# Healing Mode:

Restore Your Original Design to Heal

Holly Malmsten



### Chapter 1: The Missing Piece in Your Healing Journey

For generations, we've approached healing through separate lenses - physical, emotional, spiritual, and mental. We've created distinct categories, separate treatments, and isolated solutions. But what if this fragmented approach is exactly why so many people struggle to experience complete healing?

This book introduces a groundbreaking understanding of how God designed our bodies to heal - not as separate systems, but as one integrated energy system that influences every aspect of our well-being. This isn't just another wellness program or spiritual discipline. It's about discovering the fundamental design that governs how we heal, thrive, and connect with God.

Through the lens of both cutting-edge science and timeless biblical truth, we'll explore how your body's electrical nature affects everything from your emotional resilience to your spiritual sensitivity. More importantly, you'll learn how to activate this natural healing design that's already within you.

What you're about to discover isn't just theory - it's a practical pathway to experiencing the abundant life Jesus promised, built on understanding the remarkable way God designed you to heal and thrive.

#### Welcome to Your Natural Design for Healing

Have you ever wondered why some people seem to bounce back from life's challenges effortlessly while others struggle to find their footing? The answer might surprise you - it lies in understanding your body's remarkable electrical nature and its capacity for self-healing

It's crucial to understand that while we speak of "self-healing," all healing ultimately flows from God, the Supreme Creator and Source of all life. When we talk about the body's natural healing abilities, we're really discussing the remarkable systems God designed and implemented within us. Just as a programmer creates software with automatic update and repair functions, our Creator has programmed our bodies with intricate healing mechanisms.

Think of it this way: God, in His infinite wisdom, created our bodies with built-in restoration processes. When we say "self-healing," we're referring to these divine mechanisms at work - the very systems God engineered into our physical and spiritual makeup. We don't heal independently of God; rather, we heal through the incredible design He placed within us.

This perspective aligns perfectly with Scripture, which reminds us that "in Him we live and move and have our being" (Acts 17:28). Every cellular repair, every emotional recovery, every spiritual breakthrough ultimately flows from His power working through the systems He created. Our role is to understand and cooperate with these divine healing mechanisms, always acknowledging God as the source and sustainer of all healing.

Understanding this divine design for healing is essential because it helps us grasp how intricately and purposefully we were created. When we recognize that our healing capabilities are gifts from God, we can better appreciate and work with these natural processes rather than against them.

Think of yourself as a sophisticated biological smartphone. Just as your phone needs proper charging and clear signal pathways to function optimally, your body operates on similar principles. But instead of just electrical circuits, you're working with something far more fascinating: a complex network of bioelectrical pathways that influence everything from your emotional resilience to your spiritual connectivity.

This sophisticated bioelectrical system within you is constantly at work, transmitting signals that coordinate healing, manage stress responses, and facilitate communication between different parts of your body. Just as a smartphone needs proper power management and clear signal pathways to function at its best, your internal electrical system requires specific conditions to operate optimally.

When your body's electrical pathways are clear and balanced, they create an environment conducive to healing and restoration. This internal electrical network influences everything from cellular repair to hormone production, and even impacts your ability to process emotions and connect spiritually. It's like having an internal power grid that, when properly maintained, ensures every "system" in your body receives the energy it needs to function as designed.

Understanding how to maintain and optimize this electrical system is crucial because it serves as the foundation for all other aspects of health and wellness. When your internal electrical pathways are functioning properly, you're better equipped to handle stress, recover from illness, and maintain emotional balance. This is what I call "Healing Mode" - it's your body working as God designed it, with all systems in harmony and balance.

#### The Science Behind Your Internal Healing System

Recent quantum physics discoveries have revealed something extraordinary: your body isn't just a collection of cells - it's a dynamic energy system that operates on specific frequencies. When these frequencies are in harmony, Healing Mode turns on and you operate in a state where your body's natural repair mechanisms function at their peak.

But here's the game-changing truth: this isn't just New Age theory or alternative medicine speaking. This is cutting-edge science meeting ancient wisdom, all pointing to what Scripture has been telling us all along - that we are "fearfully and wonderfully made" (Psalm 139:14).

Your life might look radically different if you were functioning at your optimal energetic capacity - receiving and conducting God's love, light, power, and presence as He designed you to do. Imagine experiencing life as His remarkable child, fully expressing His image and likeness through every fiber of your being.

What if I told you there's one critical component to health, wellness, and healing that influences the internal balance and operation of every mechanism inside you? This vital element exists in all of God's creation - from animals and trees to water, light, and even the celestial bodies. Its universal presence speaks to its profound significance in God's design.

This fundamental component is your bioenergetic system - the intricate network of energy circulating throughout your body. It's the switch that activates what I call "Healing Mode." And here's the incredible truth: anyone can improve their health and experience emotional and physical healing when this system functions as God designed it to.

The human energy system, in essence, encompasses the electrical flow and vibratory patterns within your body. Modern physics confirms what Einstein discovered through his famous equation E=MC<sup>2</sup> - that energy and matter are interchangeable. While they follow different laws and manifest differently, they are fundamentally connected.

Your energy system and electrical circuitry affect every aspect of your being physical, mental, and spiritual. As humans, we possess unique wiring to receive,
circulate, conduct, and emit energy at specific frequencies. This system, though often
overlooked, governs every other system in your body.

Simply put: the health of your energy system determines the health and wellness of your entire being. Understanding and optimizing this system isn't just about improving your health - it's about stepping into the fullness of who God designed you to be.

#### **Beyond Traditional Approaches**

If you're tired of surface-level solutions and hungry for real transformation, you're in the right place. This isn't about adding another spiritual practice to your already-full plate. It's about understanding and activating the incredible healing design that's already within you.

In the coming chapters, we'll explore:

- How your thoughts and emotions create measurable energy frequencies that affect your physical health
- Why traditional approaches to healing often fall short (and what's missing from the equation)
- Practical techniques to activate your body's natural healing frequencies
- The fascinating intersection of quantum physics, biblical truth, and personal wellness

Whether you're dealing with emotional wounds, physical challenges, or simply seeking a more vibrant life, understanding your body's electrical nature is the key to unlocking your full healing potential. Let's dive into this transformative journey together.

P Key Principle: Your body is not just a physical structure - it's an intricate energy system designed by God with built-in healing capabilities. Understanding and working with this design, rather than against it, is the foundation of true healing.

Are you ready to discover how to activate your natural healing mechanisms and step into the vibrant life you were designed for? Let's begin.

#### The Power of Your Internal Frequencies

Before we dive deeper into the practical applications of Healing Mode, it's important to understand a fundamental truth: everything in creation operates at specific frequencies. From the electrons spinning in your atoms to the rhythmic beating of your heart, your entire being resonates with various frequencies that affect your overall wellbeing

These frequencies aren't just abstract concepts - they're measurable, observable phenomena that influence every aspect of your health. When your internal frequencies align with their optimal patterns, you experience what we call "coherence" - a state where all your body's systems work together in perfect harmony.

#### The Three Pillars of Healing Mode

To fully grasp how Healing Mode works, we need to understand its three fundamental pillars:

- Frequency Alignment: How your body's natural rhythms synchronize with divine design
- Energy Flow: The pathways through which healing energy moves in your body
- Coherent Function: The harmonious operation of all body systems together

Each of these pillars plays a crucial role in your overall wellness, and we'll explore them in detail throughout this book.

Understanding these principles isn't just theoretical - it's the foundation for practical, transformative healing that affects every area of your life.

## Your Journey Begins Here

As we continue through this book, you'll discover specific techniques and insights that will help you activate and maintain your natural Healing Mode. These aren't complicated practices - they're simple, practical steps that align with how God designed your body to function.

Remember, this journey isn't about learning something new as much as it is about returning to original design. Your body already knows how to heal - our job is to remove the interference and restore proper function.

We've laid the groundwork for understanding your body's natural healing design.
We've explored how your internal electrical system functions as God intended, and introduced the key concepts of frequency, energy flow, and coherence.

Coming Up in Chapter 2: We'll explore practical techniques for activating your body's natural healing frequencies and learn how to measure and optimize your internal energy system for maximum wellbeing.

Take some time to reflect on the concepts we've covered here. Consider how understanding your body's electrical nature might change the way you approach healing and wellness in your own life.

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