

Worksheet

The Edge Team Training

Module 4 - Session 3

To power START your project use this checklist:

Slice. Identify the thinnest slice for the project - starting with the appetite
Target. Decide what done means - Visualize it.
Act. First baby step
Reset. Use 5-second rule to overcome connection resistance
Transition . Microburst to create momentum - go for the full 10 minutes