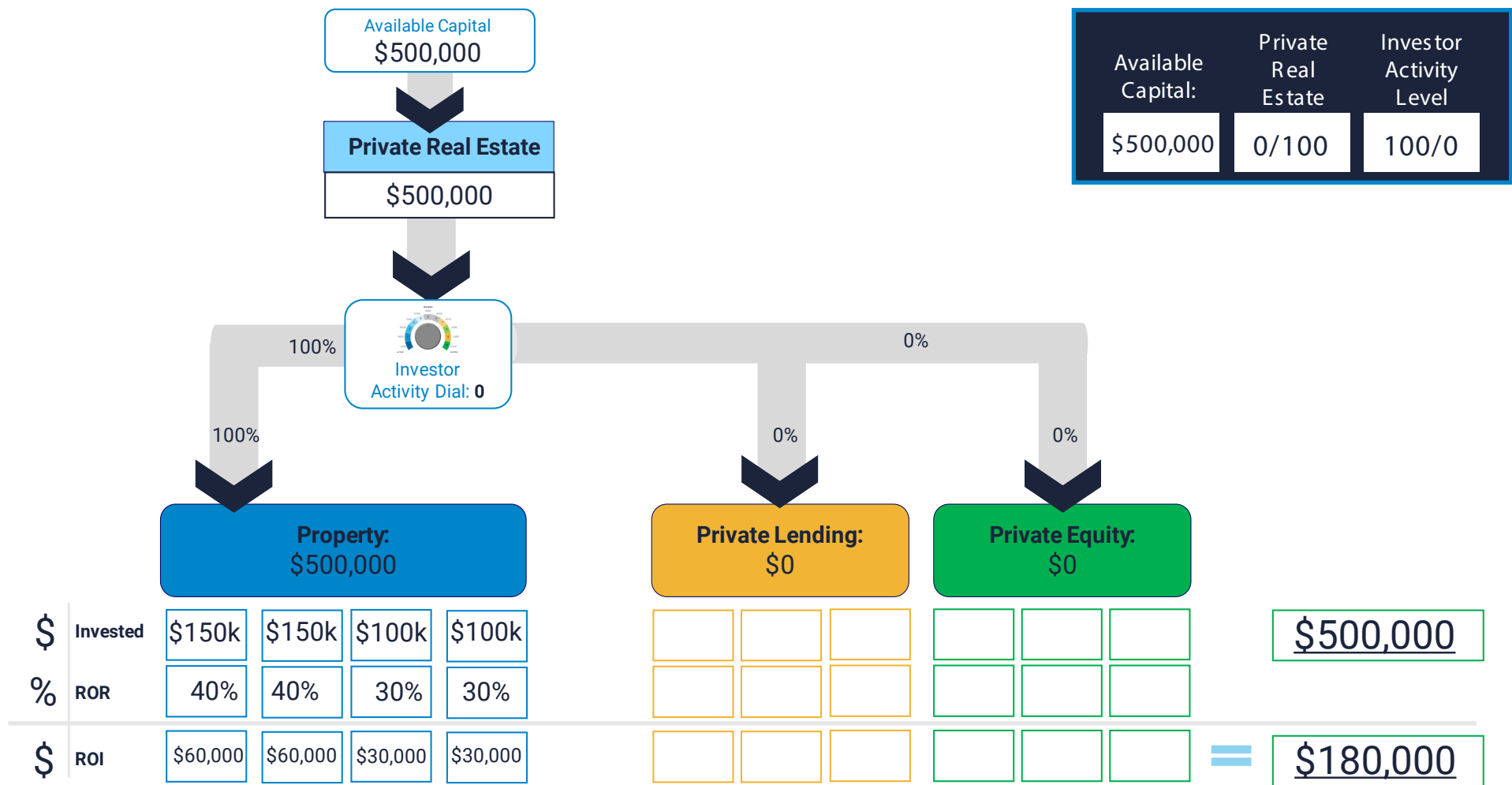


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# THE PORTFOLIO MAXIMIZER™ SAMPLE

## Case Study – Fully Active 0



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## NOTES



## NOTES



## NOTES

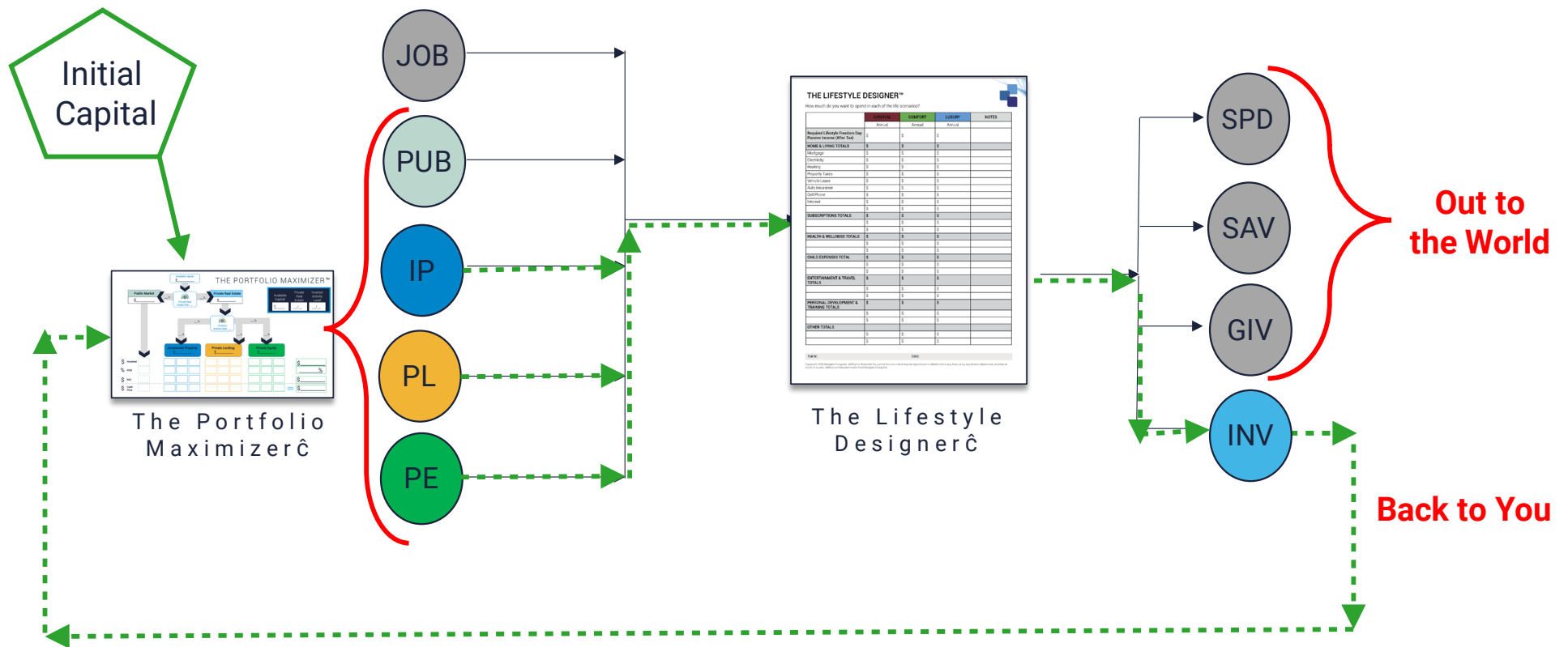




# PART SIX

Reverse Engineering  
Your Portfolio

# THE PASSIVE INCOME ENGINE™



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# CASE STUDY - BOB AND JANE



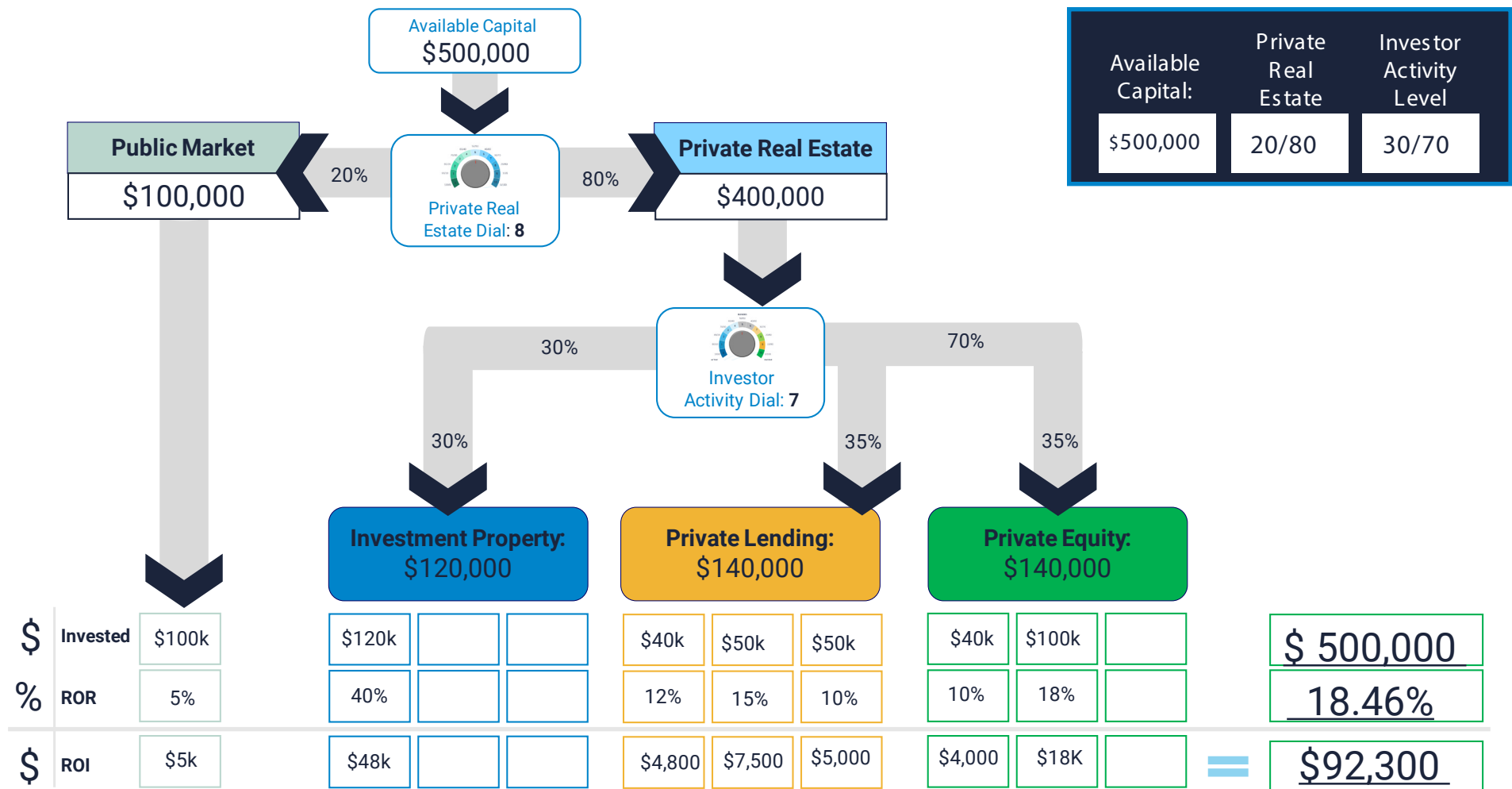
|                                                                                                                                                                                                                                                                       |                  |          |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------|----------|
| Chosen <b>Lifestyle Freedom Day Required Income</b><br>(also referred to as <b>Required Investment Return</b> )                                                                                                                                                       | <b>\$120,000</b> | <b>1</b> |
| <b>Private Real Estate Dial™</b> number                                                                                                                                                                                                                               | <b>8 (20/80)</b> | <b>2</b> |
| <b>Investor Activity Dial™</b> number                                                                                                                                                                                                                                 | <b>7 (30/70)</b> | <b>3</b> |
| Placeholder for <b>Available Capital</b> (also referred to as <b>Capital Invested</b> )                                                                                                                                                                               | <b>\$500,000</b> | <b>4</b> |
| <b>Build Your Portfolio</b><br>Using the “Case Study Building Blocks” on page 47 and the information above, build a portfolio in The Portfolio Maximizer.<br><br>To calculate ROI (\$) for each investment:<br>ROI (\$) = Investment amount x ROR (%)                 | --               | --       |
| Calculate your <b>Annual ROI (\$)</b>                                                                                                                                                                                                                                 | <b>\$92,300</b>  | <b>5</b> |
| <b>Calculate the Portfolio Blended Rate of Return</b><br><br>$\text{ROR} = \frac{\text{Annual ROI (Line 5)}}{\text{Capital Invested (Line 4)}}$ $= \frac{\$92,300 \text{ (Line 5)}}{\$500,000 \text{ (Line 4)}}$ $= 0.1846 \times 100$ $= 18.46\%$                    | <b>18.46%</b>    | <b>6</b> |
| <b>Calculate your Lifestyle Freedom Day Required Capital</b><br><br>$\text{LFD Investable Capital} = \frac{\text{LFD Required Income (Line 1)}}{\text{Portfolio Blended ROR (Line 6)}}$ $= \frac{\$120,000 \text{ (Line 1)}}{18.46\% \text{ (Line 6)}}$ $= \$650,054$ | <b>\$650,054</b> | <b>7</b> |
| For Bob and Jane to reach their Lifestyle Freedom Day Required Income of \$120,000 (Line 1), they will need to invest \$650,054 (Line 7) at an annual blended rate of return of 18.46% (Line 6).                                                                      |                  |          |

Name:

Date:

# THE PORTFOLIO MAXIMIZER™

## Case Study – Bob and Jane



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# YOUR TURN: BUILD YOUR PORTFOLIO

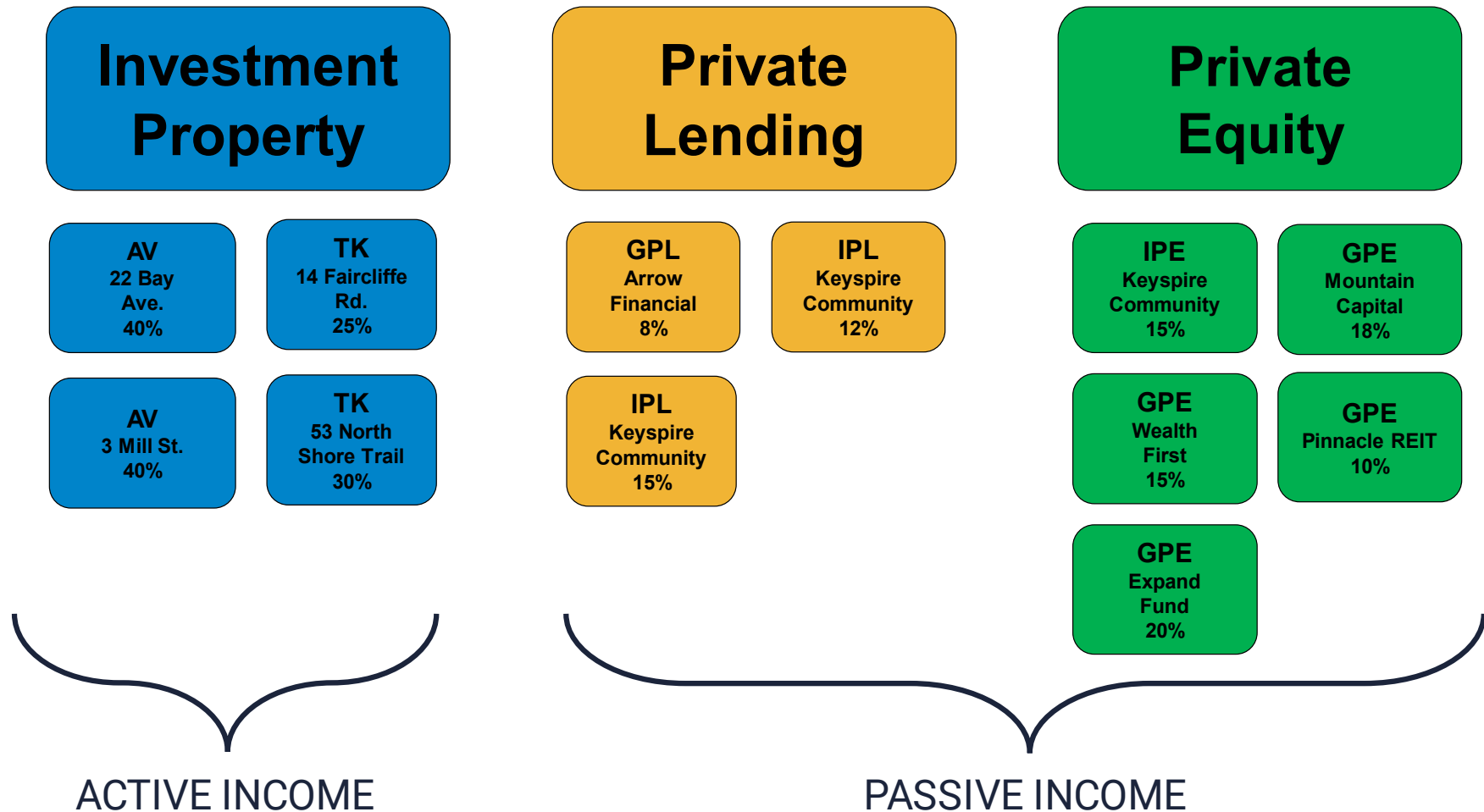


|                                                                                                                                                                                                                                                                      |                |    |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------|----|
| Chosen <b>Lifestyle Freedom Day Required Income</b> (page 12)<br>(also referred to as <b>Required Investment Return</b> )                                                                                                                                            | \$             | 1  |
| <b>Private Real Estate Dial™</b> future number/ratio (page 22)                                                                                                                                                                                                       | __ ( __ / __ ) | 2  |
| <b>Investor Activity Dial™</b> future number/ratio (page 22)                                                                                                                                                                                                         | __ ( __ / __ ) | 3  |
| Placeholder for <b>Available Capital</b> (also referred to as <b>Capital Invested</b> )                                                                                                                                                                              | \$500,000      | 4  |
| <b>Build Your Portfolio</b><br>Using the “Case Study Building Blocks” on page 47 and the information above, build a portfolio in The Portfolio Maximizer on pages 48-49.<br><br>To calculate ROI (\$) for each investment:<br>ROI (\$) = Investment amount x ROR (%) | --             | -- |
| Calculate your <b>Annual ROI (\$)</b>                                                                                                                                                                                                                                | \$             | 5  |
| <b>Calculate the Portfolio Blended Rate of Return</b><br><br>$\text{ROR} = \frac{\text{Annual ROI (Line 5)}}{\text{Capital Invested (Line 4)}}$ $= \frac{\$ \text{ (Line 5)}}{\$ \text{ (Line 4)}}$ $= \text{ } \times 100$ $= \text{ } \%$                          | %              | 6  |
| <b>Calculate your Lifestyle Freedom Day Required Capital</b><br><br>$\text{LFD Investable Capital} = \frac{\text{LFD Required Income (Line 1)}}{\text{Portfolio Blended ROR (Line 6)}}$ $= \frac{\$ \text{ (Line 1)}}{\% \text{ (Line 6)}}$ $= \$$                   | \$             | 7  |
| To reach your Lifestyle Freedom Day Required Income of \$_____ (Line 1), you will need to invest \$_____ (Line 7) at an annual blended rate of return of _____% (Line 6).                                                                                            |                |    |

Name:

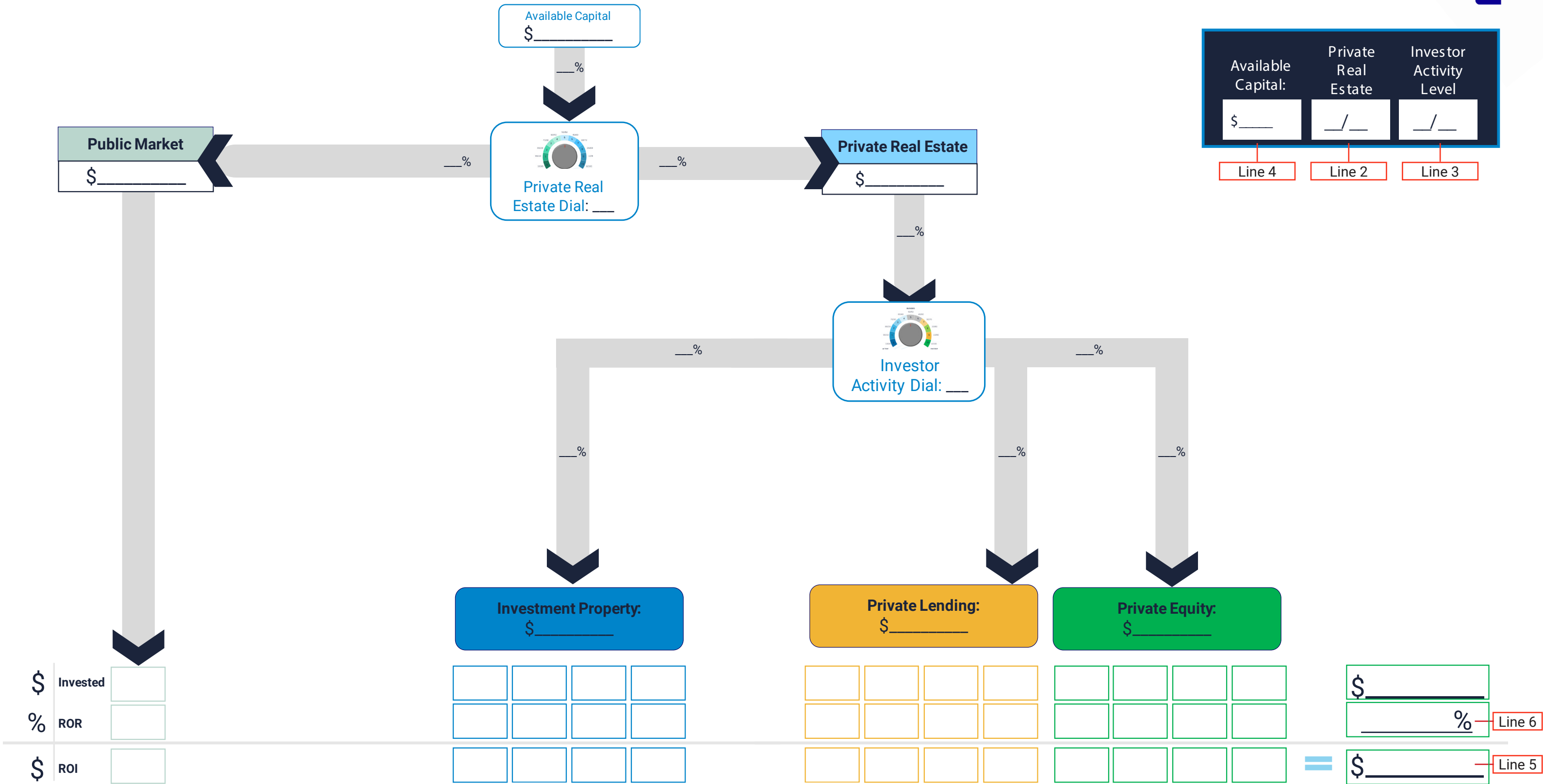
Date:

# CASE STUDY BUILDING BLOCKS



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THE PORTFOLIO MAXIMIZER™



Build your portfolio using the "Case Study Building Blocks" on page 47

Name: \_\_\_\_\_

Date: \_\_\_\_\_

# THE QUARTERLY FOCUSER™



What would my life look like if I could have everything I ever wanted?

| What were your greatest achievements over the <b>last 90 days</b> ? | What's exciting you about your progress <b>today</b> ? | What will you achieve over the <b>next 90 days</b> that you are most excited about? |
|---------------------------------------------------------------------|--------------------------------------------------------|-------------------------------------------------------------------------------------|
|                                                                     |                                                        |                                                                                     |

Name: 

Date:

## NOTES



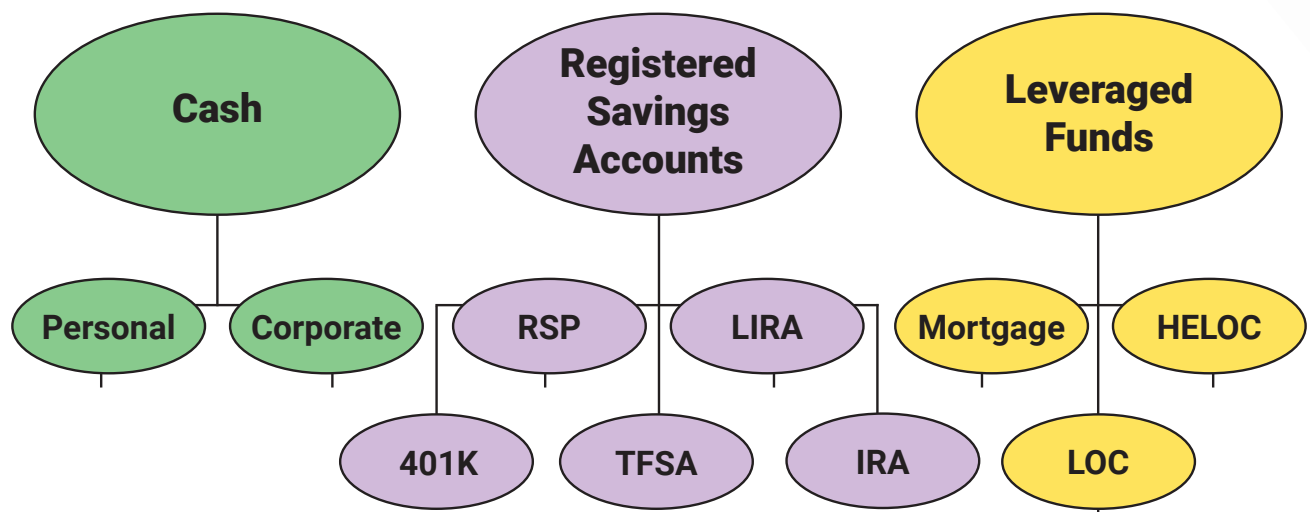
## NOTES





# POST-WORKSHOP ACTIVITIES

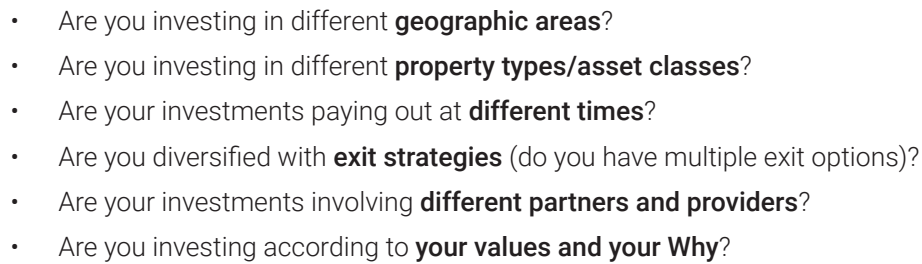
# SOURCES OF AVAILABLE CAPITAL



| Sources of Available Capital |    |       |
|------------------------------|----|-------|
|                              |    | Notes |
| CASH                         |    |       |
| Cash: Personal               | \$ |       |
| Cash: Corporate              | \$ |       |
| RSA                          |    |       |
| RRSP                         | \$ |       |
| 401K                         | \$ |       |
| LIRA                         | \$ |       |
| IRA                          | \$ |       |
| TFSA                         | \$ |       |
| LEVERAGED FUNDS              |    |       |
| Mortgage: Primary Residence  | \$ |       |
| Mortgage: Income Property    | \$ |       |
| HELOC: Primary Residence     | \$ |       |
| HELOC: Income Property       | \$ |       |
| Unsecured Line of Credit     | \$ |       |
|                              | \$ |       |
|                              | \$ |       |
| Total Available Capital      | \$ |       |

Name:

Date:



Date:

# THE SUCCESS SCORECARD™



Year:

Quarter:

Date Range:

| I know I'm successful when...       |  | Week 1 | Week 2 | Week 3 | Week 4 | Week 5 | Week 6 | Week 7 | Week 8 | Week 9 | Week 10 | Week 11 | Week 12 | Week 13 | Result |
|-------------------------------------|--|--------|--------|--------|--------|--------|--------|--------|--------|--------|---------|---------|---------|---------|--------|
| 1                                   |  |        |        |        |        |        |        |        |        |        |         |         |         |         |        |
| 2                                   |  |        |        |        |        |        |        |        |        |        |         |         |         |         |        |
| 3                                   |  |        |        |        |        |        |        |        |        |        |         |         |         |         |        |
| 4                                   |  |        |        |        |        |        |        |        |        |        |         |         |         |         |        |
| 5                                   |  |        |        |        |        |        |        |        |        |        |         |         |         |         |        |
| 6                                   |  |        |        |        |        |        |        |        |        |        |         |         |         |         |        |
| 7                                   |  |        |        |        |        |        |        |        |        |        |         |         |         |         |        |
| 8                                   |  |        |        |        |        |        |        |        |        |        |         |         |         |         |        |
| 9                                   |  |        |        |        |        |        |        |        |        |        |         |         |         |         |        |
| 10                                  |  |        |        |        |        |        |        |        |        |        |         |         |         |         |        |
| CELEBRATION REWARD:                 |  |        |        |        |        |        |        |        |        |        |         |         |         |         |        |
| IMPROVEMENT NOTES FOR NEXT QUARTER: |  |        |        |        |        |        |        |        |        |        |         |         |         |         |        |
|                                     |  |        |        |        |        |        |        |        |        |        |         |         |         |         |        |
|                                     |  |        |        |        |        |        |        |        |        |        |         |         |         |         |        |
|                                     |  |        |        |        |        |        |        |        |        |        |         |         |         |         |        |

Name:

Date:

## NOTES



## NOTES



## NOTES



## NOTES



## NOTES



## NOTES





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NeRB-L23-1