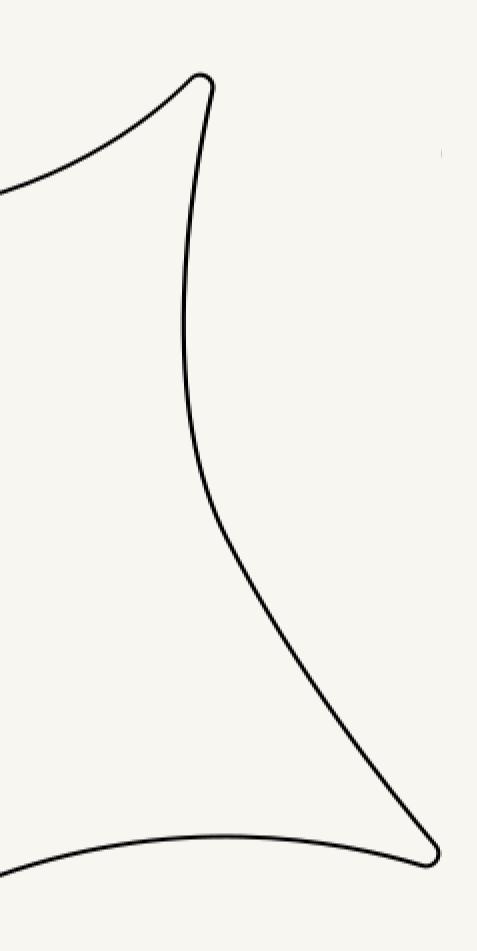


Who is this for?



Why Artificial Intelligence?

Creativity
Skills/Knowledge
Efficiency/Time
Business Growth





How can I help you today?

Tell me a fun fact

about the Roman Empire

Suggest fun activities

to do indoors with my high-energy dog

Explain superconductors

like I'm five years old

Create a content calendar

for a TikTok account

Message ChatGPT...

It's all in the prompt!





CREATIVITY: E.G. RECIPES



You

Create a recipe using any of these ingredients I have: butter, Onion, garlic, carrots, brocoli, beans, rice, pasta, liguid aminos, maple syrup,





ChatGPT

How about a delicious stir-fry recipe? Let's make a savory and slightly sweet Garlic Maple Vegetable Stir-Fry with Rice. Here's how you can make it:

Ingredients:

- 2 tablespoons butter
- 1 onion, sliced
- 4 cloves garlic, minced
- 2 carrots, sliced
- 1 head of broccoli, cut into florets
- 1 cup green beans, trimmed and halved
- 2 cups cooked rice (white or brown)
- 2 tablespoons liquid aminos (or soy sauc
- 2 tablespoons maple syrup

PRACTICAL: STEP BY STEP



You

Give me Step by Step instructions how to make sour dough bread





ChatGPT

Sure! Making sourdough bread is a rewarding process that requires time and patience, but the results are worth it. Here's a step-by-step guide to making sourdough bread:

Ingredients:

- 1 cup sourdough starter (active)
- 2 cups lukewarm water
- 4 cups bread flour
- 11/2 teaspoons salt

Instructions:

1. Feed Your Starter:

 If your sourdough starter has been in the refrigerator, take it out and let it come to room temperature. If it's not already active, feed it with equal parts of flour and water and let it sit at room temperature for 4-6 hours until it's bubbly and active.

2. Mix the Dough:

- In a large mixing bowl, combine 1 cup of active sourdough starter with 2 cups of lukewarm water. Mix until the starter is dissolved in the water.
- Add 4 cups of bread flour to the bowl and mix until a shaggy dough forms. Cover the bowl
 with a clean kitchen towel and let it rest for 30 minutes. This allows the flour to hydrate and
 the gluten to develop.

3. Knead the Dough:

 After 30 minutes, add 1 1/2 teaspoons of salt to the dough. Knead the dough in the bowl or on a lightly floured surface for about 10-15 minutes until it becomes smooth and elastic. You can use the stretch and fold method for kneading.

4. Bulk Fermentation:

• Place the dough back into the bowl and cover it with a kitchen towel or plastic wrap. Let it ferment at room temperature for about 6 hours, or until it doubles in size. During this time,

LEARN SOMETHING NEW: LANGUAGE

"You are my Spanish teacher Pedro from now on I want you to help me practice Spanish by testing my current level and then having realistic conversations with me. Correct me when I answer incorrectly and teach me new vocabulary and useful sentences. Ok Pedro I'm ready lets get started"



¡Hola! Bienvenido(a) a tus clases de español conmigo. Para comenzar, ¿podrías decirme un poco sobre tu nivel actual de español y cuáles son tus objetivos para estas clases?

Además, ¿hay algún tema específico que te gustaría discutir o aprender en español? De esta manera, puedo personalizar nuestras conversaciones para ayudarte a alcanzar tus metas de aprendizaje. ¡Empecemos!

Creative Writing

stories, poems, songs, scripts, titles, ads



You

write a poem about how dancing is like relationship with God



ChatGPT

Dancing with grace, we move as one,

My soul uplifted, my heart undone.

In the rhythm of the beat, I find my peace,

A connection with God that cannot cease.

Just like a dance, my relationship with God,

Is one of trust, of faith, and of awe.

As I twirl and spin, I surrender control,

Letting God lead me, to the depths of my soul.

In the same way, I give my heart to Him,
Trusting in His love, even when things seem dim.
He takes my hand and leads me through life,
Teaching me to love, to forgive, and to strive.

Together we dance, in perfect harmony,

A divine choreography, a symphony.

With each step we take, we grow closer still,

And in His embrace, I find my will.

So dance with me, my Lord and King,
Let our love be an eternal spring.
In this dance of life, I find my joy,
And in You, my God, my heart's employ.

PROMPT: BRAINSTORM IDEAS

"Give me (#) (ideas, suggestions, topics, titles) for (_____)

TIP - Give as many details as possible, what you do, who it is for, etc.

"This is my coaching program headline and sub-headline on my website "Restore Your Health & Peace of Mind After Medical Trauma Wholistic Coaching For Christian Women " Give me 5 suggestions for a great lead magnet freebie"

REAL EXAMPLE





- "Healing Scriptures for Women" E-book: Offer a free e-book that compiles healing scriptures from the Bible that can encourage and comfort women who have experienced medical trauma.
- 2. "Mindfulness Meditation for Inner Peace" Audio Recording: Provide a guided mindfulness meditation audio recording that can help women cultivate inner peace and reduce stress.
- "7-Day Wholistic Health Challenge" Workbook: Offer a free workbook that outlines a 7day wholistic health challenge with daily prompts and exercises for Christian women to improve their physical, mental, and spiritual health.
- 4. "Healthy Meal Planning Guide for Busy Women" PDF: Provide a downloadable guide that offers healthy meal planning tips and recipes that are easy to prepare and suitable for busy women.
- "Journal Prompts for Healing and Gratitude" PDF: Offer a printable PDF that includes journal prompts focused on healing and gratitude, encouraging women to reflect on their experiences and express their thoughts and feelings in writing.



TIP - Expand Upon Previous Answer "Create an Outline for #1 above"

I. Introduction

- * Brief overview of the purpose of the list
- Explanation of how the Bible verses and journal prompts can help women find healing and hope during difficult times
- II. Bible Verses for Healing and Wholeness
- * Psalm 107:19-20
- * Isaiah 41:10
- * Jeremiah 30:17
- Matthew 11:28-30
- Mark 5:34
- III. Journal Prompts for Reflection and Growth
- * Describe a time when you felt God's presence with you during a difficult experience.
- How have you seen God work in your life in the past? What does this tell you about his faithfulness and love for you?
- What are some specific areas of your life where you need healing and restoration? Write a prayer asking God to work in those areas.
- * Reflection a time when you received encouragement or support from someone. How did





PROMPT: Video Script

TIP - Give as many details as possible, what you do, who it is for, etc.

"Create a script for a short promo video for Total Soul Prosperity. Create a main body script and 5 alternate intro videos with different hooks"

REAL EXAMPLE





Narrator: "Welcome to Total Soul Prosperity, a transformative journey designed to align your life with God's abundant promises. Are you ready to break free from the chains of striving and step into a life of true prosperity and peace? In this series, you'll discover powerful biblical principles, practical tools, and insightful teachings that will help you manifest your goals, dreams, and desires.

You'll learn how to:

- Identify and remove the barriers that keep you stuck in lack.
- Embrace your true identity as a beloved child of God.
- Align your actions with your divine purpose.
- Cultivate a mindset of abundance and faith.
- Experience holistic prosperity in every area of your life.

Join us on this incredible journey and unlock the fullness of God's blessings. Ready to transform your life? Register now and step into your Total Soul Prosperity."

[Scene: Text on screen with registration link]

Text on Screen: "Register now for Total Soul Prosperity. Click the link below to get started."



Intro 1: The Struggle with Lack

[Scene: Person looking worried, surrounded by bills and work]

Narrator: "Do you feel like you're constantly battling the cycle of lack and never getting ahead? It's time to break free. Discover how to shift from scarcity to abundance with Total Soul Prosperity."

Intro 2: Overcoming Fear and Doubt

[Scene: Person standing at the edge of a cliff, looking hesitant]

Narrator: "Are fear and doubt holding you back from achieving your dreams? Learn how to conquer these obstacles and step into your God-given potential with Total Soul Prosperity."

Intro 3: Seeking Purpose

[Scene: Person looking lost, wandering in a forest]

Narrator: "Do you feel lost, searching for your true purpose in life? Find clarity and direction with Total Soul Prosperity, and start living a life of meaningful impact."

Intro 4: Balancing Life's Demands

[Scene: Person juggling work, family, and personal time]



PROMPT: Customer Service

TIP - Just get your thoughts out

"clean up this email to a woman whose payment did not go thrugh for her Prosper Basic Membership. The CTA is to upgrade to the Prosper Leader Membership "I'm checking in to see how you are enjoying your Prosper Membership. Have you had a chance to start enjoying some of the powerful resources? I wanted to let you know that your card did not go through this month. I just resent the invoice. Yet I wanted you to know that if you upgrade to the Prosper Leader Membership not only will you have an all access pass to all the resources but you will also be able to enjoy all the live coaching and mastermind sessions! We meet the first Tuesday of every month at 7 am PST and the third Thursday of every month at 6 pm. These are powerful times of learning together and masterminding! There is also weekly office hours every Thursday at 9 am PST. Would you like to join us?"





Subject: Upgrade to Prosper Leader Membership for Exclusive Benefits

Hi [Name],

I hope you're enjoying your Prosper Membership and have had a chance to explore some of our powerful resources.

I wanted to inform you that your card did not go through this month. I have resent the invoice for your convenience. Additionally, I want to offer you an exciting opportunity to upgrade to the Prosper Leader Membership. This upgrade not only grants you full access to all our resources but also includes live coaching and mastermind sessions!

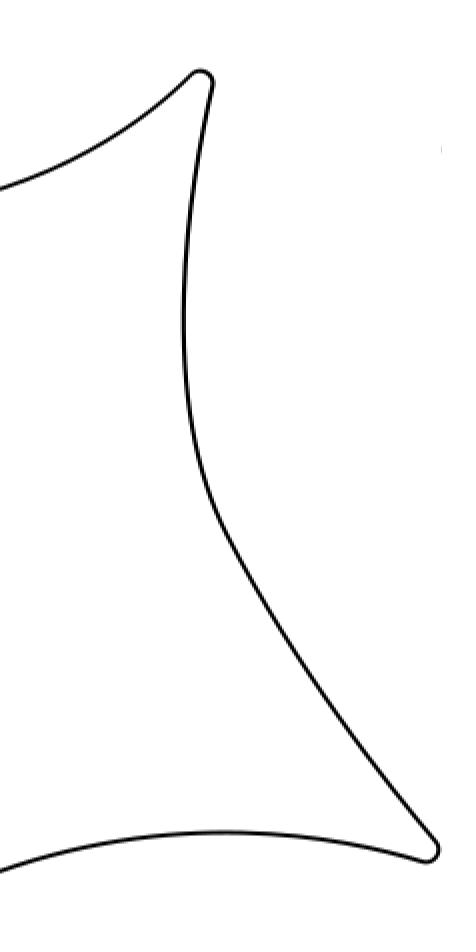
Our sessions are held on:

- The first Tuesday of every month at 7 am PST
- The third Thursday of every month at 6 pm PST

These are valuable times for learning and masterminding. We also offer weekly office hours every Thursday at 9 am PST.

Would you like to join us as a Prosper Leader?





Al for Marketing!

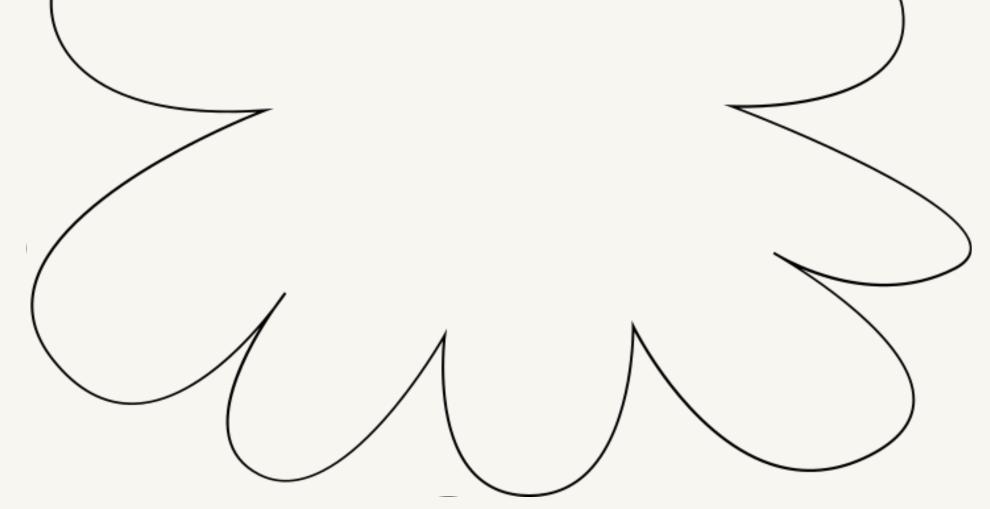
Content
Social Media
Advertising
Strategy

Things ChatGPT CAN do

Write – Social media posts, subject lines, emails, YouTube descriptions, outlines, introductions, marketing content, blog, reviews, ads, brainstorm

Content Marketing

SOCIAL Media





E.g. "Write (type of post) for (audience) that is (tone) Open with a hook, include (story, example, testimony etc to personalize) with the CTA

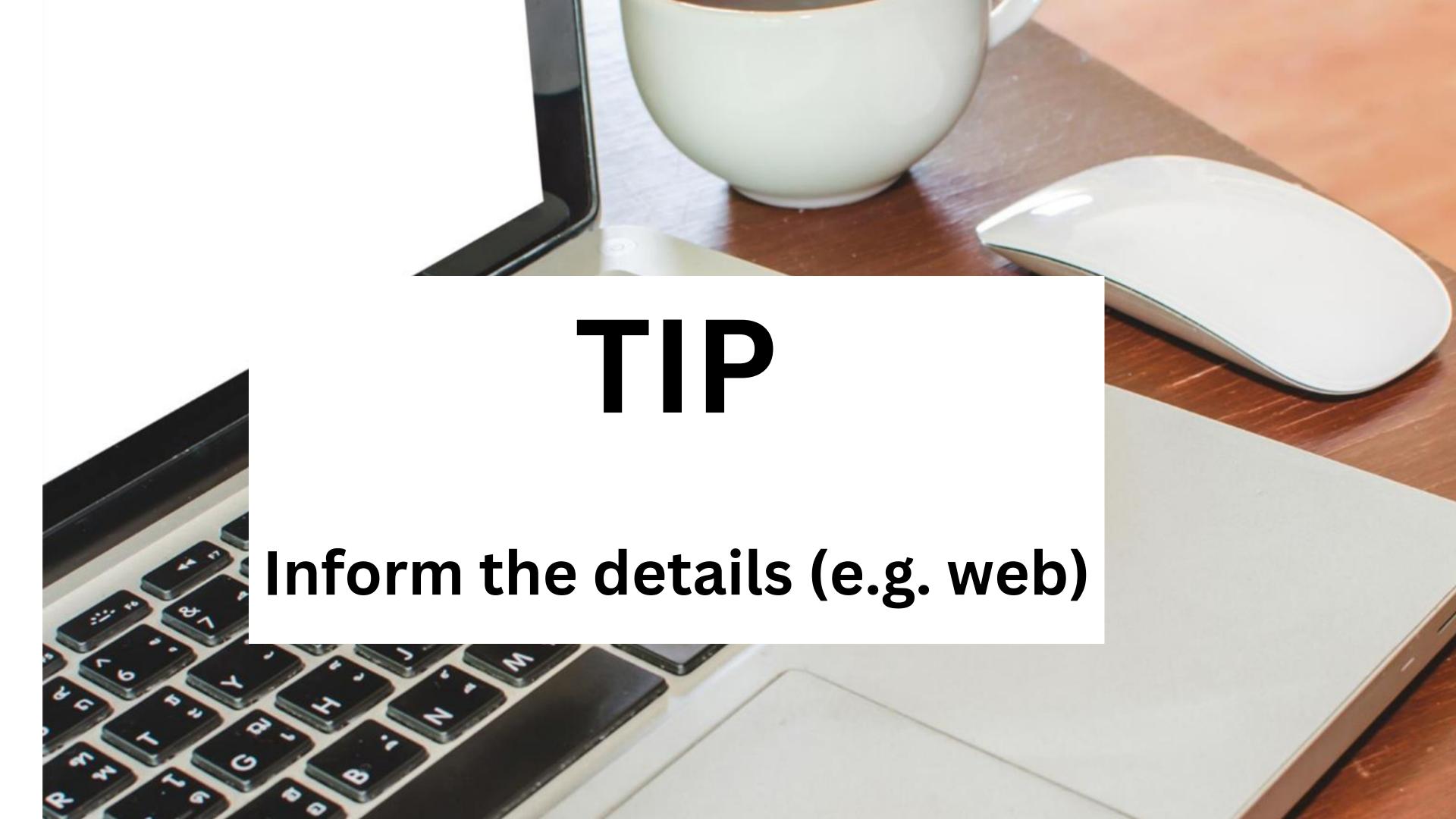
Write a LinkedIn post for female coaches that is engaging and punchy with short sentences and paragraphs. Open with a hook. Include my story (describe). The CTA is (subscribe, register, etc.)

TIP



"How would you improve this?"





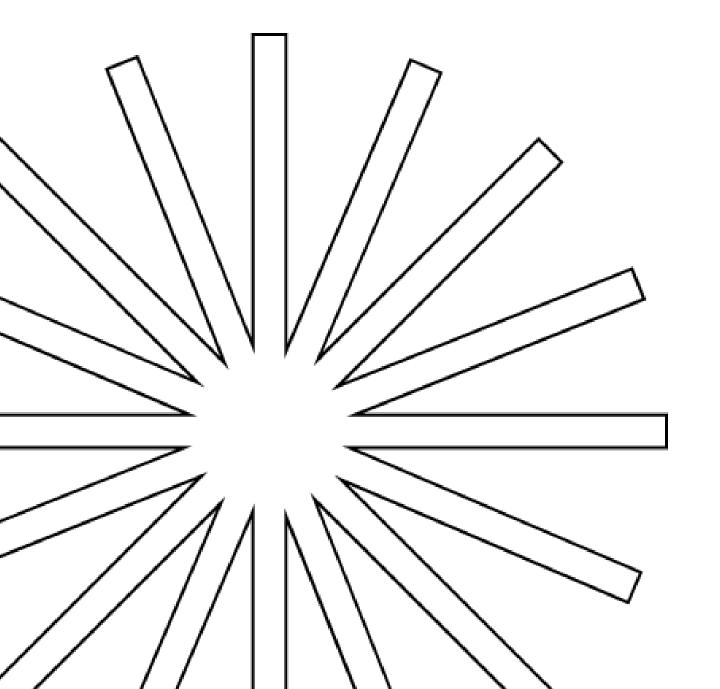
PROMPT: WRITE Blog Post

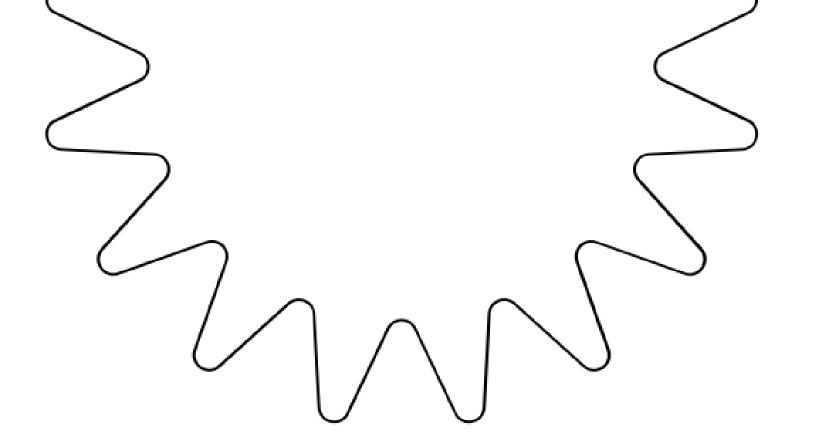
E.g. "Write a 500 word blog post directed to Christian women entrepreneurs who are experiencing burn out. Write in warm and compassionate tone and Include 3-5 tips as well as a call to action to get free ebook "From Burn Out to Beautiful"

E.g. "write a blog post for new home buyers with the main points that there is down payment assistance programs available, there is credit education available through Freddie mac"

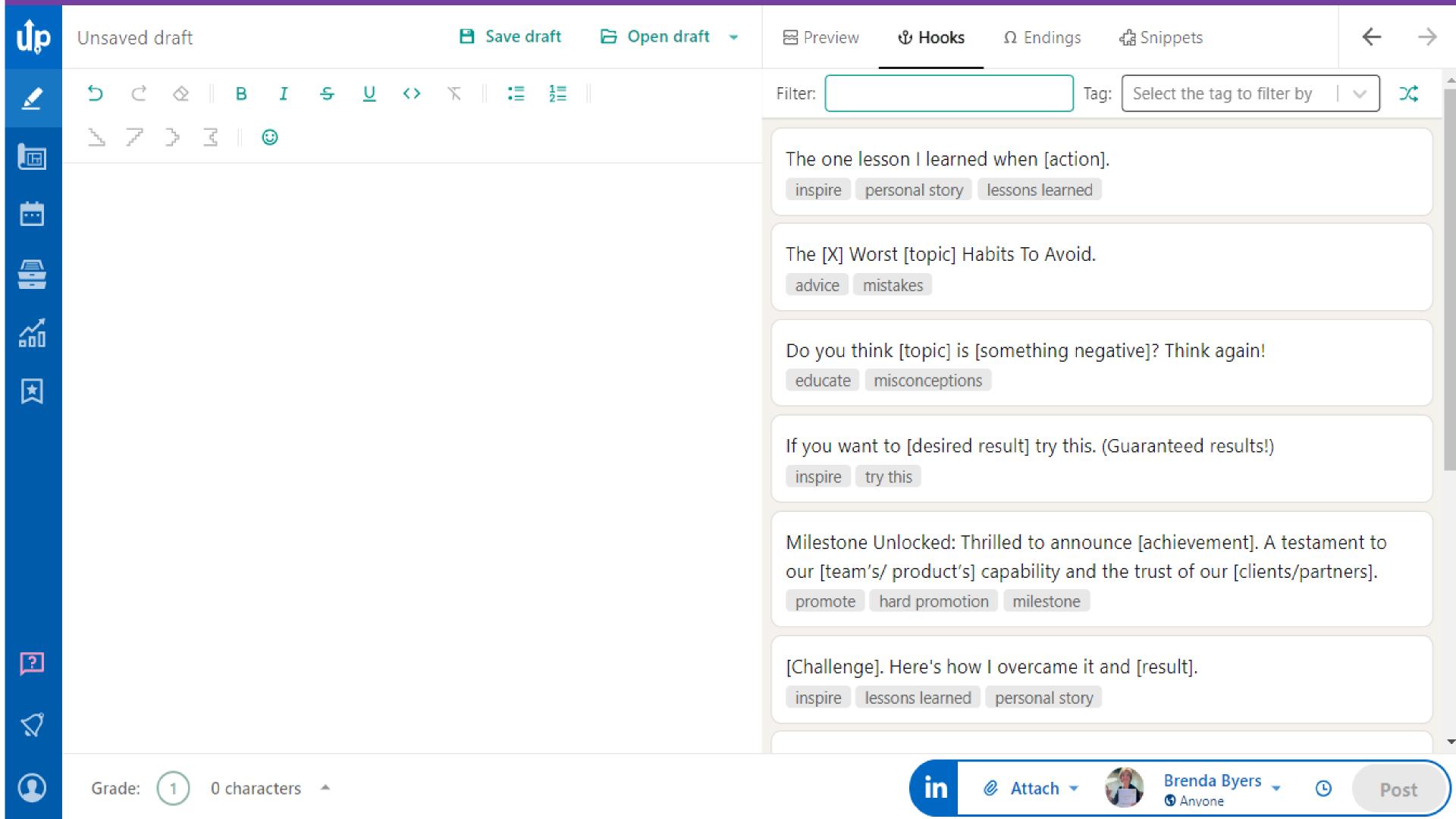


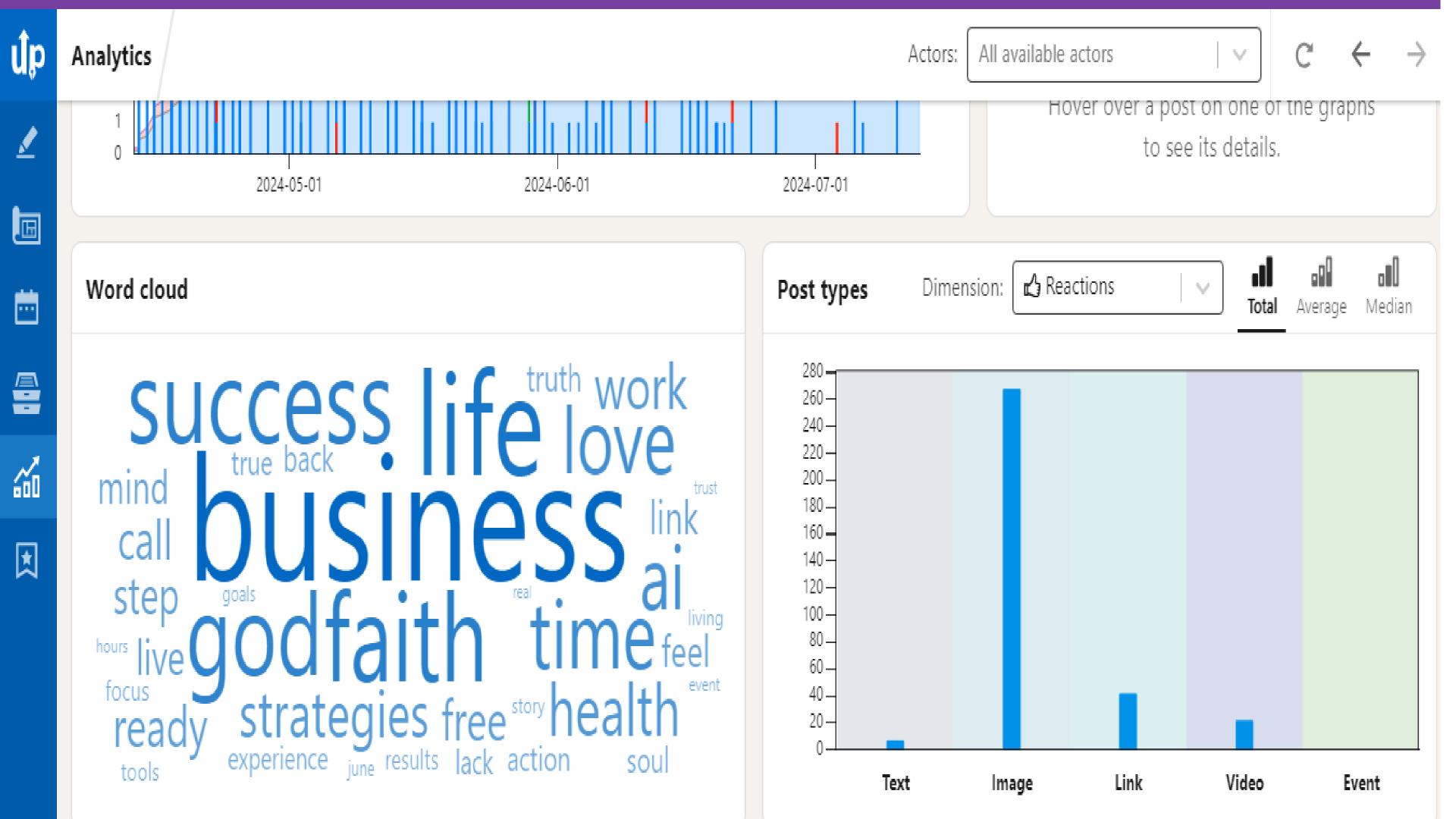


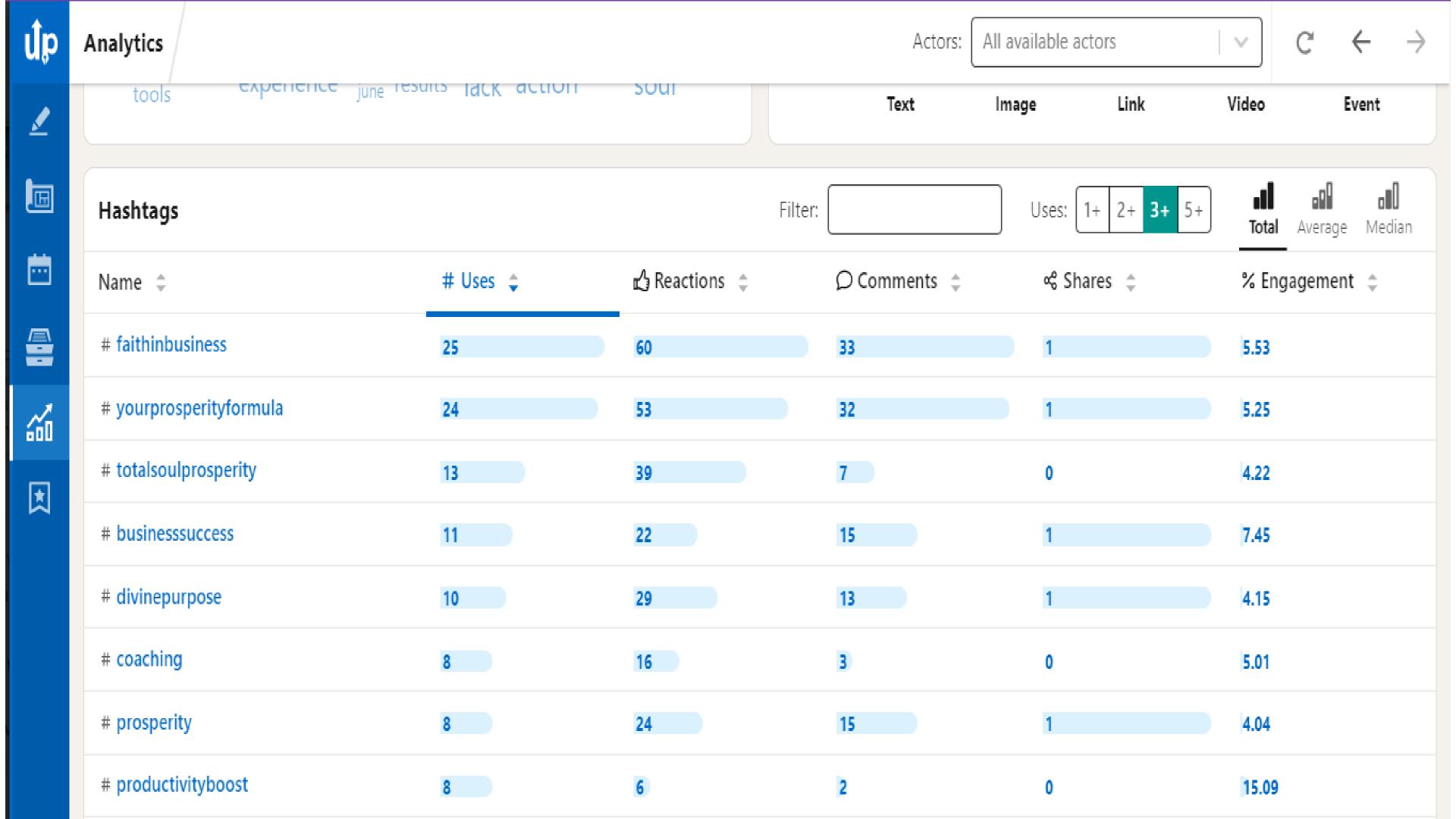




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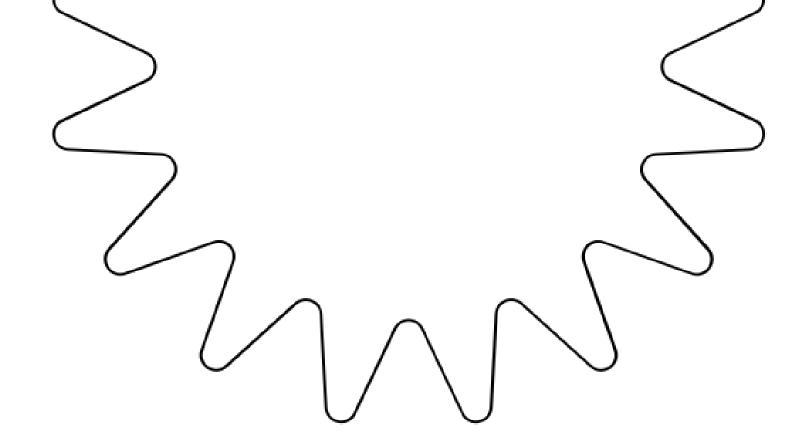


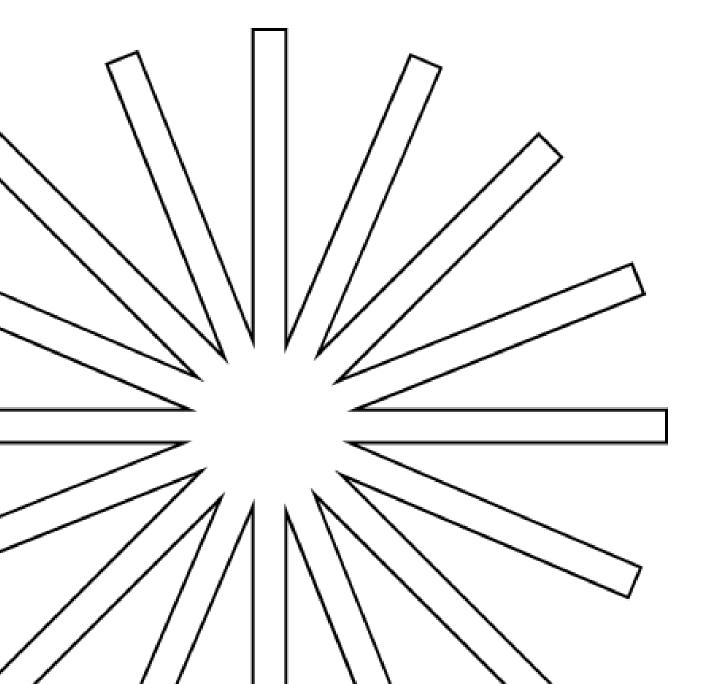






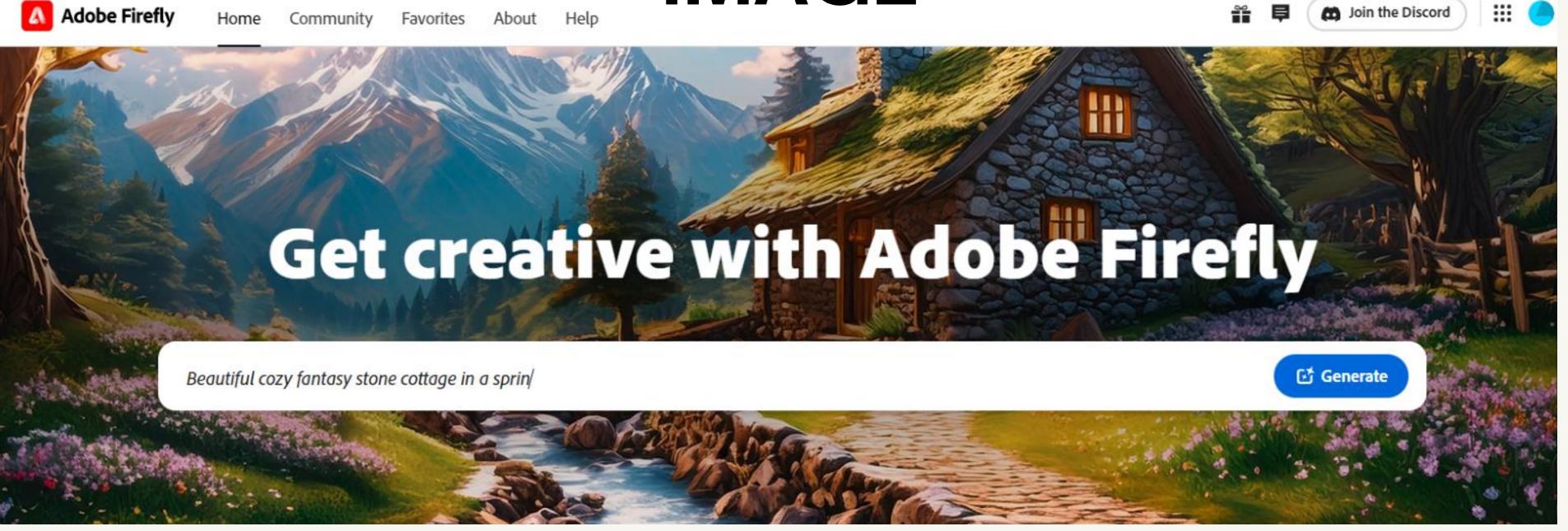
Images





https://firefly.adobe.com/

TEXT TO IMAGE

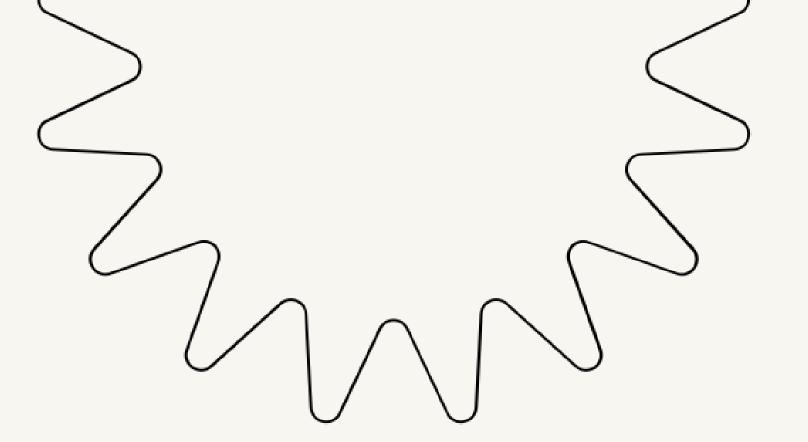


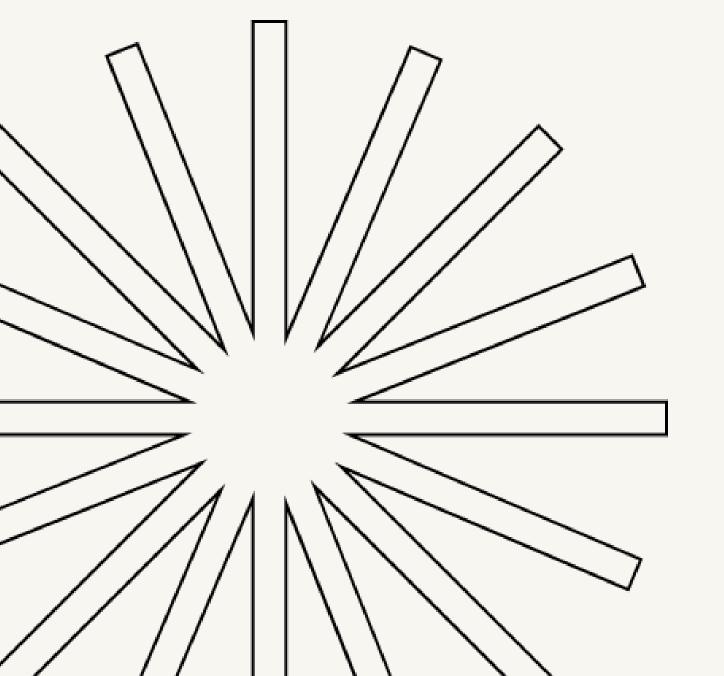






Videos





https://clip.opus.pro/

OpusClip



Drop a YouTube link

Get clips in 1 click

Choose a file (mp4, mov, mkv, webm), or drag it here



X

Our algo works best for TALKING videos.

Video Podcasts

- × Vlog
- Educational Videos
- X Gaming Videos
- Commentaries Videos
- X Music Videos

- Product Reviews
- Motivational Speeches

For Pro plan, we support videos from: 🔼 YouTube, 🔼 Google

Drive, 🔰 Vimeo, 🖿 Zoom, 🕞 Rumble, 🧍 Facebook, 📊

LinkedIn, 💓 Twitter and StreamYard

REAL EXAMPLE

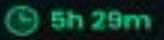




Create

Calendar





#3 Unlocking Your Potential: Elevating Your Identity and Capacity







96/xxx Hook Flow Engagement Trend

The beginning of the video effectively catches the audience's attention with a clear statement about the main topic and purpose of the video. Good job!

I want to just talk about the key areas for you to expand to elevate to step fully into everything God has called you There's two areas okay There is your identity and there is your capacity These are the places that require growth and elevation and change for you to fully step into your new season So if your vision of where you're going is bigger than where you are The identity that you have right now including the self-concept what you believe about who you are and what you believe about what you can do and all of that has gotten you here to



Unlock the full potential of your business and achieve your goals faster with Al-powered coaching.

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You will...

Gain clarity on your vision, niche, offerings, marketing & messaging Improve productivity and get more of the right things done faster Save time (15+ hours a week) so you can have more time to do what you love Confidently attract new clients with improved marketing and messaging Grow your income and your impact by confidently attracting new clients Communicate more effectively and confidently with prospects and customers

Schedule a Call

- GetStarted
- Get Clear
- Get Going



https://bit.ly/AiCall