



04 Courageously Take Action

- Dream Big - Start Small
- Break Through Resistance
- Co-Create With God
- Embrace An Adventure Mindset

"Have I not commanded you? Be strong and of good courage; do not be afraid, nor be dismayed, for the Lord your God is with you wherever you go."

- Joshua 1:9

Just Start Small

- What small thing is already in your hand that you can give God to multiply to serve others? (Skill, strength, talent, ideas, words, product, or service etc.)
- Ask God to show you the small action step He wants you to take with this small things?
- Boldly pray and ask God to empower your small thing with His Holy Spirit and to multiply it's impact in taking territory in your promised land. Write out your prayer.
- What courageous steps does God want to you take today with this small thing?

Break Through Resistance

- What is the Dream/Promised Land you are believing God for?
- What wall of Resistance (internal and external) is standing in between you and your dream?
- Now take time and seek God like Joshua before Jericho. Look Up, Listen, Obey, Believe, and Receive. What is God showing you about the victory He wants to give you?
- What blessing, provision, inheritance, and breakthrough has God prepared for you on the other side of this wall of resistance?
- Thank God ahead of time for your Breakthrough and Blessings.

Co-Create With God

- **Rest** : How can you be intentional to rest as as you co-create with God? (Physical, Emotion, and Spiritual Rest.) What does He want you to receive in this time of rest?
- **Rise** : How does God want you to be more courageous and rise above the resistance in going after your dream?
- **Reach** : What mountain peak (goal) related to your dream does God want you to reach for?
- **Release** : What do you nee to release to God as you co-create your dream with Him?



Embrace An Adventure Mindset

- See both the ups and downs as part of the journey.
- Find the hidden gems in the difficulties.
- Follow your guide and trust the process to God.
- Embrace the unexpected and go with the flow.
- Turn resistance into resilience.
- Life doesn't have to be perfect to be wonderful.
- Take time to refuel and rest.
- The journey is better with friends.
- Celebrate small wins.

Embrace An Adventure Mindset

- **Perspective on Challenges :** Reflect on a recent challenge you faced. How did you find any hidden gems or lessons within that difficulty, and how can you apply this perspective to future obstacles pursuing your dream?
- **Trusting the Process :** In what areas of your life do you need to practice more trust in the process, and how can you lean into your faith or intuition to guide you through the unexpected twists and turns?
- **Cultivating Resilience :** Think about a time when you faced resistance or setbacks. How did you turn that experience into resilience, and what strategies can you implement to strengthen your ability to adapt in the future?
- **Embracing the Unexpected :** Can you recall a time when an unexpected event led to a positive outcome or new opportunity? How can you cultivate an adventure mindset that welcomes the unexpected and allows you to go with the flow in your daily life?
- **Building a Supportive Community :** Who are the friends or mentors in your life that inspire you to embrace adventure and growth? How can you strengthen these relationships and create a supportive community that celebrates both the highs and lows of your journey together?
- **Celebrating the Journey :** What small wins have you achieved recently that you can celebrate? How can you incorporate moments of rest and refueling into your journey, and who can you invite to share in these celebrations with you?